**Did You Know?**

**Learning disabilities are not caused by eye problems**.

Difficulties with reading, mathematics, and other learning problems in children are often referred to as [learning disabilities](https://www.aao.org/eye-health/tips-prevention/learning-disabilities-vision). There is no strong evidence that vision problems cause learning disabilities or that eye exercises cure learning problems.

Children with learning difficulties often need help from teachers and people with special training. Before such treatment begins, it is important for the child to have a complete medical [eye examination](https://www.aao.org/eye-health/tips-prevention/children-eye-screening) to make certain he or she is seeing as well as possible.

To learn more ways to keep your eyes healthy, visit the American Academy of Ophthalmology’s [EyeSmart](https://www.aao.org/eye-health)® website.

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