



AMERICAN ACADEMY
OF OPHTHALMOLOGY®
Protecting Sight. Empowering Lives.

Eye Disease Discriminates



53%

of Americans are unaware that vision loss and blindness do **NOT** affect people equally



African Americans are 6-8 times more likely to get glaucoma and go blind from it than white Americans



Asians are at an increased risk for the less common types of glaucoma: angle-closure glaucoma and normal-tension glaucoma



Nearly 90% of Americans with AMD are white



African Americans, Hispanics, American Indians and Asian-Americans have a higher risk of diabetes than white Americans. About 45% of people with diabetes have some state of diabetic eye disease

See an Ophthalmologist

Ophthalmologists are medical and surgical doctors trained to recognize and treat all threats to your vision.



Healthy Adults

Age 40: get a comprehensive eye exam
Age 65 and older: every year or two



Adults with Risk Factors

People with diabetes: dilated eye exam every year
African Americans 40 and older: dilated eye exam every 2 years
People with a family history of glaucoma: dilated eye exam every 2 years



For ophthalmologist-reviewed information about eye diseases and treatments, eye health news, and tools to locate an ophthalmologist, visit:

aao.org/eyesmart