

Refractive Surgery Overview



The goal of refractive surgery is deceptively straightforward and simple: To render the pt less reliant upon refractive accoutrements (ie, contacts and glasses). Ideally, a pt s/p refractive surgery would have 20/20 vision at *all* distances, under *any* lighting conditions, with *no* dysphotopsias (visual experiences that degrade vision quality), and with *no* risk of future negative repercussions vis a vis the long-term health and/or optical performance of the eye. Also ideally, the above could be achieved irrespective of pre-op refractive status and/or pre-existing ocular conditions.

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Current technology is unable to meet this lofty ideal, and thus refractive surgery necessitates compromises and trade-offs; eg, If you *had* to pick one, would you rather be spectacle-free at distance, or near? Would it be acceptable if you only needed glasses in dimly-lit restaurants? How bothersome would haloes around lights at night be? Because *some* aspect of the pt's post-op visual life will be less than ideal, key to successful refractive surgery is 1) developing a solid understanding of the pt's visual preferences and requirements, and 2) communicating effectively with the pt regarding what her post-op visual life will be; ie, establishing expectations that are realistic and achievable.

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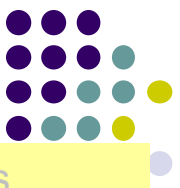


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Before delving into specific surgical techniques, let's touch briefly on the optics of refractive error, starting with an overview of vergence

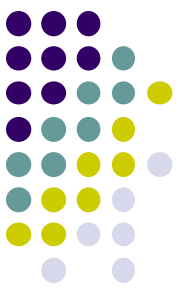
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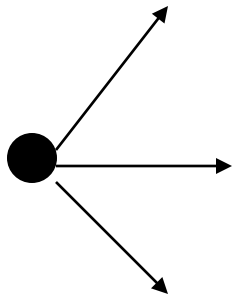


- The term *vergence* describes what light rays are doing in relation to each other

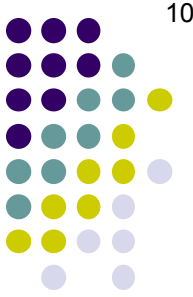
Refractive Surgery Overview



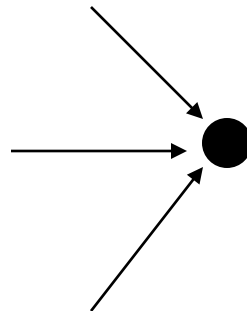
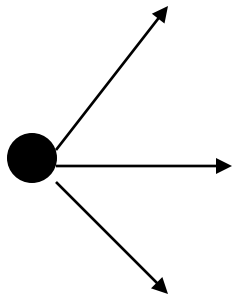
- The term *vergence* describes what light rays are doing in relation to each other
- With respect to a given point, light rays can:
 - spread out (**diverge**)



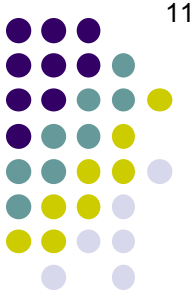
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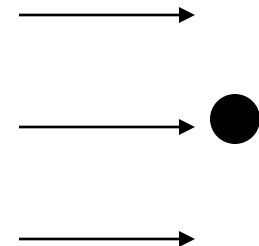
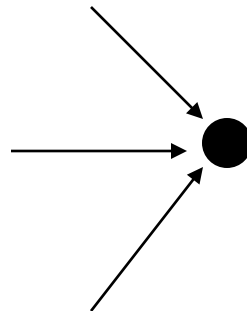
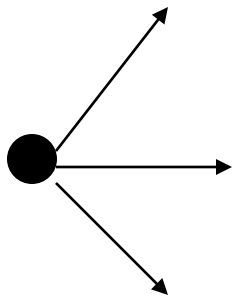
- The term *vergence* describes what light rays are doing in relation to each other
- With respect to a given point, light rays can:
 - spread out (**diverge**)
 - come together (**converge**)



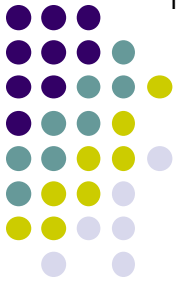
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- The term *vergence* describes what light rays are doing in relation to each other
- With respect to a given point, light rays can:
 - spread out (**diverge**)
 - come together (**converge**)
 - run parallel (**vergence = zero**)



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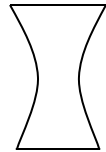


- Two basic types of spherical lenses

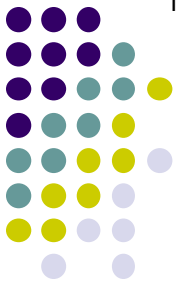
- Plus



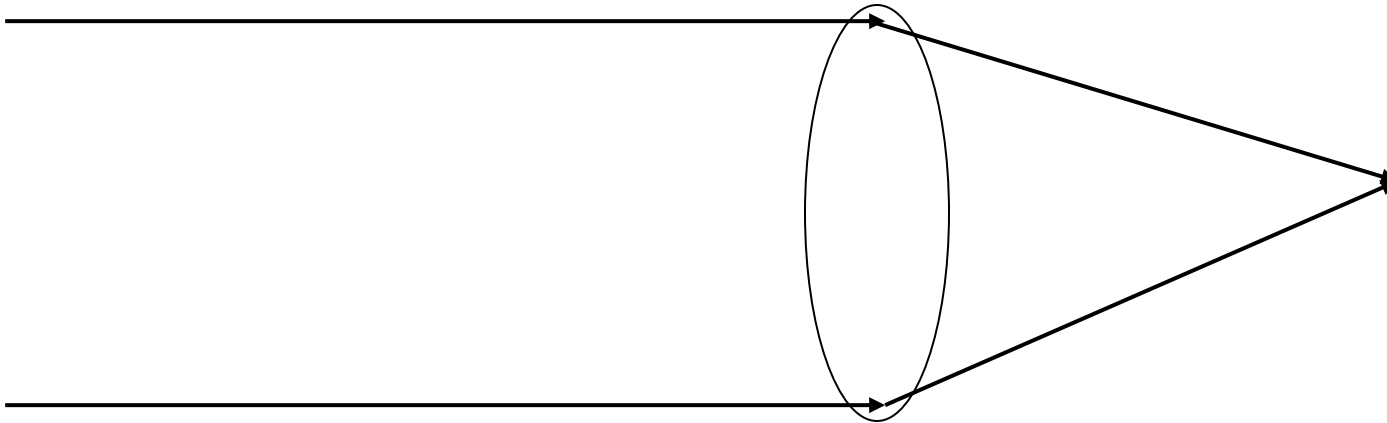
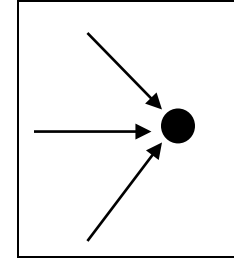
- Minus



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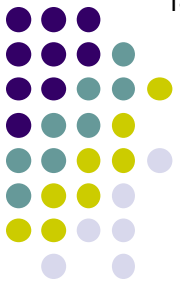


- *Plus* lens: induces convergence

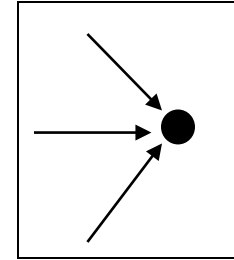


In this example, a plus lens causes previously parallel rays to converge to a point

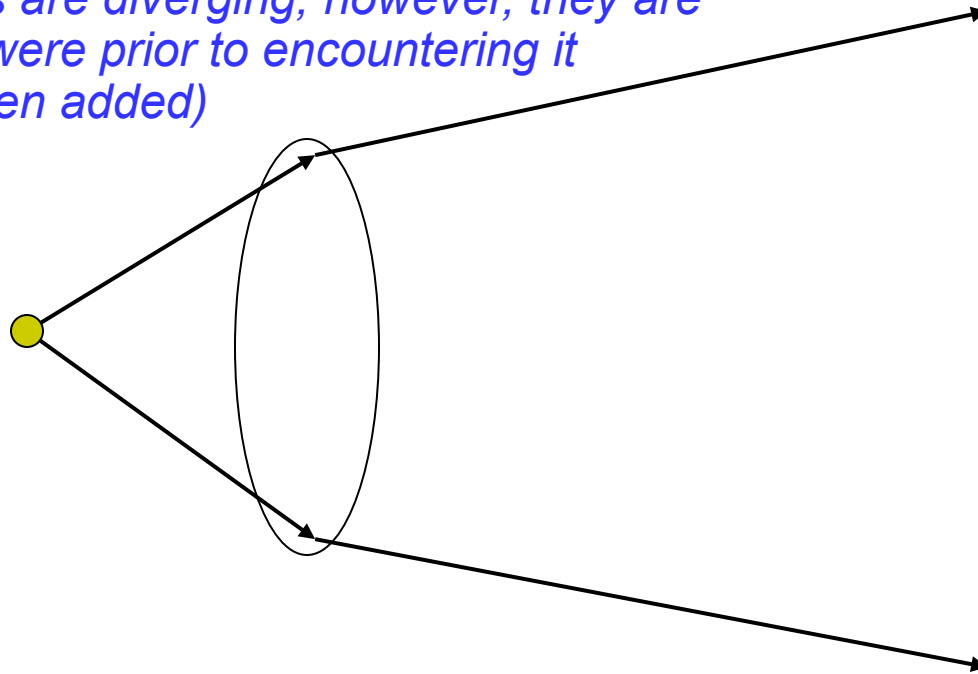
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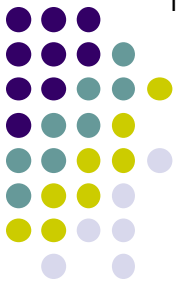
- *Plus* lens: induces convergence



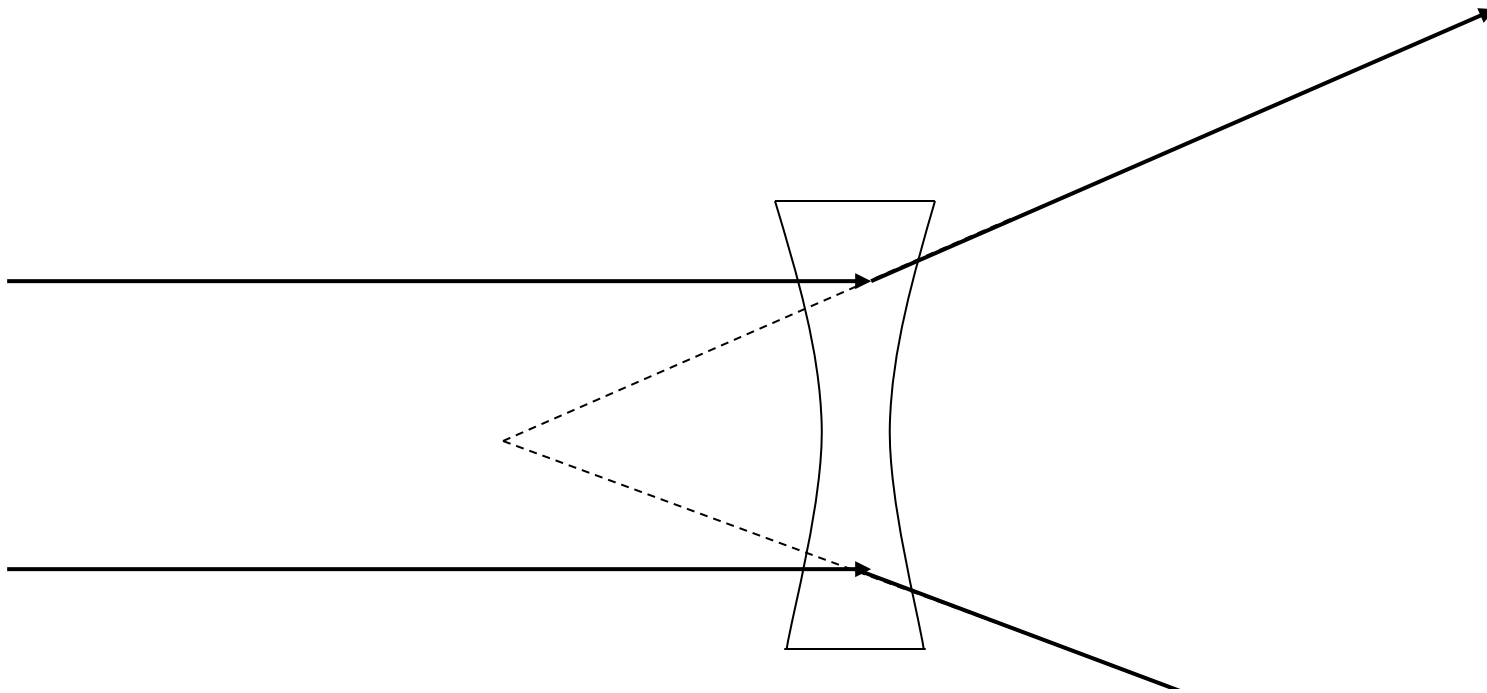
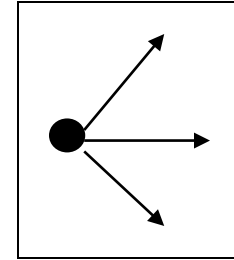
Rays exiting this plus lens are diverging; however, they are less divergent than they were prior to encountering it (i.e., convergence has been added)



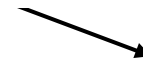
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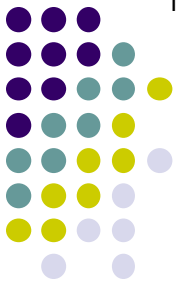
- *Minus* lens: induces divergence



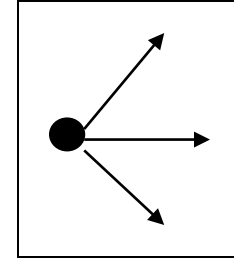
In this example, a minus lens causes previously parallel rays to diverge from a point



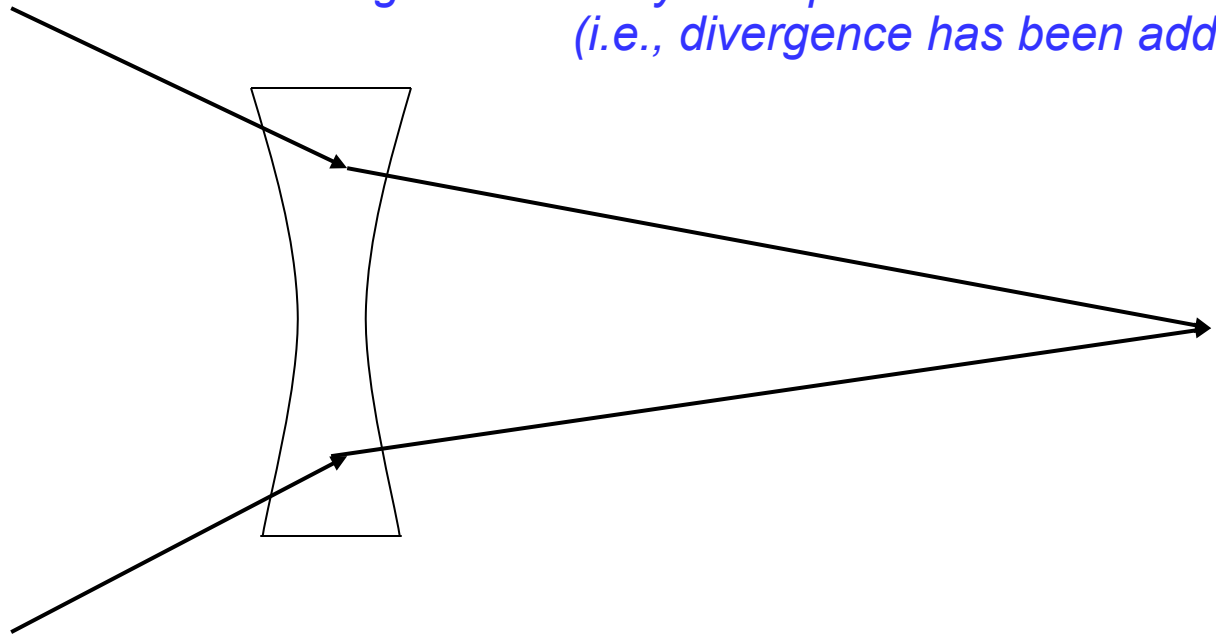
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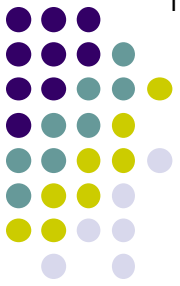
- *Minus* lens: induces divergence



Rays exiting this minus lens are converging; however, they are less convergent than they were prior to encountering it (i.e., divergence has been added)

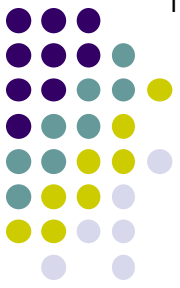


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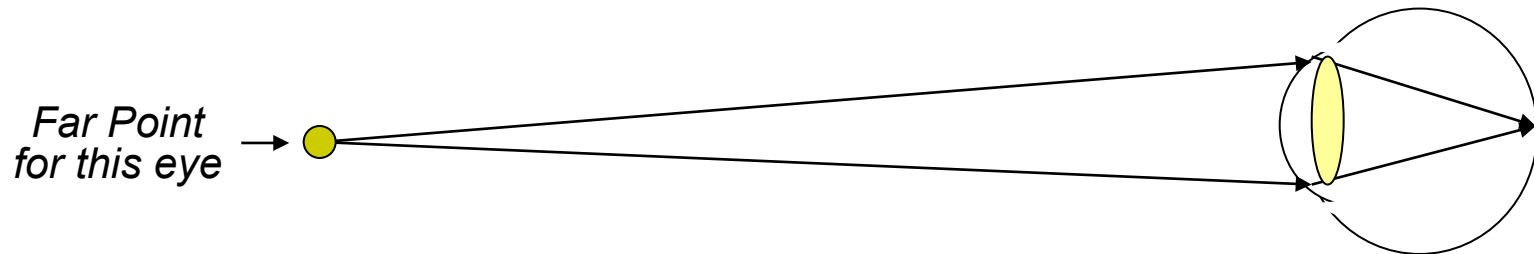
- The refractive state of an eye—that is, whether it is **emmetropic**, **myopic** or **hyperopic**—is determined by the location of its ***far point***

Refractive Surgery Overview

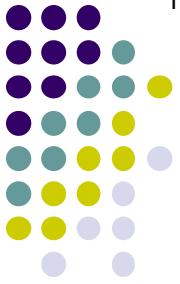


- The refractive state of an eye—that is, whether it is **emmetropic**, **myopic** or **hyperopic**—is determined by the location of its **far point**
- The far point is *the location in space from which rays will be focused on the retina when the eye is not accommodating*

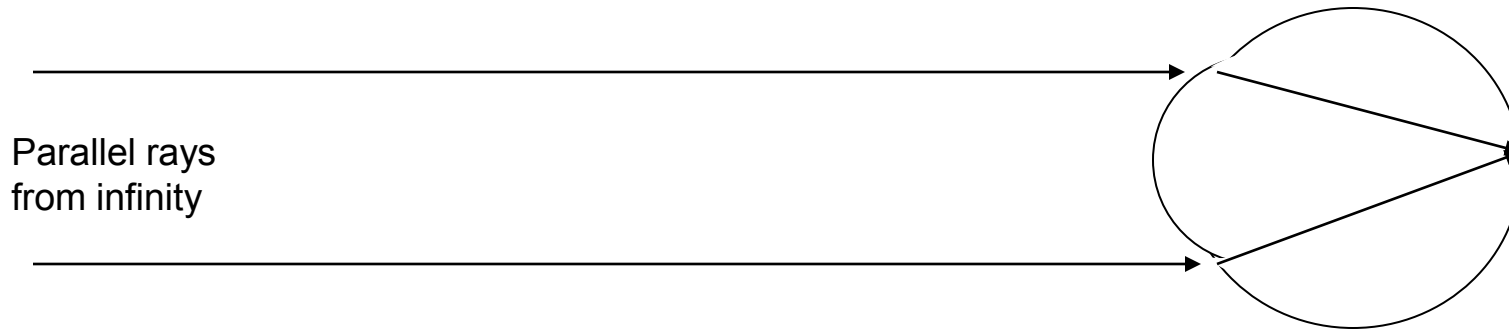
(Accommodation refers to conformational changes in the ciliary body/lens to facilitate vision at near.)



Refractive Surgery Overview



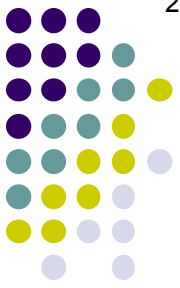
The Emmetropic Eye



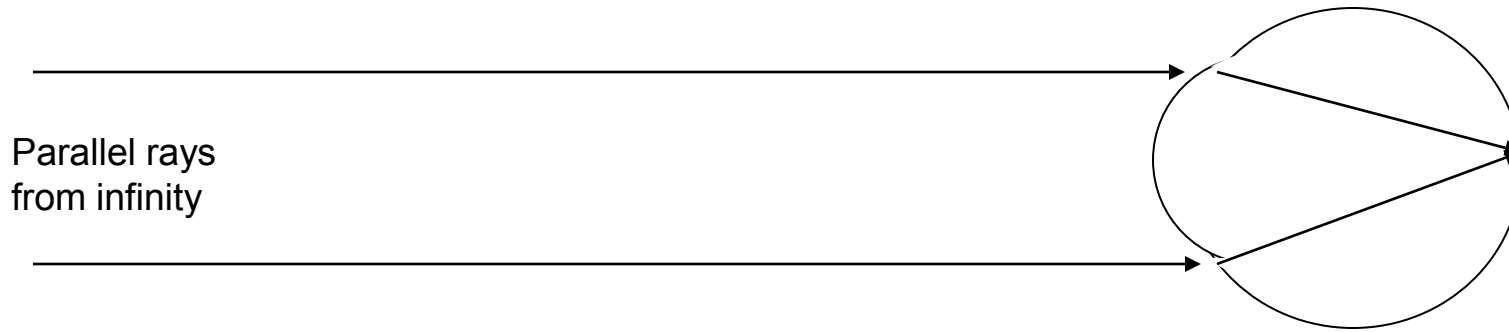
Parallel rays
from infinity

In the **emmetropic** eye, the parallel rays from a location at infinity are focused to a point located precisely on the retina.

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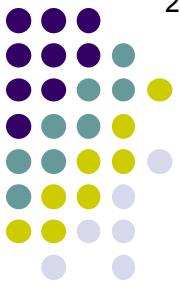
The Emmetropic Eye



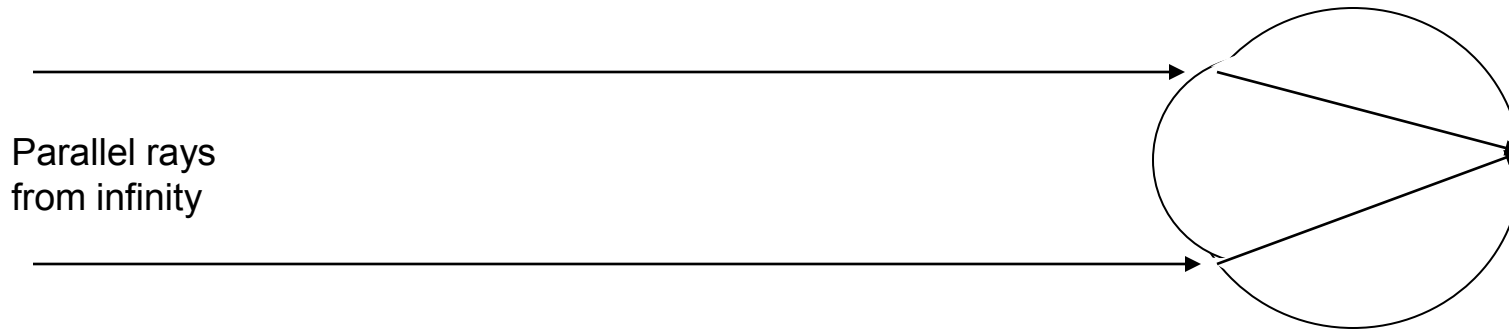
In the **emmetropic** eye, the parallel rays from a location at infinity are focused to a point located precisely on the retina. *In other words, the far point of the emmetropic eye is at infinity.*

Far Point of the emmetropic eye: Infinity

Refractive Surgery Overview



The Emmetropic Eye

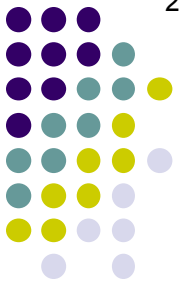


Parallel rays
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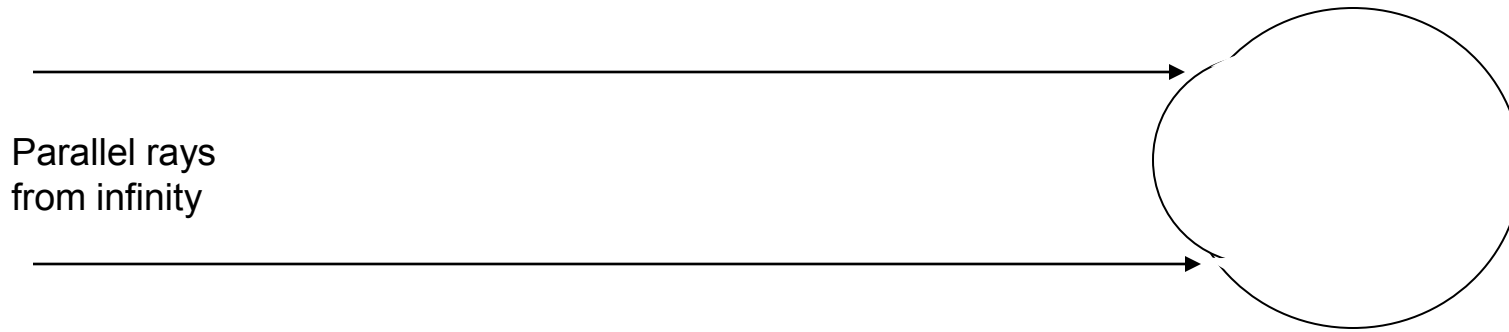
In the **emmetropic** eye, the parallel rays from a location at infinity are focused to a point located precisely on the retina. *In other words, the far point of the emmetropic eye is at infinity.* Thus, emmetropes see 20/20 (or better) at distance without correction.

Far Point of the emmetropic eye: Infinity

Refractive Surgery Overview

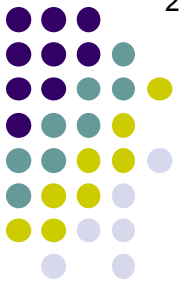


The Myopic Eye

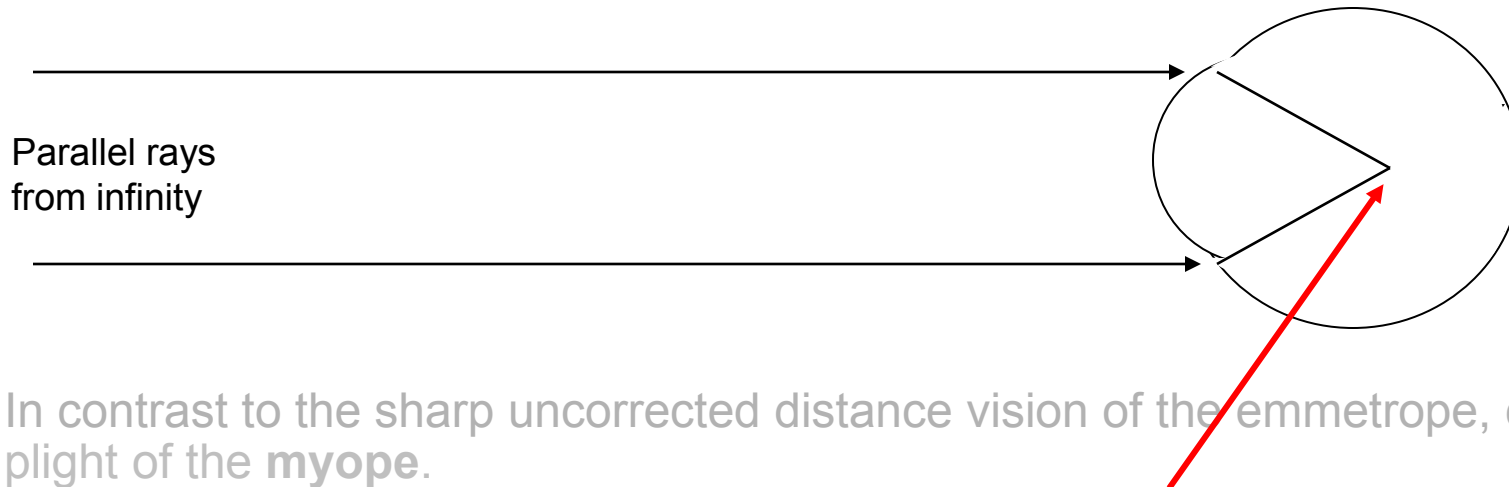


In contrast to the sharp uncorrected distance vision of the emmetrope, consider the plight of the **myope**.

Refractive Surgery Overview



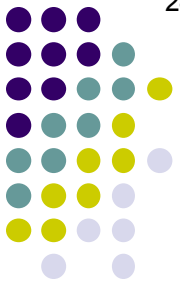
The Myopic Eye



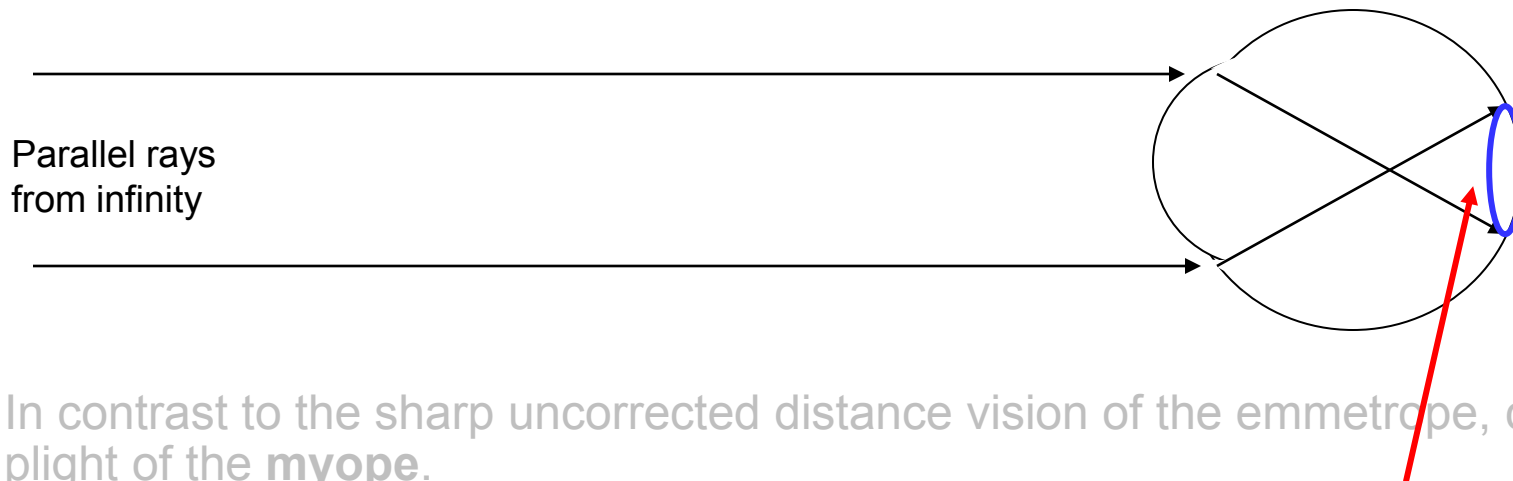
In contrast to the sharp uncorrected distance vision of the emmetrope, consider the plight of the **myope**.

In the myopic eye, rays from infinity **meet in the vitreous**.

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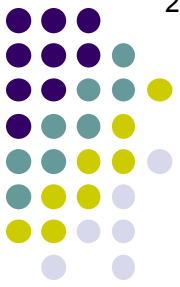
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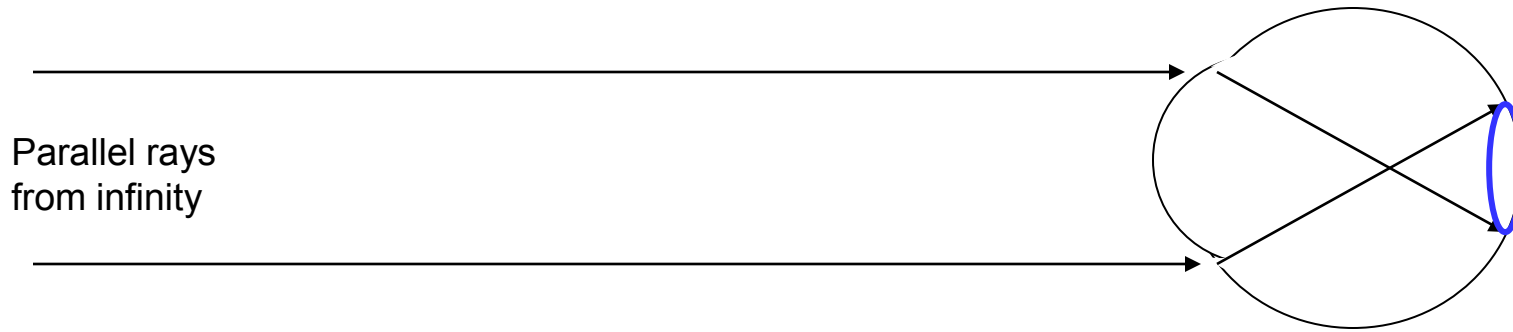
In the myopic eye, rays from infinity **meet in the vitreous**. By the time they reach the retina, the rays have diverged to form a **blur circle**, not a focal point.

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The Myopic Eye

The myopic eye has too much converging power for its length

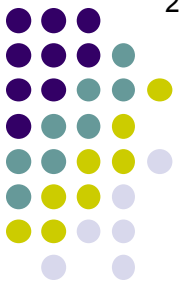


In contrast to the sharp uncorrected distance vision of the emmetrope, consider the plight of the **myope**.

In the myopic eye, rays from infinity meet in the vitreous. By the time they reach the retina, the rays have diverged to form a blur circle, not a focal point.

You could say **the myopic eye has too much converging power for its length.**

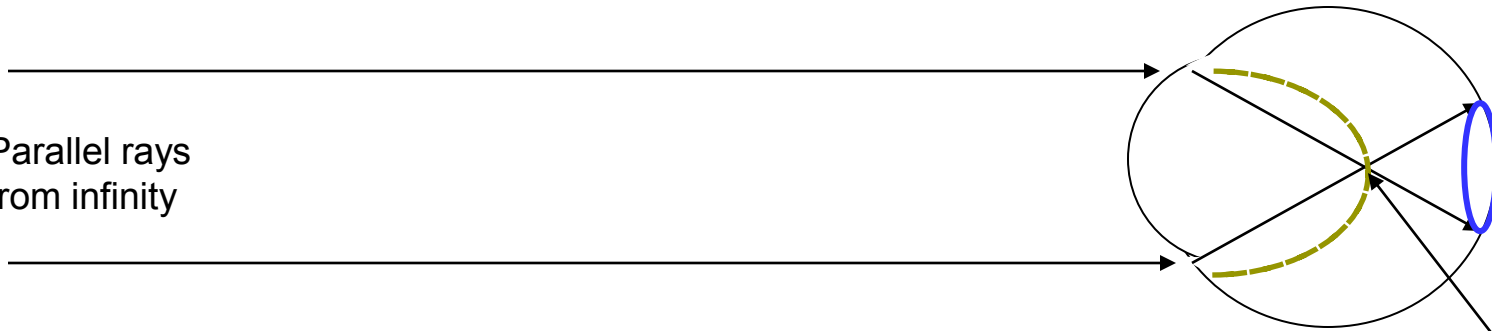
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The Myopic Eye

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Parallel rays
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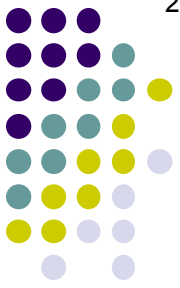


In contrast to the sharp uncorrected distance vision of the emmetrope, the myopic eye forms a blur circle on the retina. Note that if the retina was *here*, the rays from infinity would be focused to a point.

In the myopic eye, rays from infinity meet in the vitreous. By the time they reach the retina, the rays have diverged to form a blur circle, not a focal point.

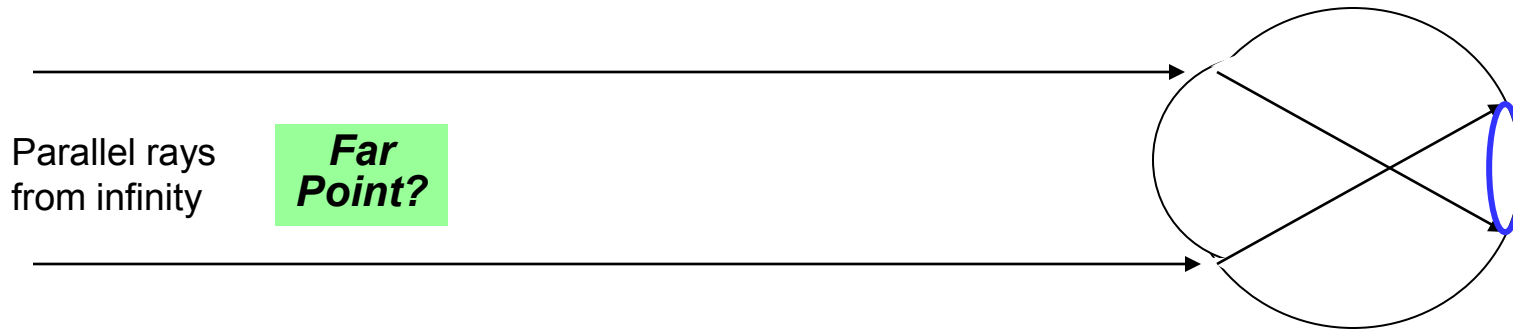
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The Myopic Eye

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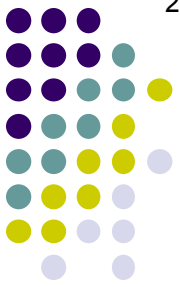
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You could say the myopic eye has too much converging power for its length.

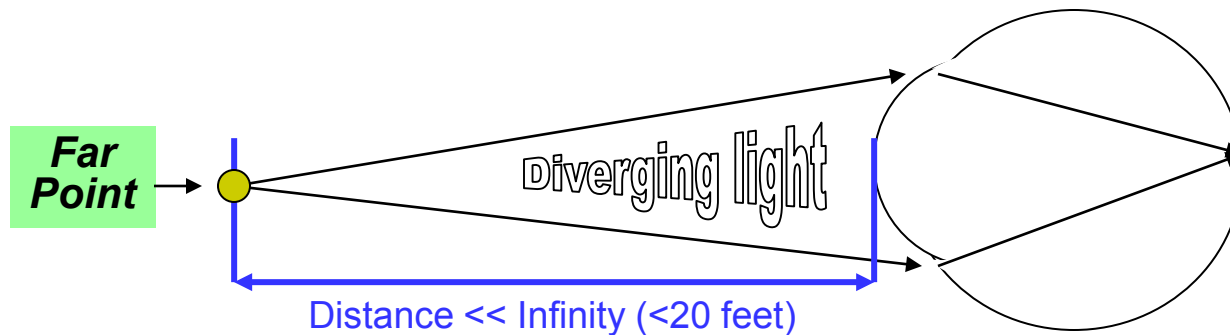
To be focused on the retina, the Far Point of a myopic eye will have to offset its excess convergence with an equivalent amount of divergence. **To accomplish this...**

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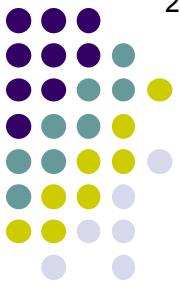
The Myopic Eye

The myopic eye has too much converging power for its length



...the **Far Point of a myopic eye is just anterior to the corneal plane**. Rays from this location are still quite divergent when they reach the eye, and this divergence offsets the excess convergence that is built into the myopic eye. Thus, rays originating from the far point end up sharply focused at the retina.

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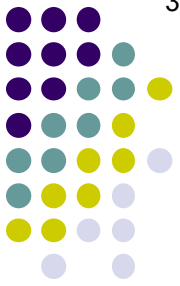
The Myopic Eye

The myopic eye has too much converging power for its length



...the **Far Point** of a myopic eye is just anterior to the corneal plane. Rays from this location are still quite divergent when they reach the eye, and this divergence offsets the excess convergence that is built into the myopic eye. Thus, rays originating from the far point end up sharply focused at the retina. This is why nearsighted individuals can read without glasses—they're able to put the material at or near their far point.

Refractive Surgery Overview

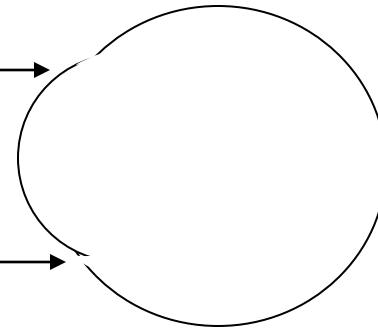


The Hyperopic Eye

Parallel rays from infinity (vergence = 0)

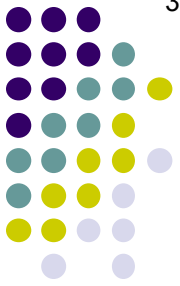


Parallel rays
from infinity



Now consider the **hyperope**.

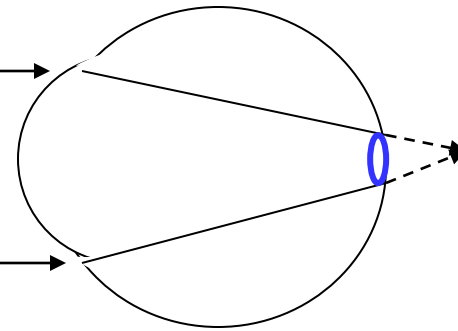
Refractive Surgery Overview



The Hyperopic Eye

Parallel rays from infinity (vergence = 0)

Parallel rays
from infinity



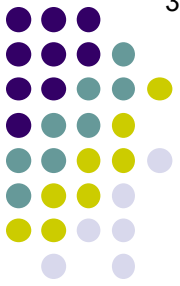
This is where the rays would meet if they hadn't run into the retina.

Now consider the **hyperope**.

In the hyperopic eye, rays from infinity never meet—they run out of eyeball first.

Thus, like the myopic eye, the rays form a **blur circle**, not a focal point, at the retina.

Refractive Surgery Overview

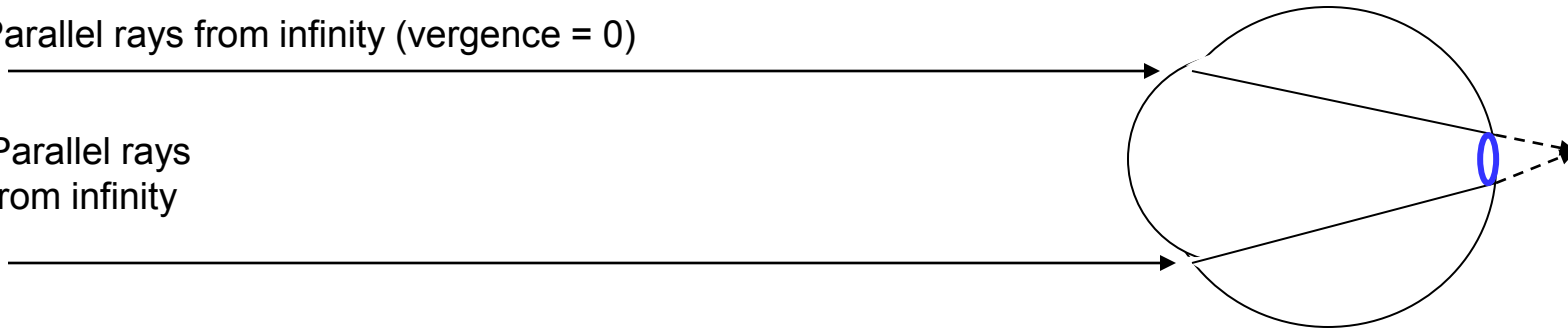


The Hyperopic Eye

The hyperopic eye has too little converging power for its length

Parallel rays from infinity (vergence = 0)

Parallel rays
from infinity



Now consider the **hyperope**.

In the hyperopic eye, rays from infinity never meet—they run out of eyeball first. Thus, like the myopic eye, the rays form a blur circle, not a focal point, at the retina. You could say *the hyperopic eye has too little converging power for its length*.

Refractive Surgery Overview

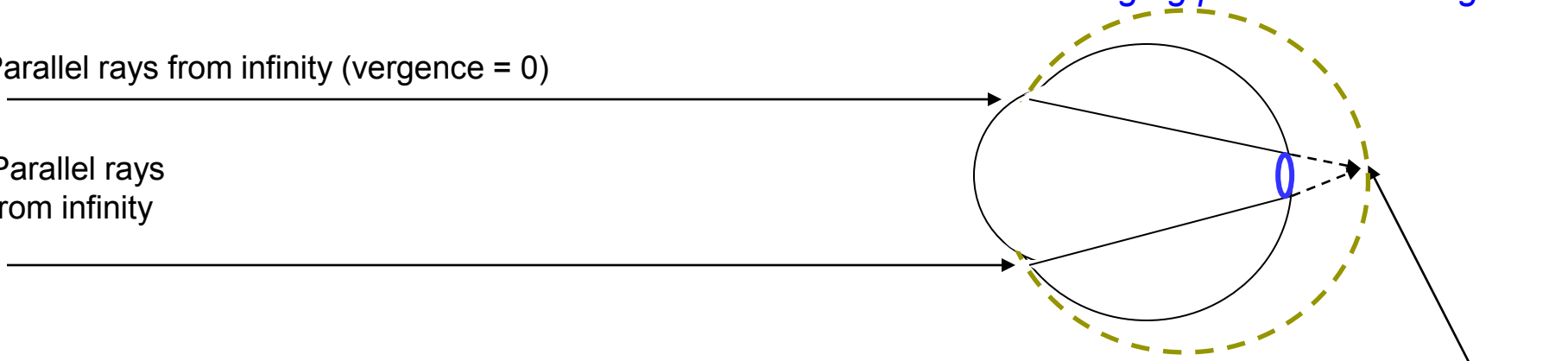


The Hyperopic Eye

The hyperopic eye has too little converging power for its length

Parallel rays from infinity (vergence = 0)

Parallel rays from infinity

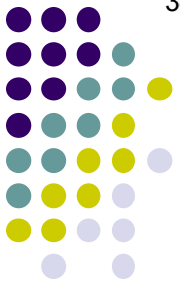


Note that if the retina was *here*, the rays from infinity would be focused to a point.

Now consider the **hyperope**.

In the hyperopic eye, rays from infinity never meet—they form a blur circle at the retina. Thus, like the myopic eye, the rays form a blur circle, not a focal point, at the retina. You could say **the hyperopic eye has too *little* converging power for its length.**

Refractive Surgery Overview



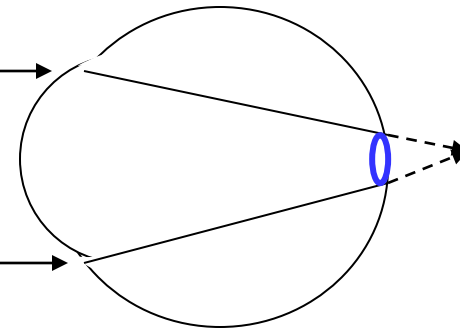
The Hyperopic Eye

The hyperopic eye has too little converging power for its length

Parallel rays from infinity (vergence = 0)

Parallel rays
from infinity

**Far
Point?**



Now consider the **hyperope**.

In the hyperopic eye, rays from infinity never meet—they run out of eyeball first. Thus, like the myopic eye, the rays form a blur circle, not a focal point, at the retina.

You could say the hyperopic eye has too *little* converging power for its length.

In order to be conjugate to the retina, the Far Point of a hyperopic eye must contribute convergence to compensate for this lack of converging power.

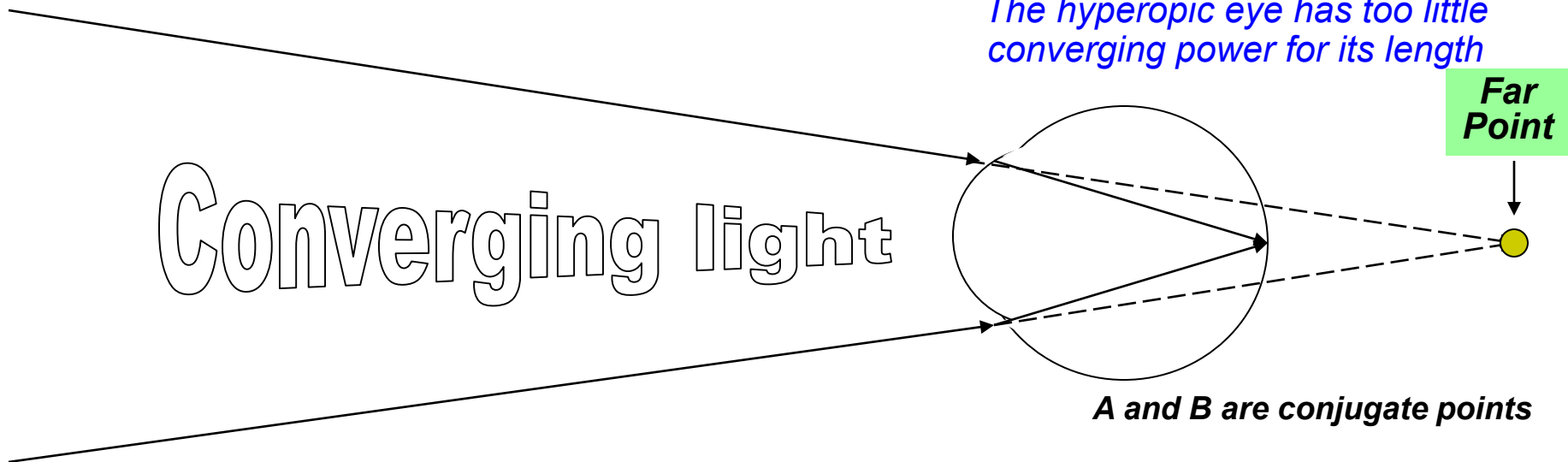
To accomplish this...

Refractive Surgery Overview



The Hyperopic Eye

The hyperopic eye has too little converging power for its length



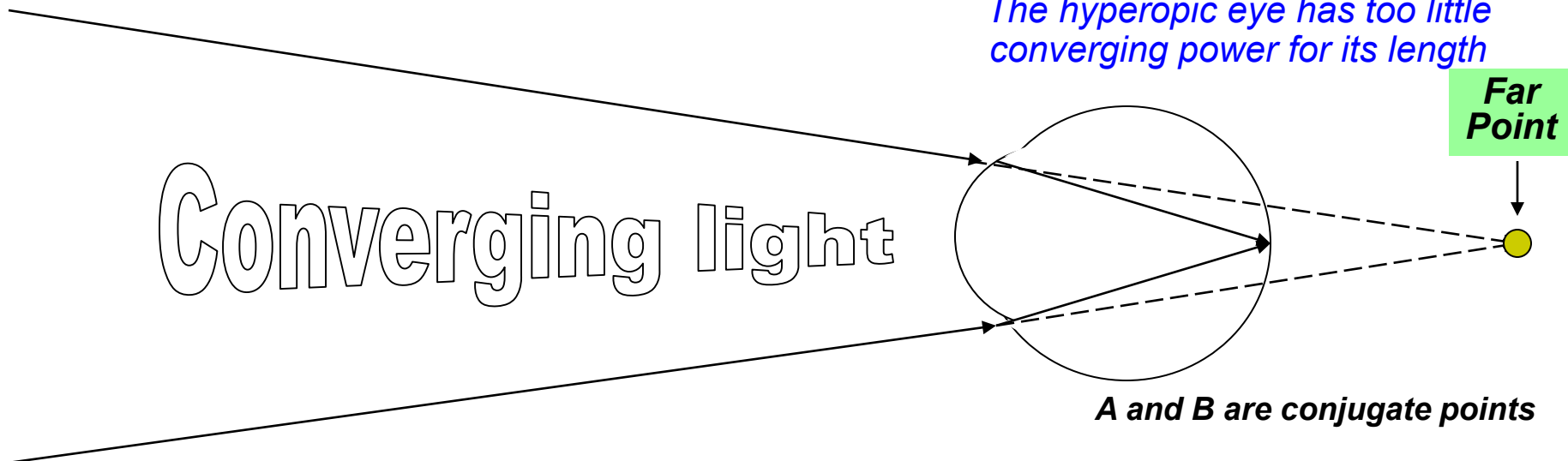
*...the far point of a hyperopic eye is **behind** the corneal plane. It contributes **convergence** to make up for the inadequate native convergence of the hyperopic eye.*

Refractive Surgery Overview



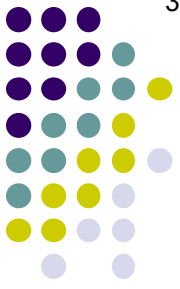
The Hyperopic Eye

The hyperopic eye has too little converging power for its length



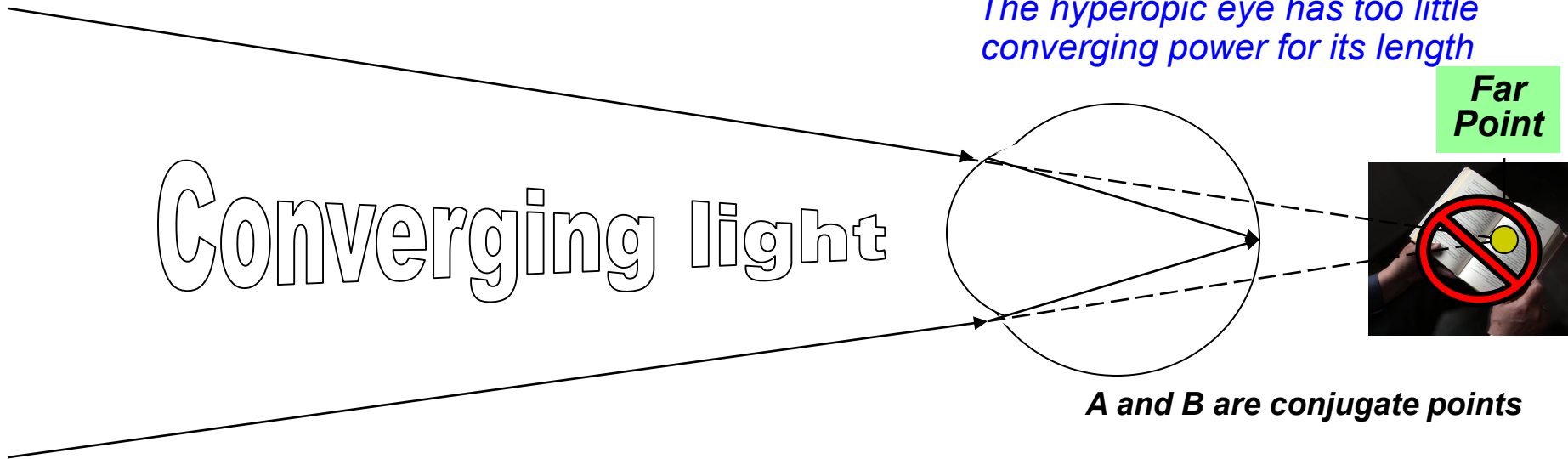
*...the far point of a hyperopic eye is **behind** the corneal plane. It contributes **convergence** to make up for the inadequate native convergence of the hyperopic eye. Thus, rays associated with the far point end up sharply focused at the retina.*

Refractive Surgery Overview



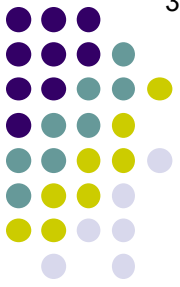
The Hyperopic Eye

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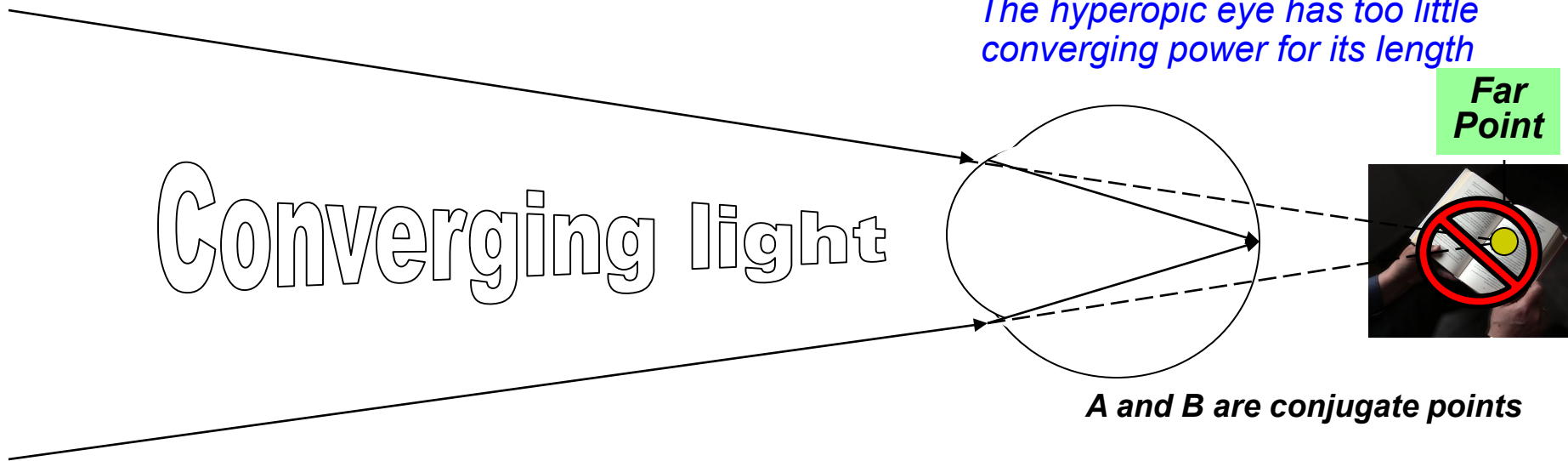
...the far point of a hyperopic eye is *behind* the corneal plane. It contributes **convergence** to make up for the inadequate native convergence of the hyperopic eye. Thus, rays associated with the far point end up sharply focused at the retina. Don't get it twisted—hyperopes can't actually see behind their heads. (Do I really have to say that?)

Refractive Surgery Overview



The Hyperopic Eye

The hyperopic eye has too little converging power for its length



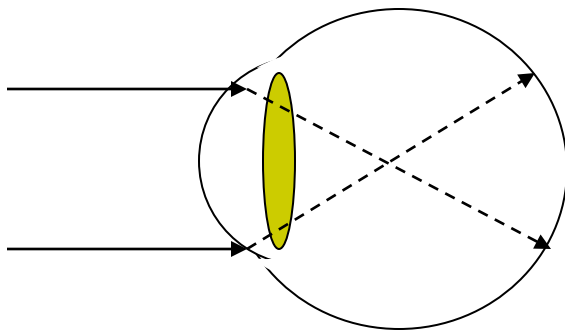
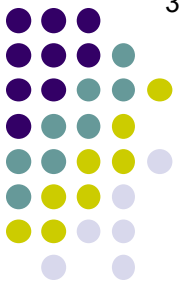
Converging light

A and B are conjugate points

...the far point of a hyperopic eye is *behind* the corneal plane. It contributes convergence to make up for the inadequate native convergence of the hyperopic eye. Thus, rays associated with the far point end up sharply focused at the retina. Don't get it twisted—hyperopes can't actually see behind their heads. (Do I really have to say that?) Unlike myopes—who can see at their far point just out in front of their faces—a hyperope is out of focus at **all** distances (absent correction or accommodation.)

Refractive Surgery Overview

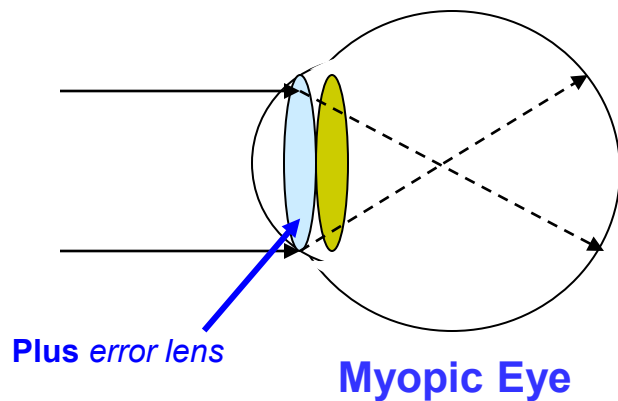
- The myopic eye has too much *converging* power for its length, as we said



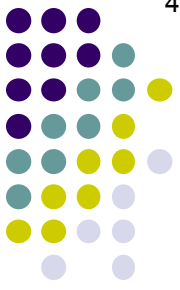
Myopic Eye

Refractive Surgery Overview

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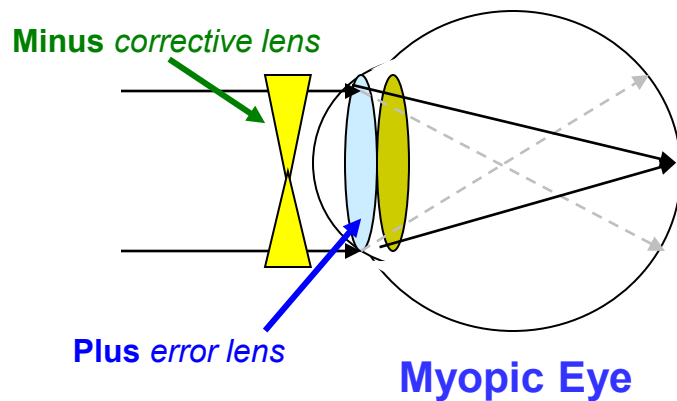


Think of it this way: The myopic eye refracts light as if an extra 'plus' lens was built into it. This so-called **error lens** contributes the excess convergence that produces a myopic refractive error.



Refractive Surgery Overview

- The myopic eye has too much *converging* power for its length, as we said

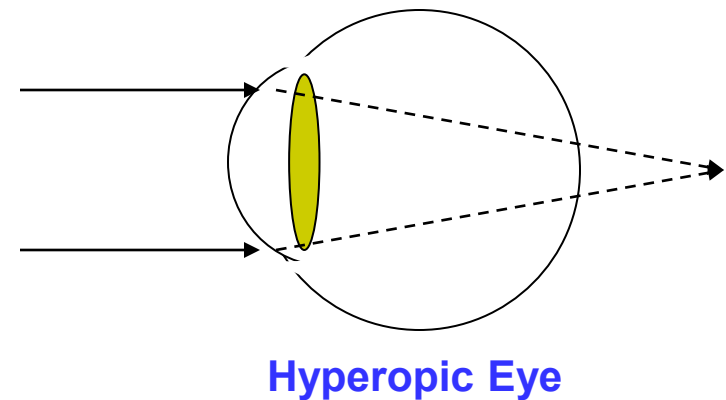


This explains why **myopes wear minus lenses** to correct their refractive error—minus lenses are needed to offset the excess convergence induced by the plus error lenses in their eyes.

Think of it this way: The **myopic eye refracts light as if an extra 'plus' lens was built into it.** This so-called **error lens** contributes the excess convergence that produces a myopic refractive error.

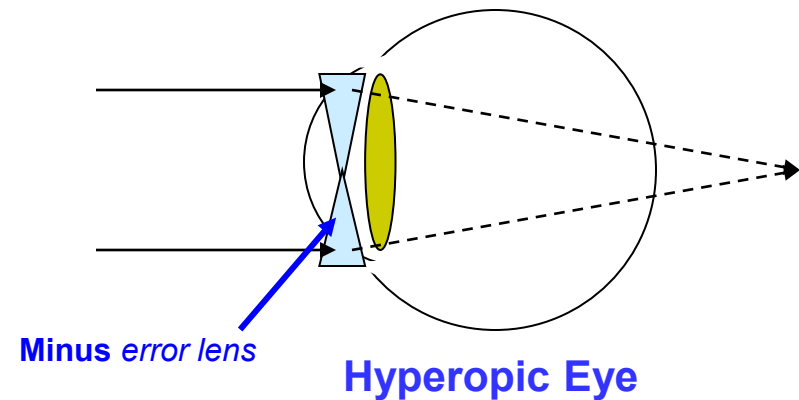
Refractive Surgery Overview

- The myopic eye has too much *converging* power for its length, as we said
- In contrast, the hyperopic eye has too much *diverging* power for its length



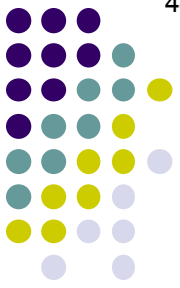
Refractive Surgery Overview

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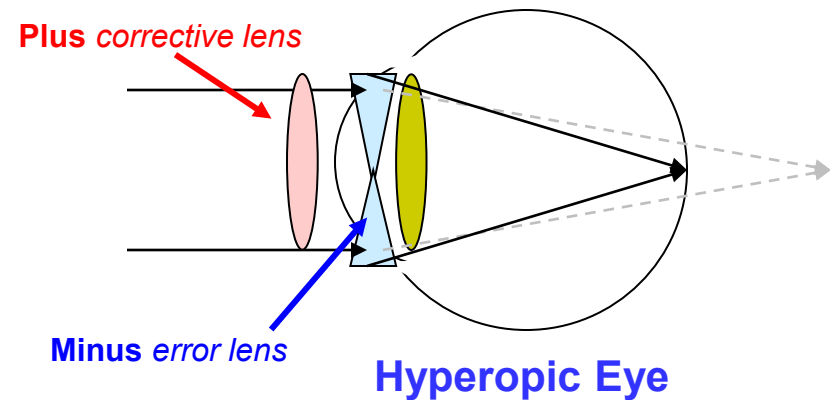
Thus, the hyperopic eye acts as if it has a *minus* error lens within it, contributing the excess divergence resulting in a hyperopic refractive error.

Refractive Surgery Overview



- The myopic eye has too much *converging* power for its length, as we said
- In contrast, the hyperopic eye has too much *diverging* power for its length

This explains why **hyperopes wear plus lenses** to correct their refractive error—plus lenses are needed to offset the excess divergence induced by the minus error lenses in their eyes.

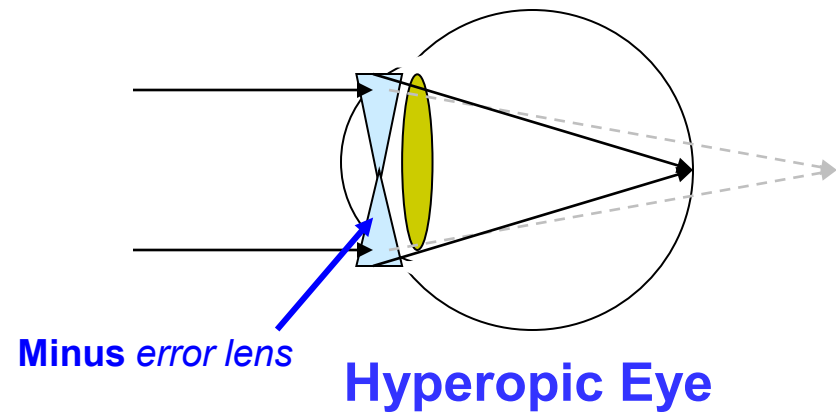
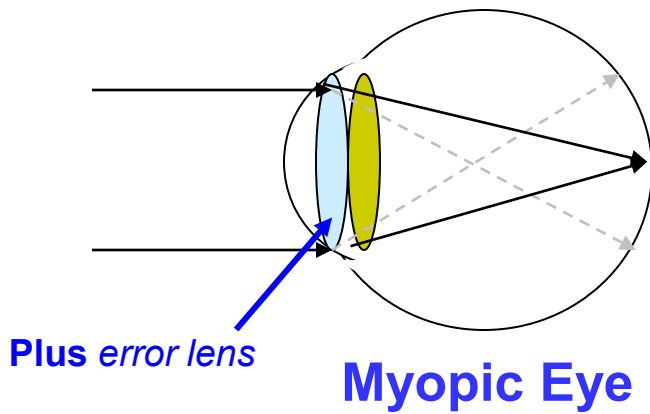


Thus, the **hyperopic eye acts as if it has a minus error lens within it**, contributing the excess divergence resulting in a hyperopic refractive error.

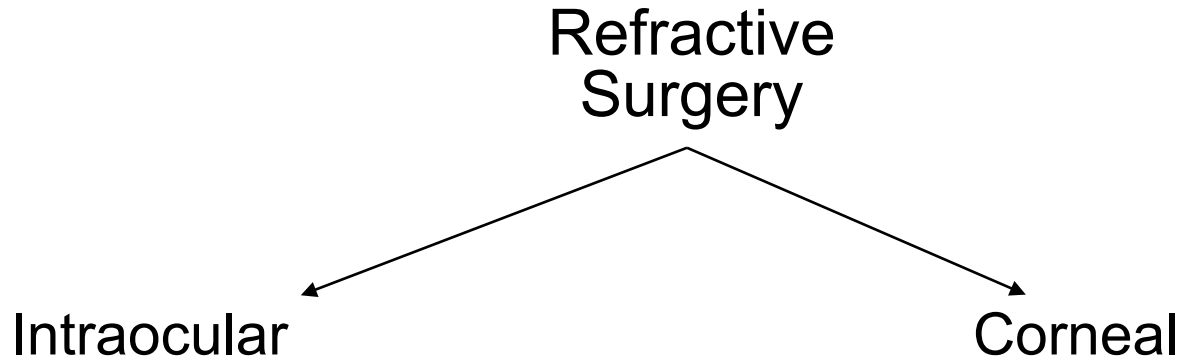
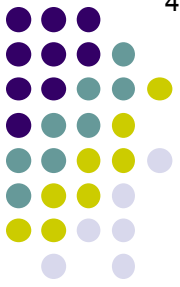
Refractive Surgery Overview



The goal of refractive surgery is to produce an error-lens offset that is incorporated into the eye itself, rather than worn on (CLs) or near (glasses) its anterior surface.

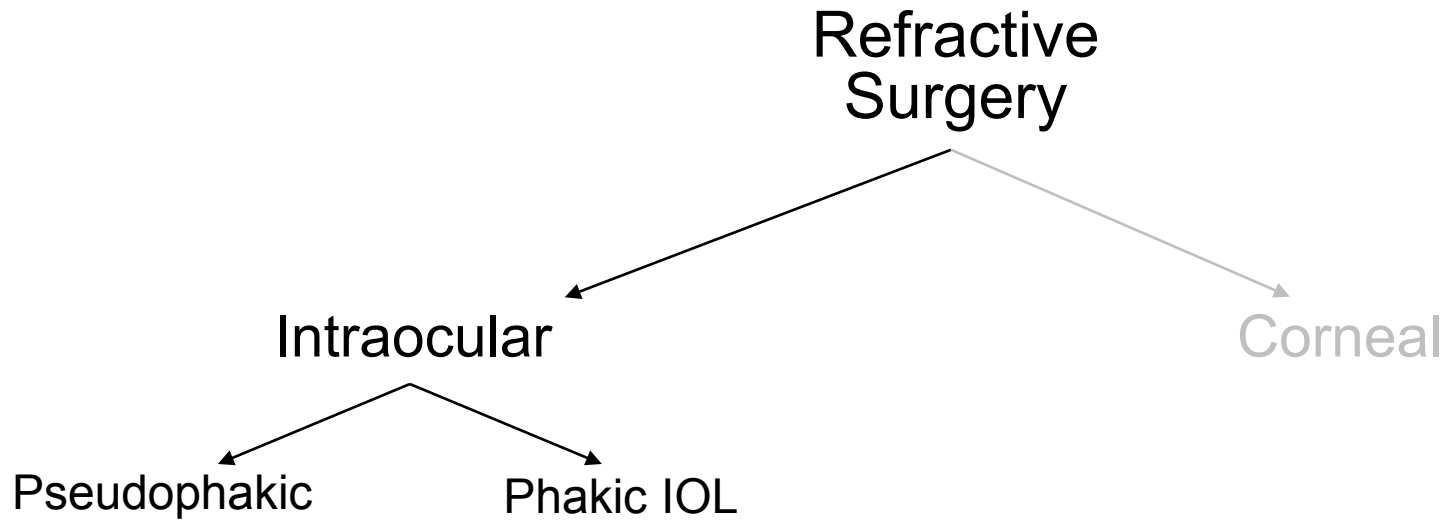
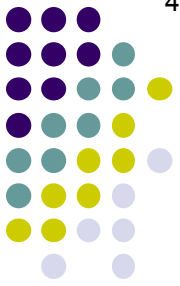


Refractive Surgery Overview



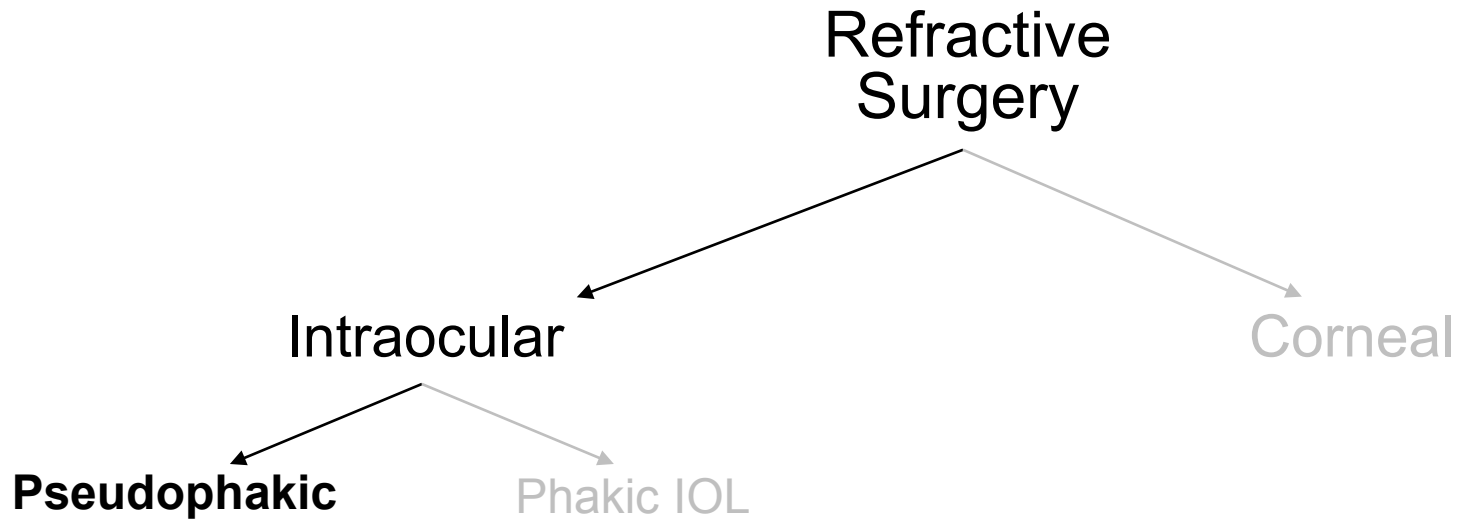
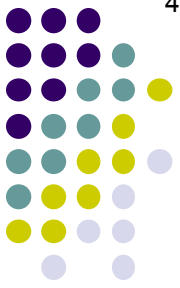
As mentioned previously, refractive surgical procedures come in two basic forms—*intraocular* and *corneal*.

Refractive Surgery Overview

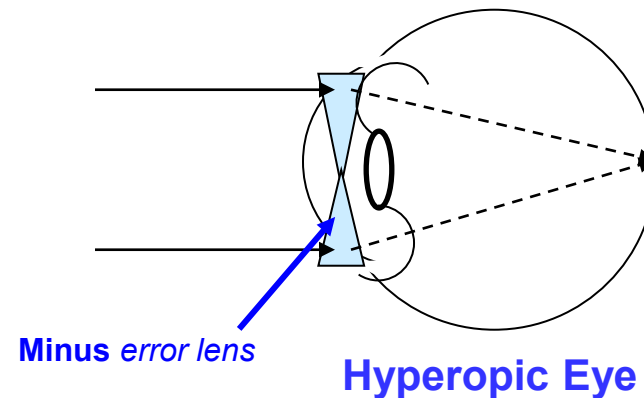
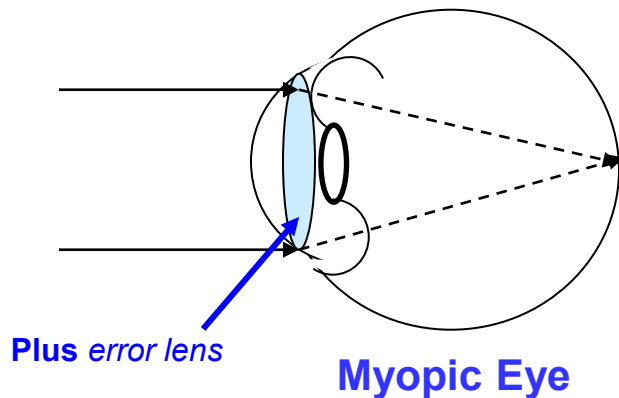


Likewise, **intraocular procedures** come in two forms—*pseudophakic*, and *phakic IOL* (PIOL).

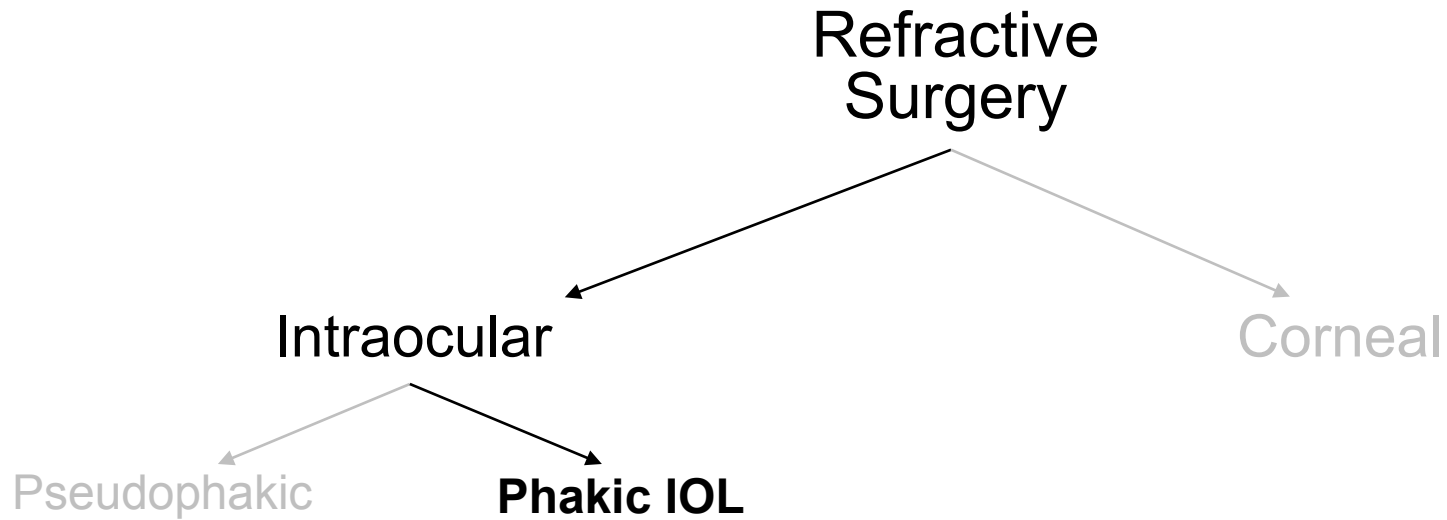
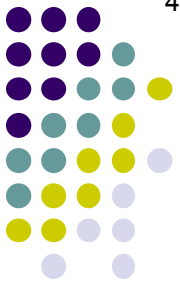
Refractive Surgery Overview



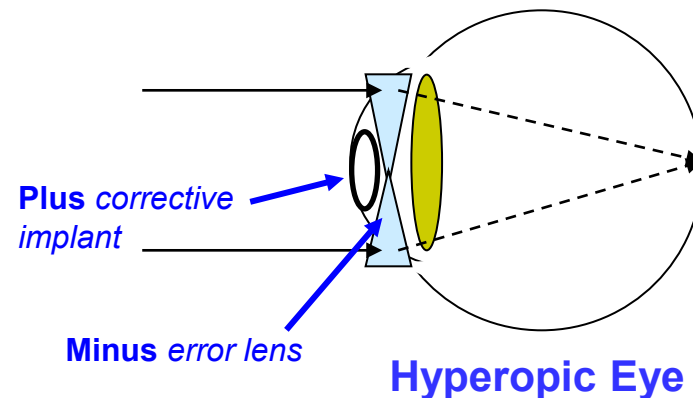
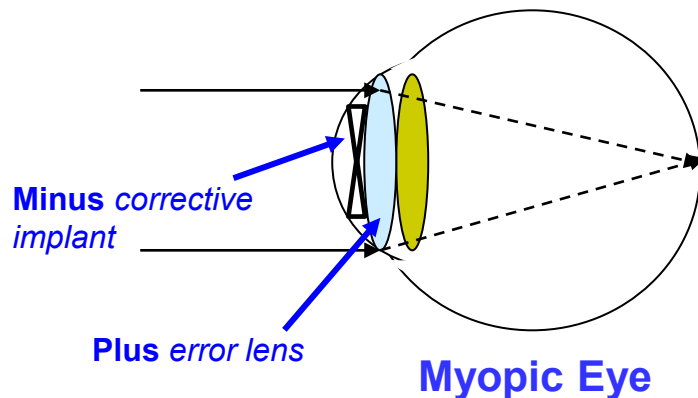
A *pseudophakic procedure* involves removing the native lens and replacing it with an IOL powered to put parallel rays on the retina. The surgery is identical to that performed for cataracts. (Such procedures are referred to as 'clear lens extraction.')



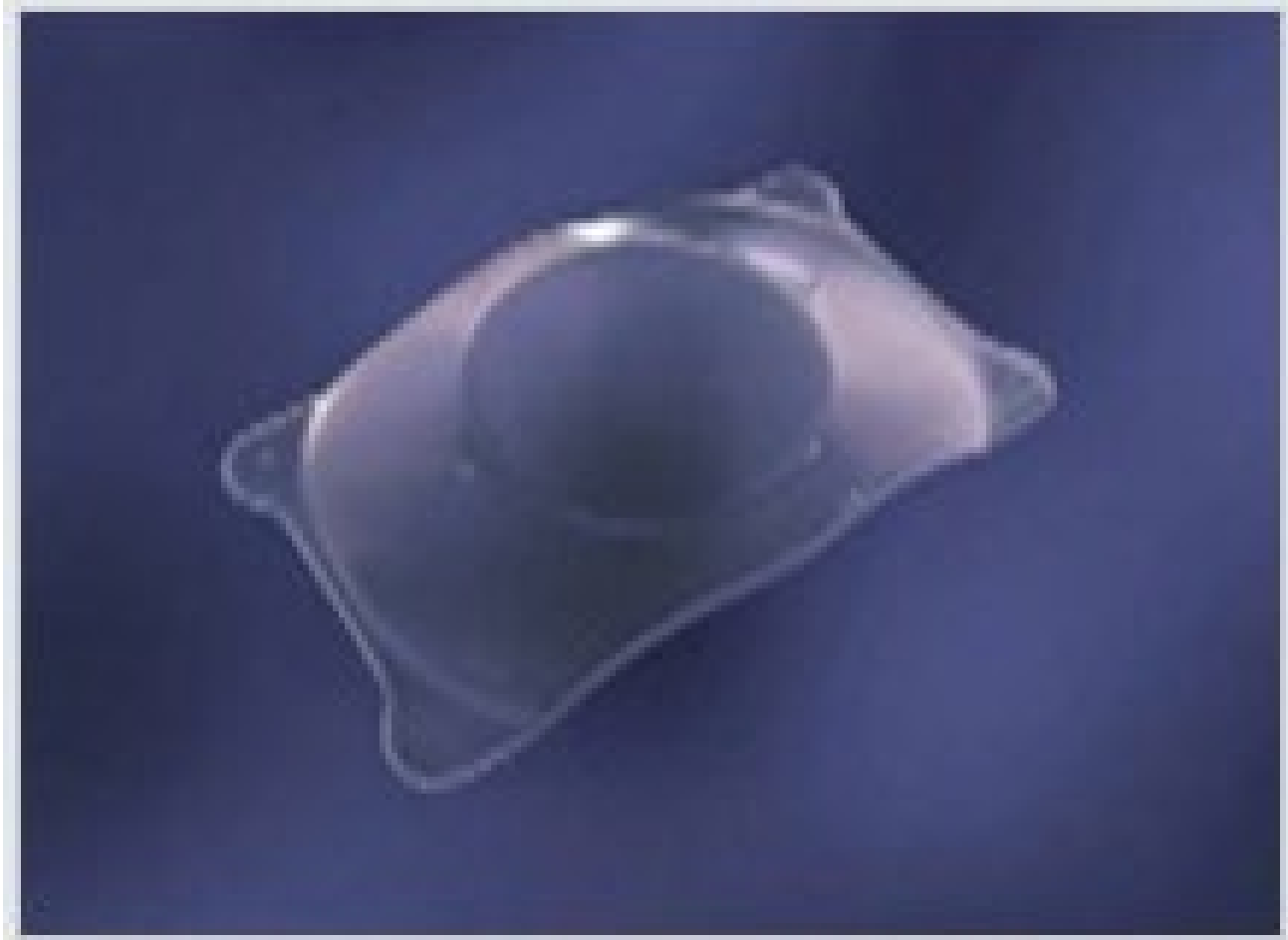
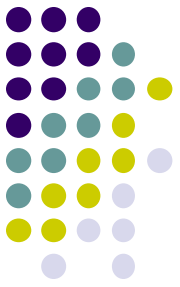
Refractive Surgery Overview



In a *phakic IOL procedure* the native lens is left in place, and a corrective lens is placed in front of it—an ‘*intraocular contact lens*’ if you will.

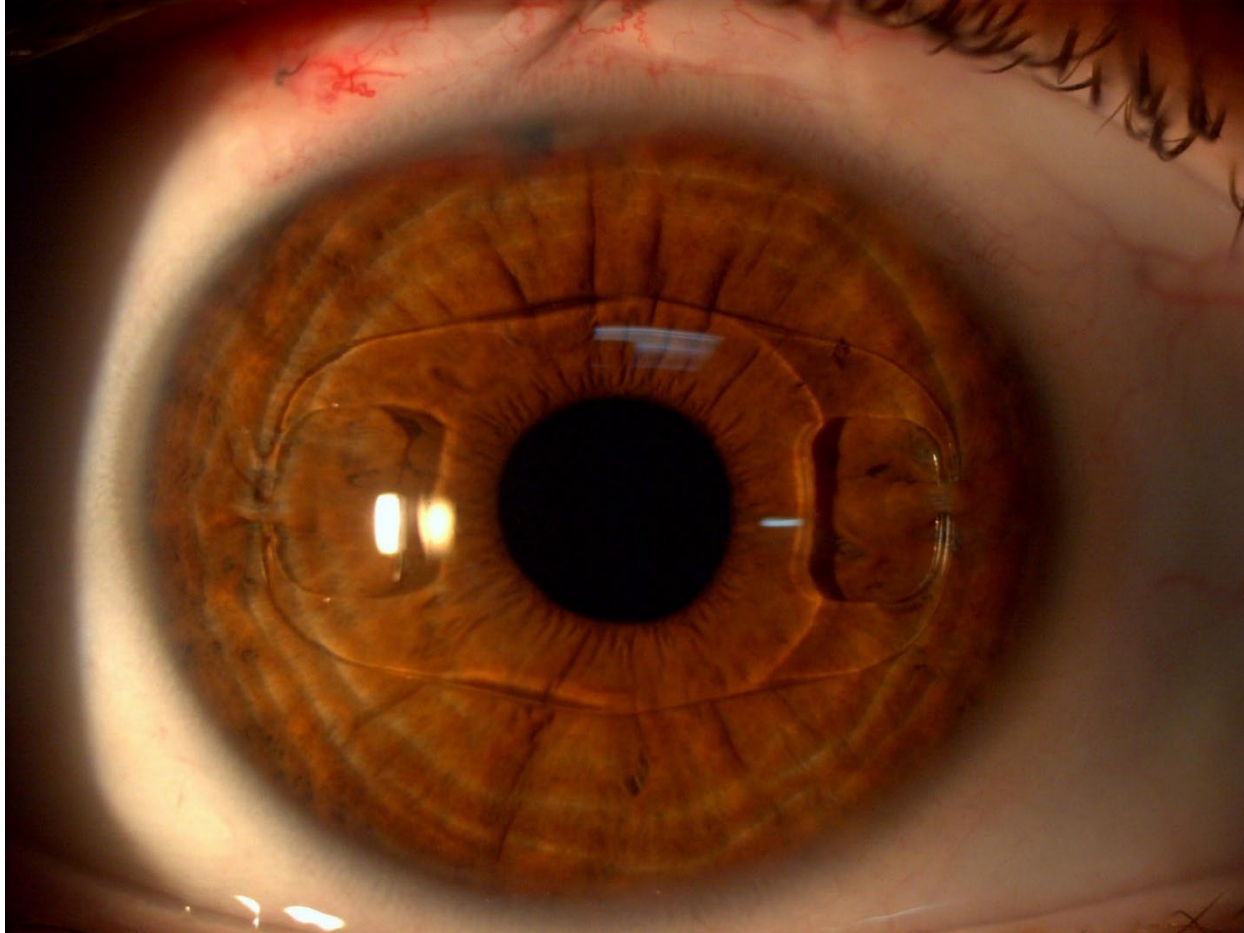


Refractive Surgery Overview



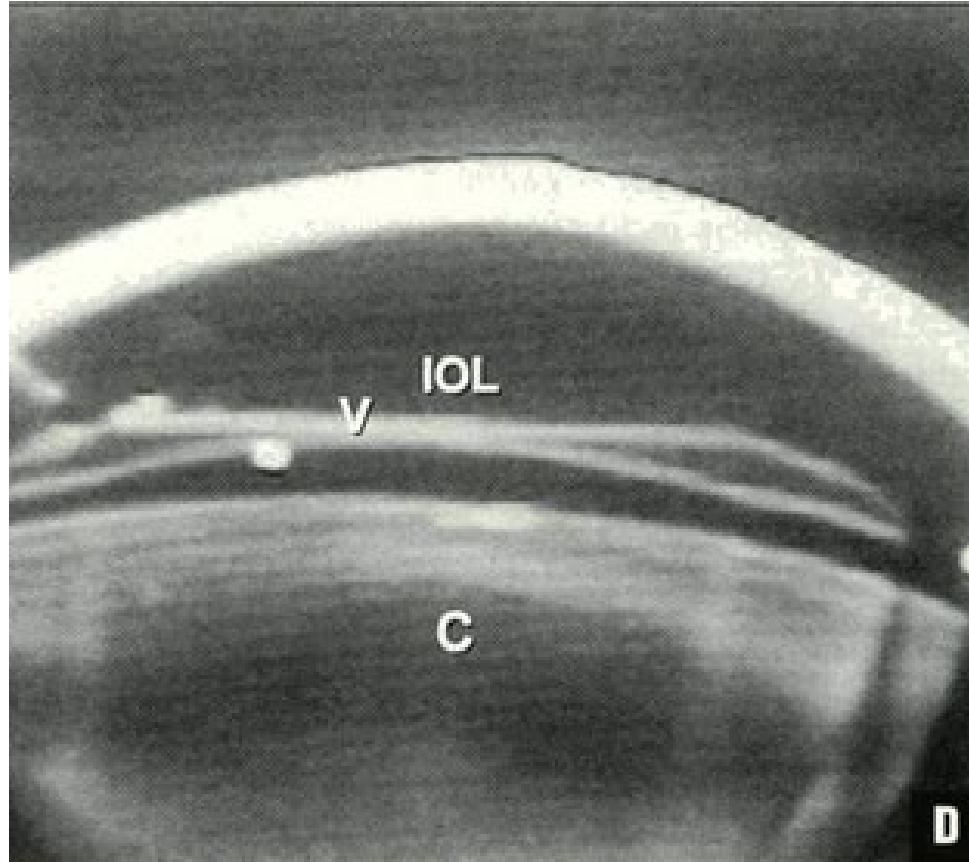
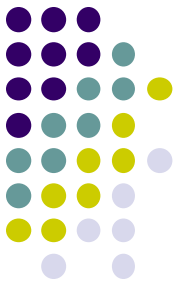
Phakic IOL

Refractive Surgery Overview



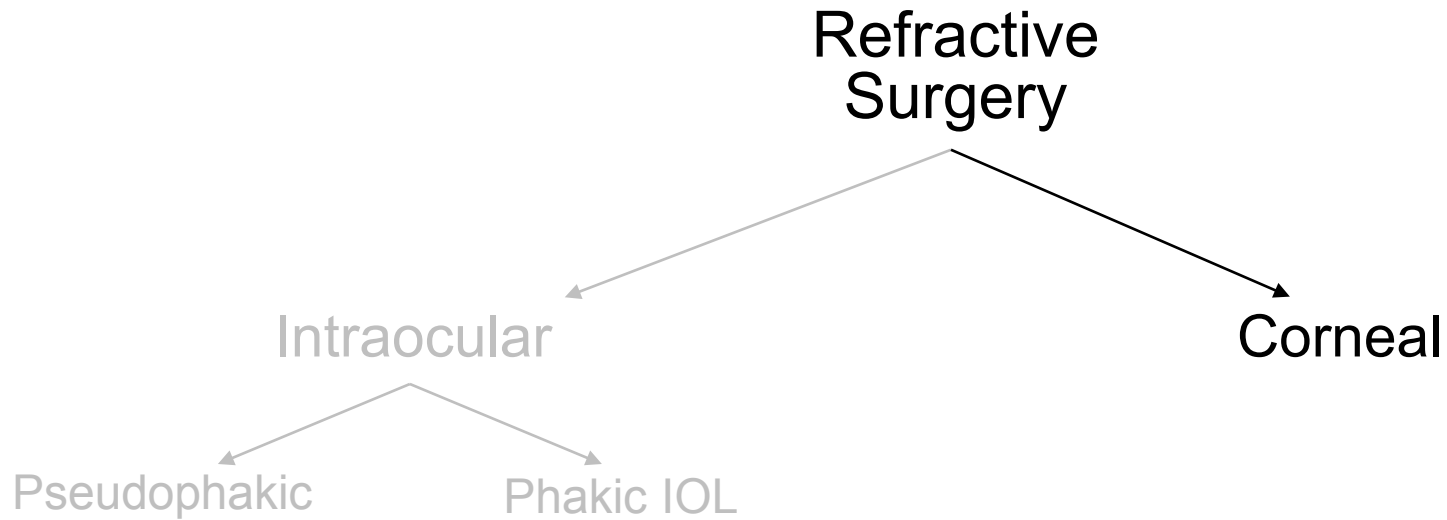
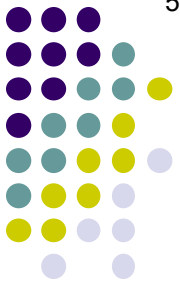
Phakic IOL

Refractive Surgery Overview



Phakic IOL vaulting over the native lens

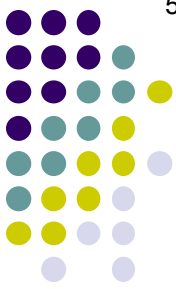
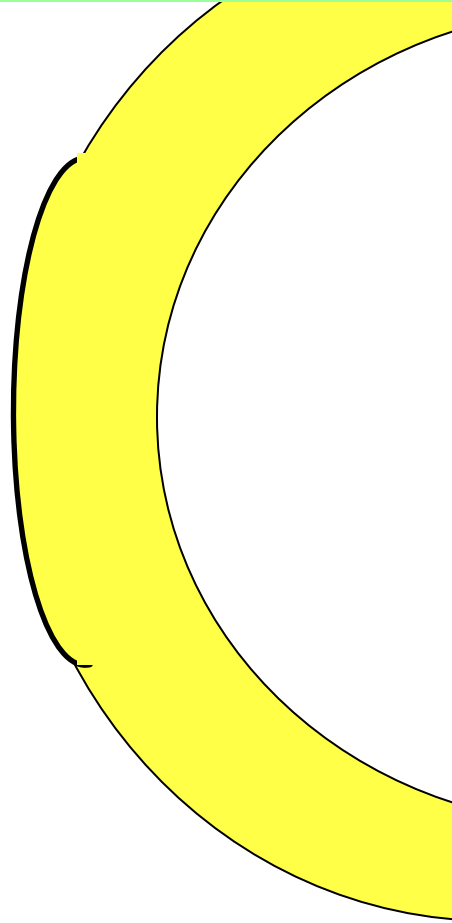
Refractive Surgery Overview



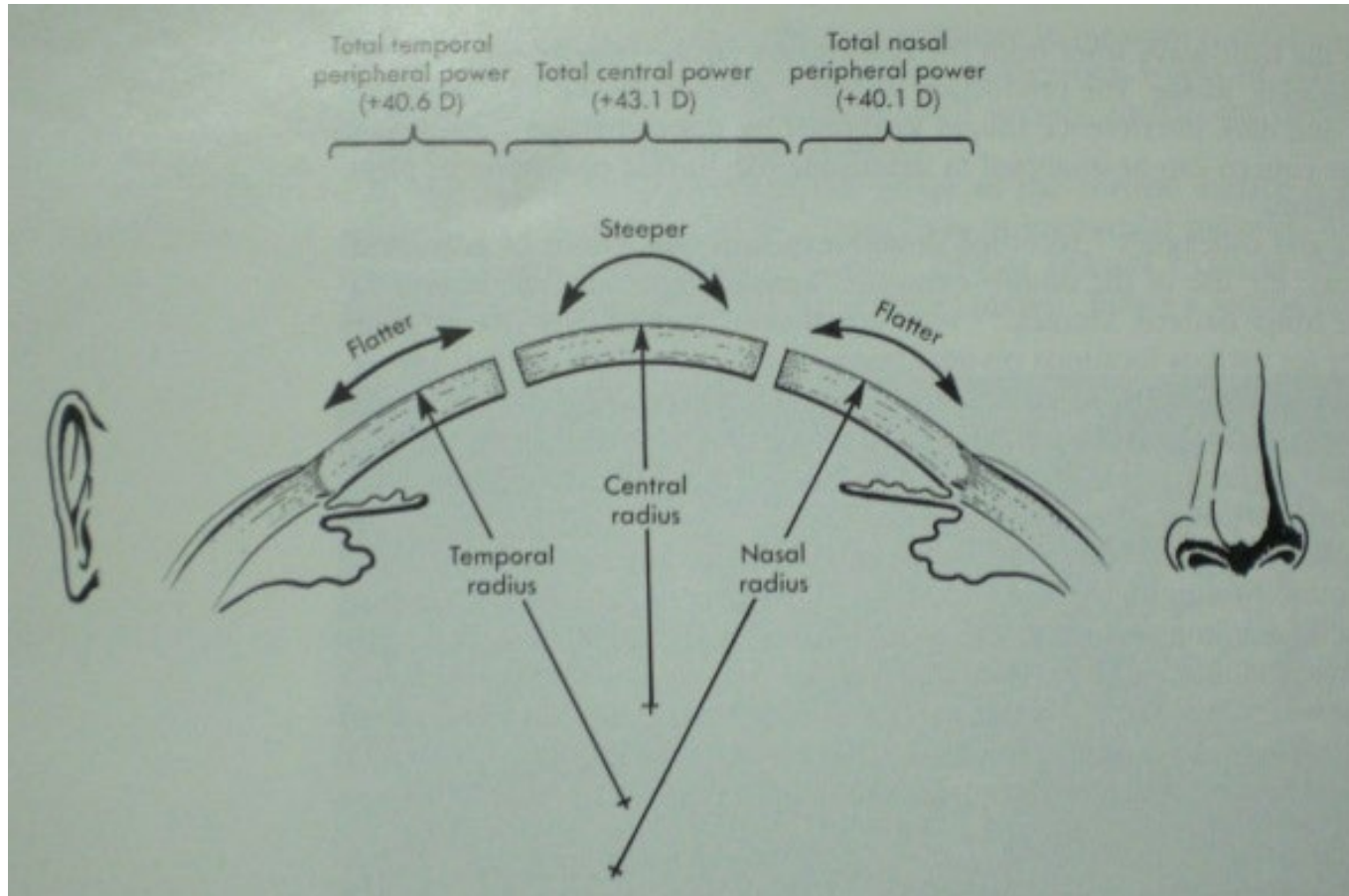
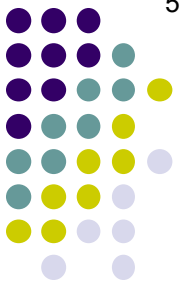
*Before we get into cornea-based refractive surgeries, let's take a look at **corneal optics***

Refractive Surgery Overview

The shape of the human cornea is *prolate*, which means the central portion is steeper (ie, has a shorter radius of curvature) than the peripheral portion. On average, the central cornea is 3-4D steeper than the periphery.

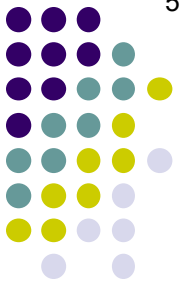


Refractive Surgery Overview

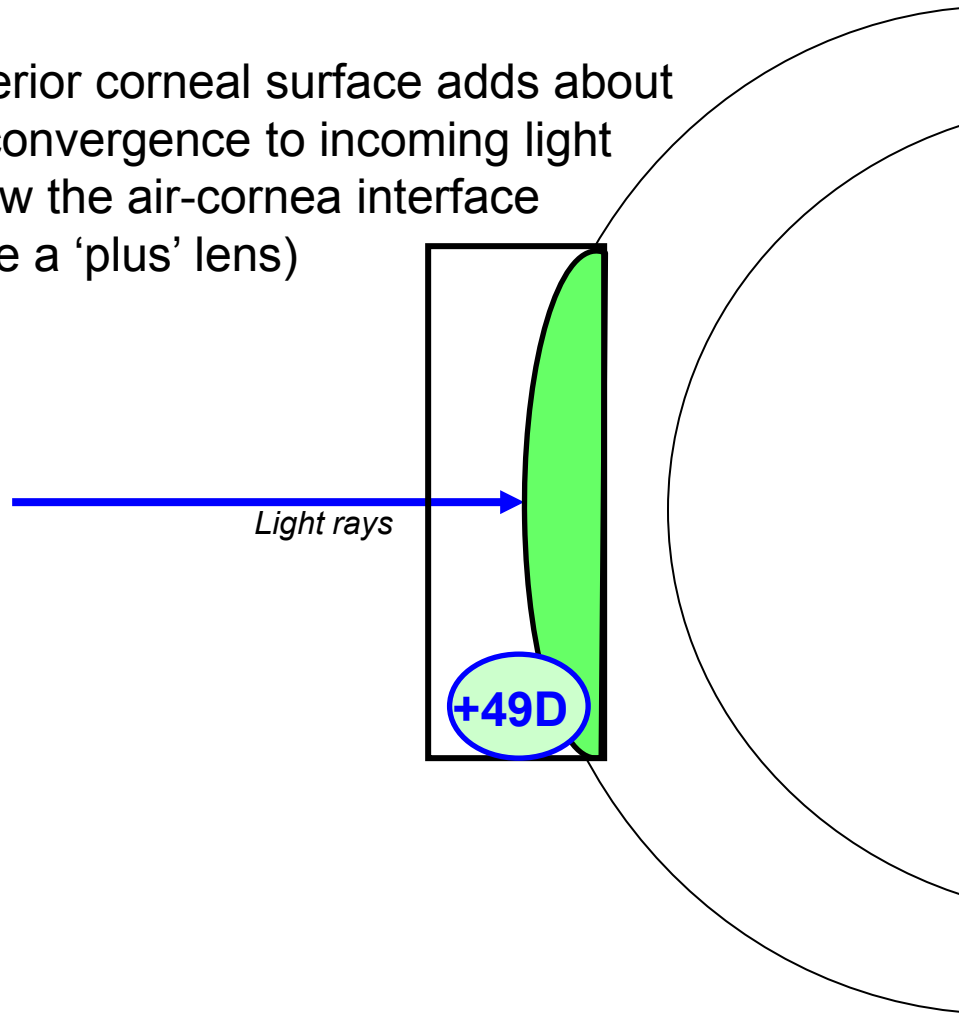


Power differential of central vs peripheral cornea
(don't memorize the numbers)

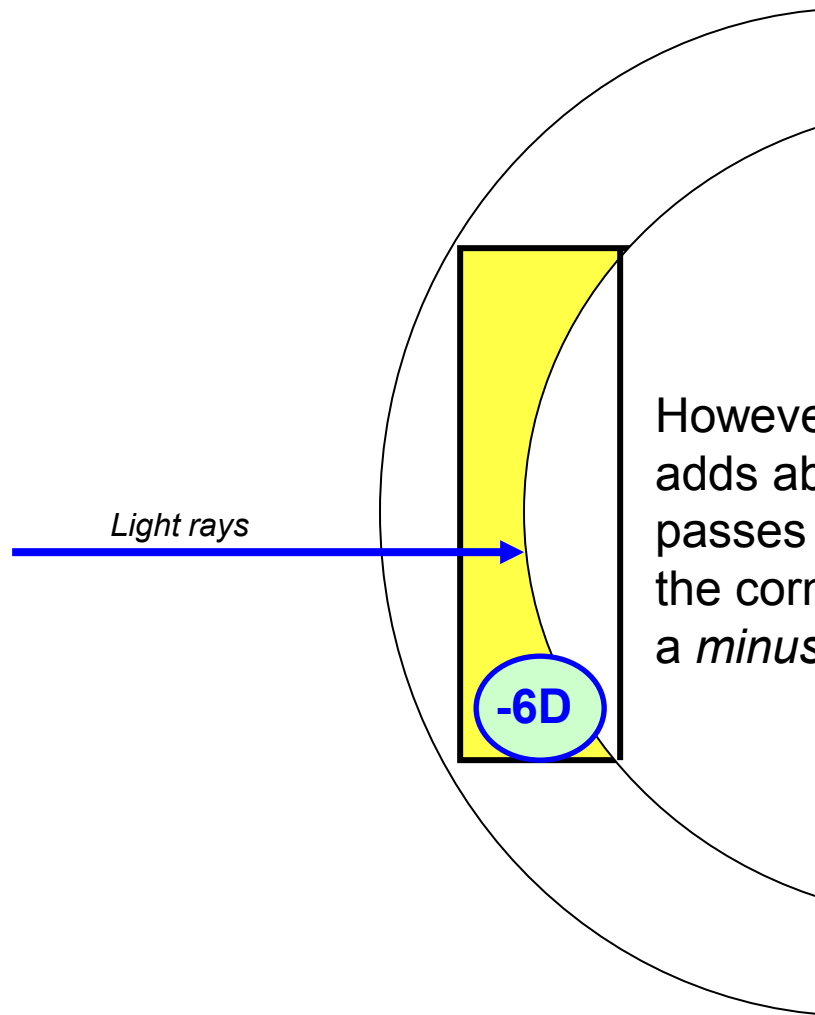
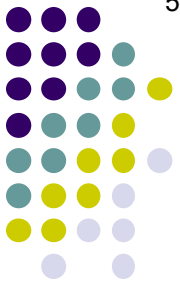
Refractive Surgery Overview



The anterior corneal surface adds about **49D** of convergence to incoming light (note how the air-cornea interface looks like a 'plus' lens)

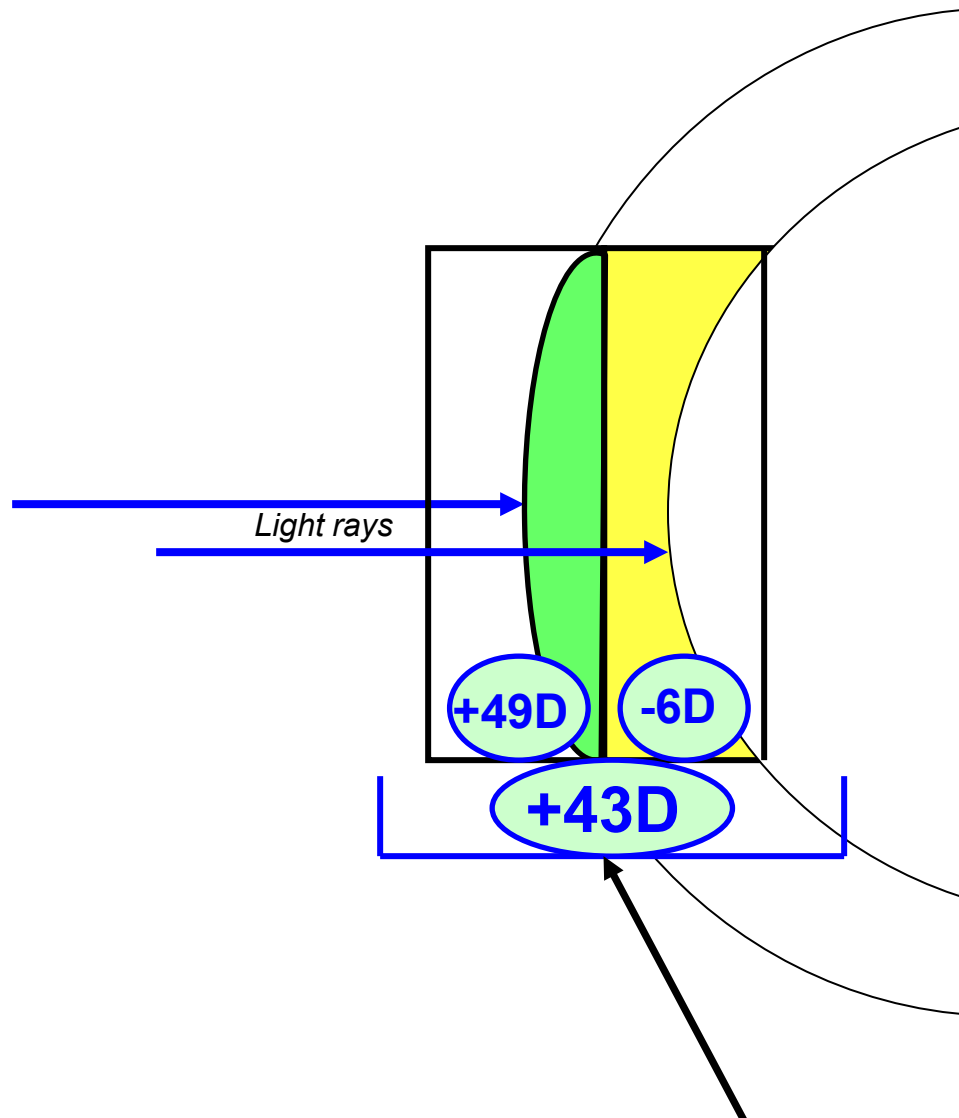
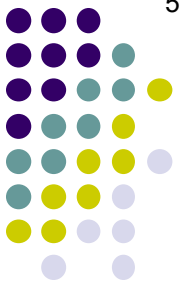


Refractive Surgery Overview



However, the posterior corneal surface adds about **6D** of divergence as light passes through it into the AC (note how the cornea-aqueous interface looks like a *minus* lens)

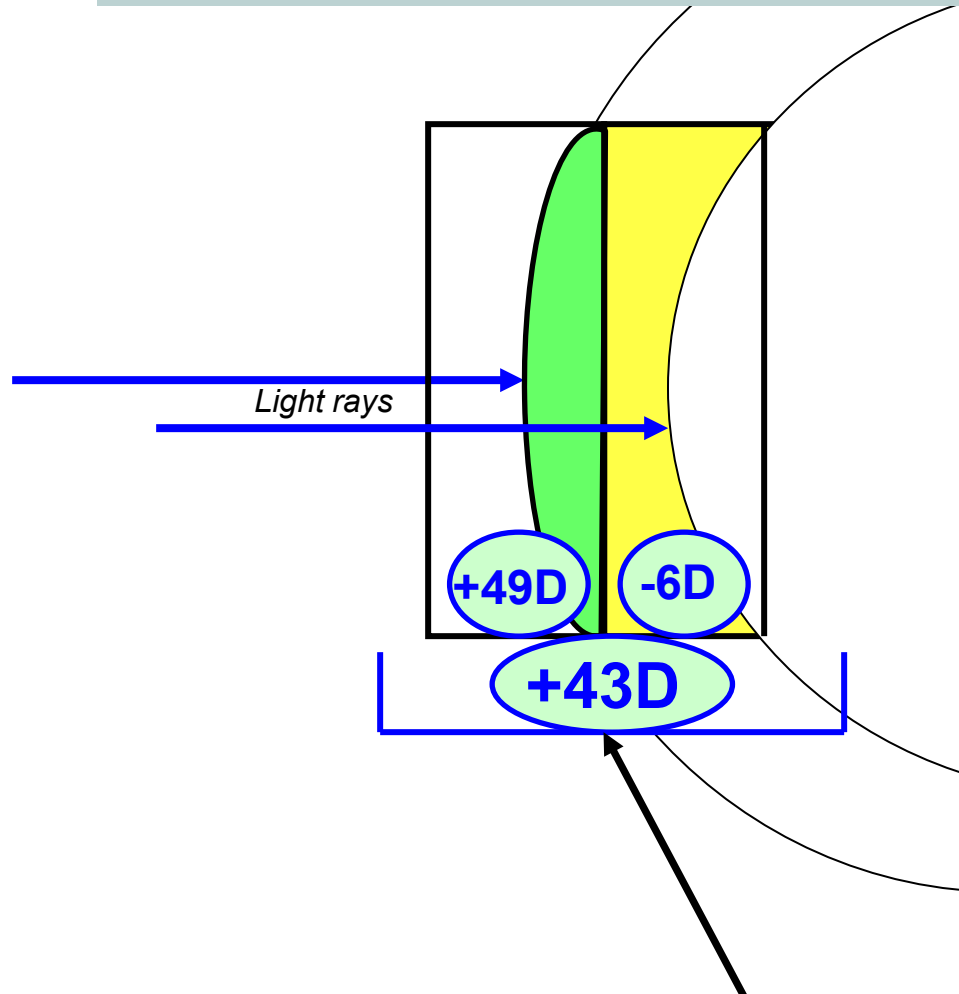
Refractive Surgery Overview



The net result across the cornea is an overall power of about +43D

Refractive Surgery Overview

The human eye averages about 60D of total convergence, implying (correctly) that the cornea accounts for roughly 2/3 of its focusing power

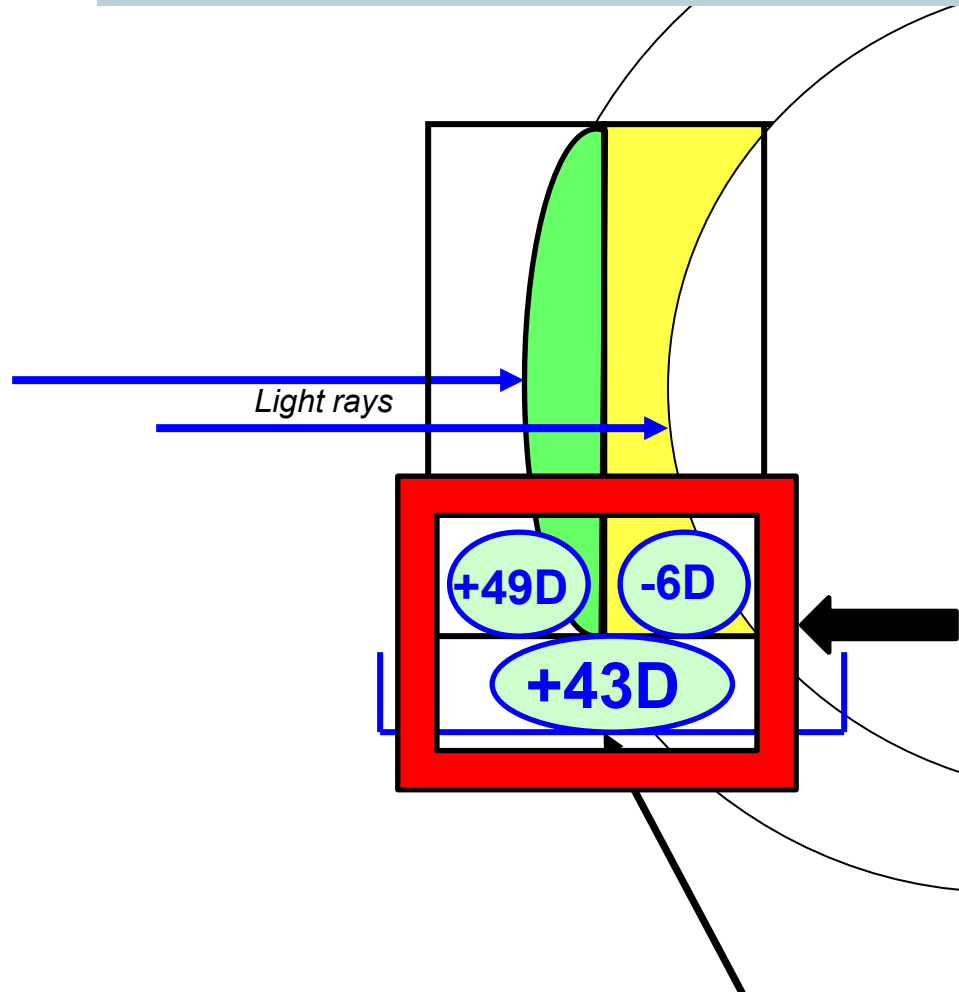


The net result across the cornea is an overall power of about $+43\text{D}$



Refractive Surgery Overview

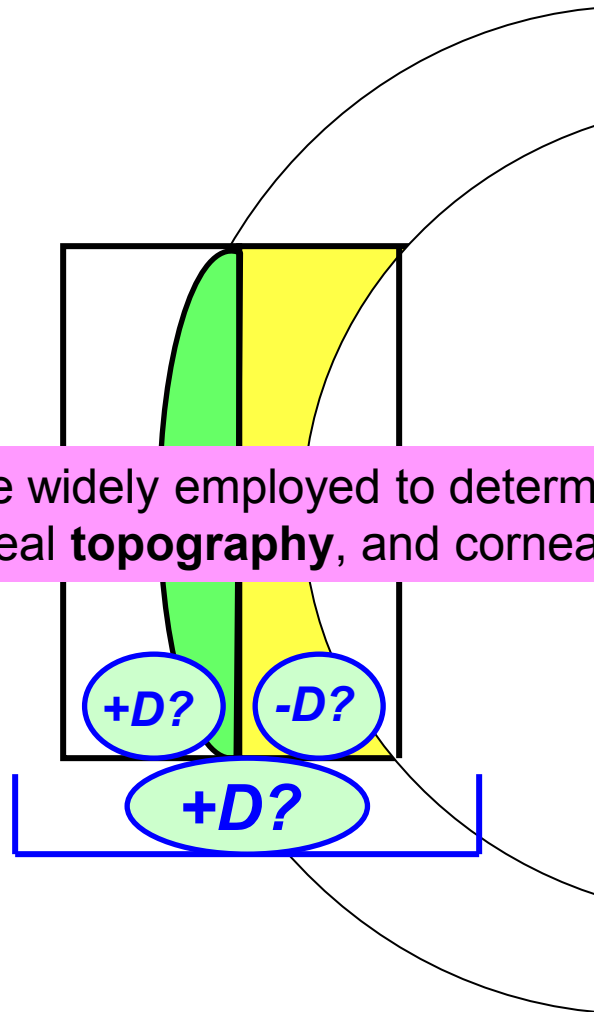
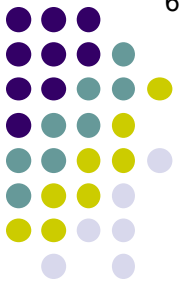
The human eye averages about 60D of total convergence, implying (correctly) that the cornea accounts for roughly 2/3 of its focusing power



Of course, these are only averages. In order to perform keratorefractive surgery, one must have accurate measurements of central corneal power—ideally, at both its anterior and posterior surfaces.

The net result across the cornea is an overall power of about +43D

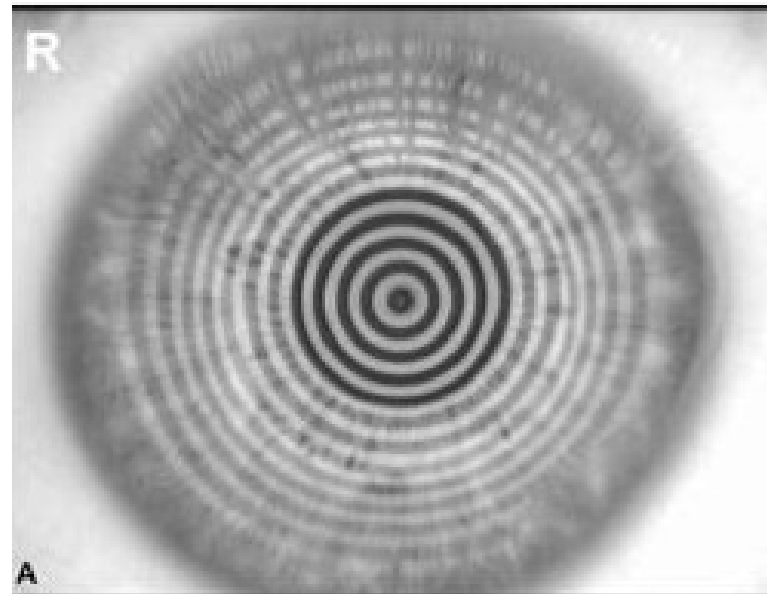
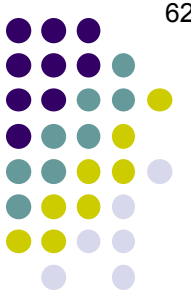
Refractive Surgery Overview



Two technologies are widely employed to determine central corneal power: Corneal **topography**, and corneal **tomography**

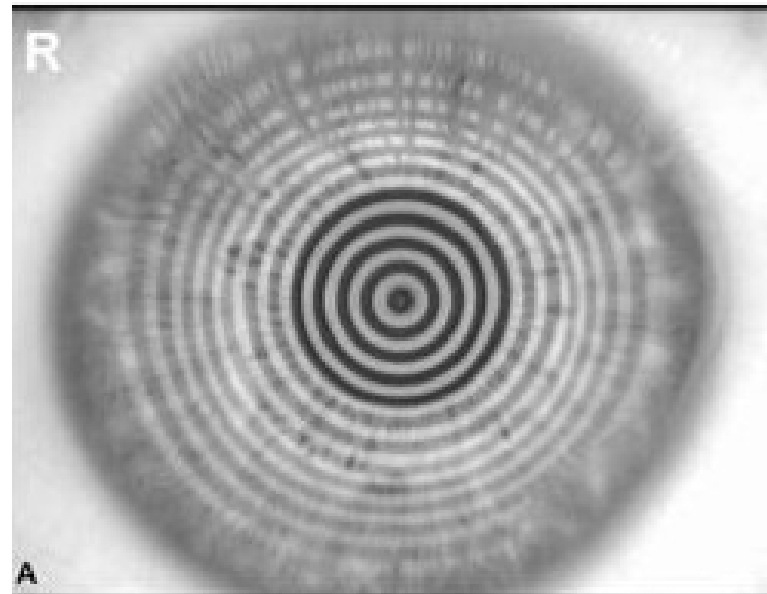
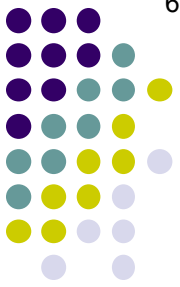
Refractive Surgery Overview

Corneal topography works by reflecting a set of concentric rings (collectively called a *Placido disk*) from the anterior corneal surface, and a computer analyzes the distances between, and shapes of, the reflected rings.



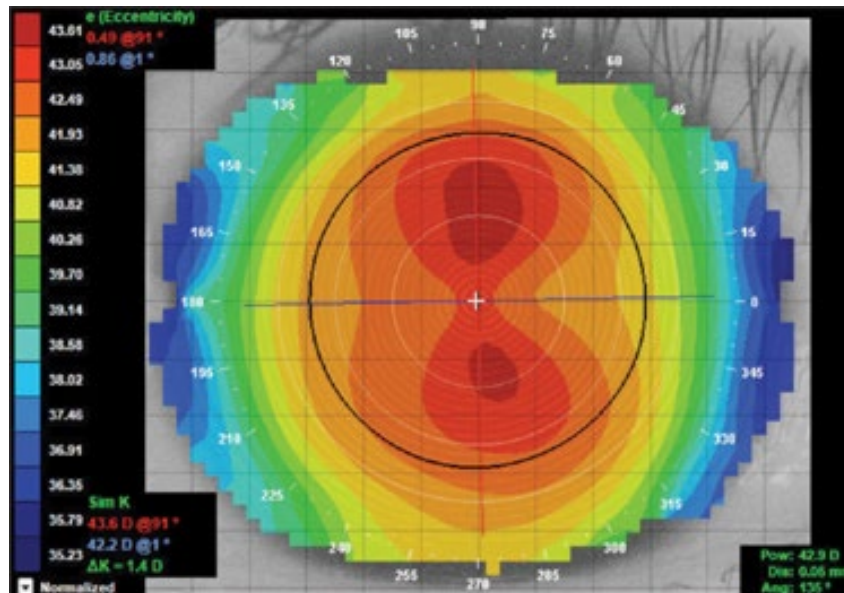
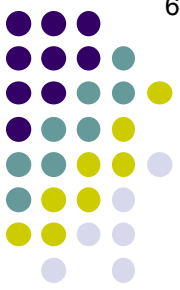
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Refractive Surgery Overview

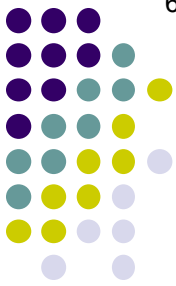
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Corneal Placido-disk topography: Color map demonstrating *with-the-rule astigmatism* (ie, the cornea is steeper in its vertical meridian)

Refractive Surgery Overview

Corneal tomography works by mapping the anterior and posterior corneal surfaces in relation to one another. It allows for 3-D modeling of the cornea, including both anterior and posterior surface curvature and corneal thickness.

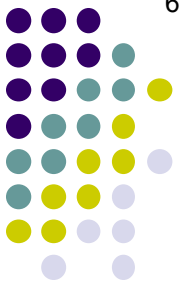
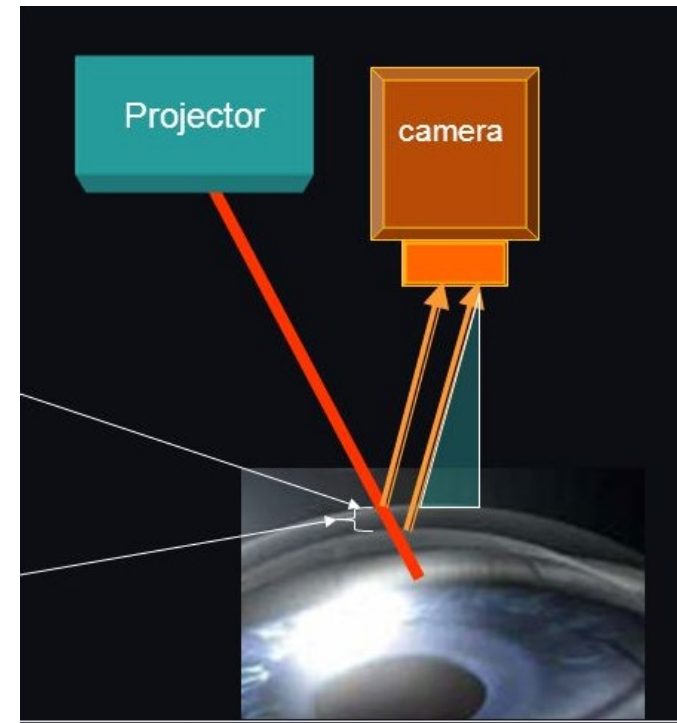
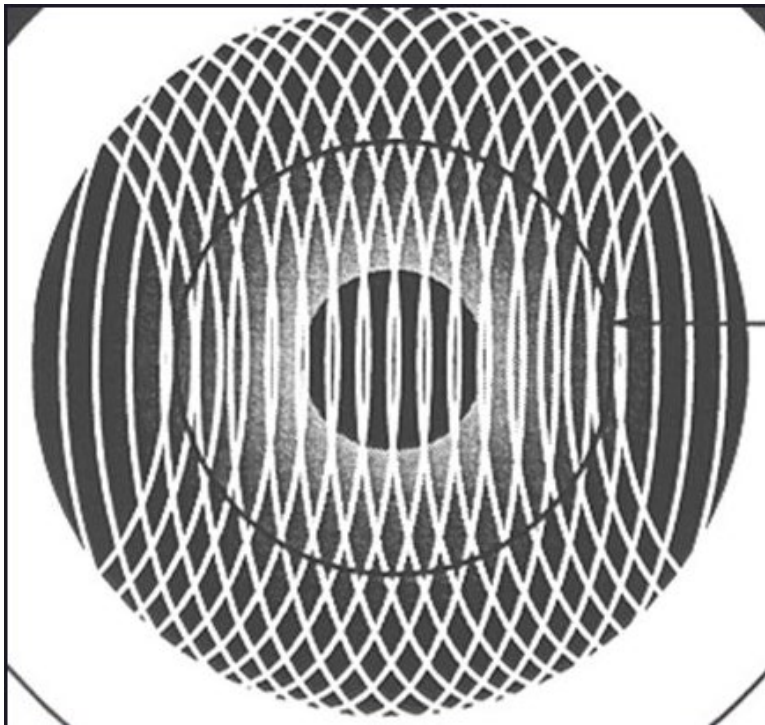


Refractive Surgery Overview

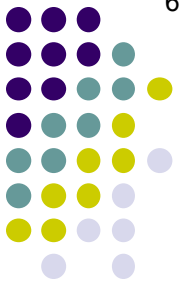
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The data are acquired via one of two technologies (or both in combination):

--*Scanning-slit*: A series of overlapping scans are directed at the cornea. The light reflects off both the anterior and posterior surfaces. These reflections are acquired and analyzed to produce a model of the central cornea.



Refractive Surgery Overview

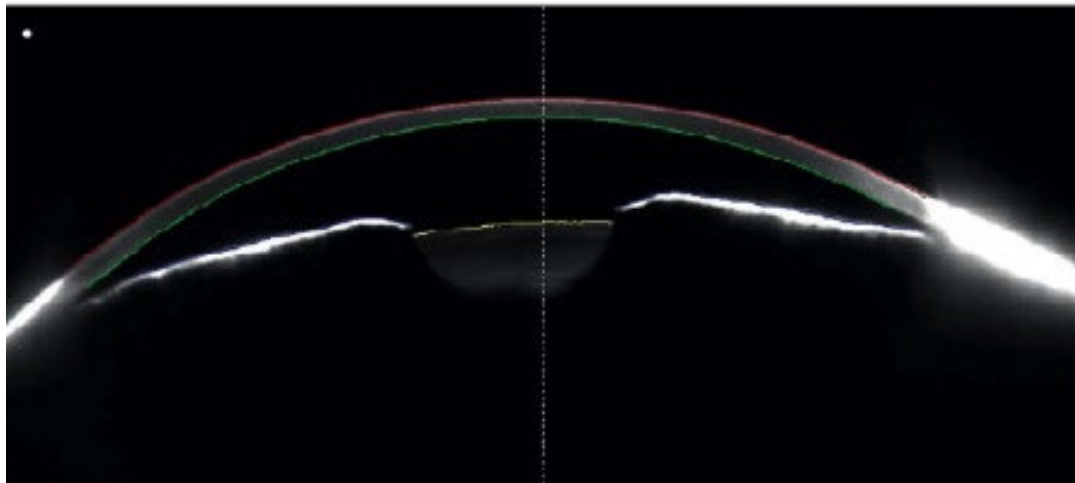


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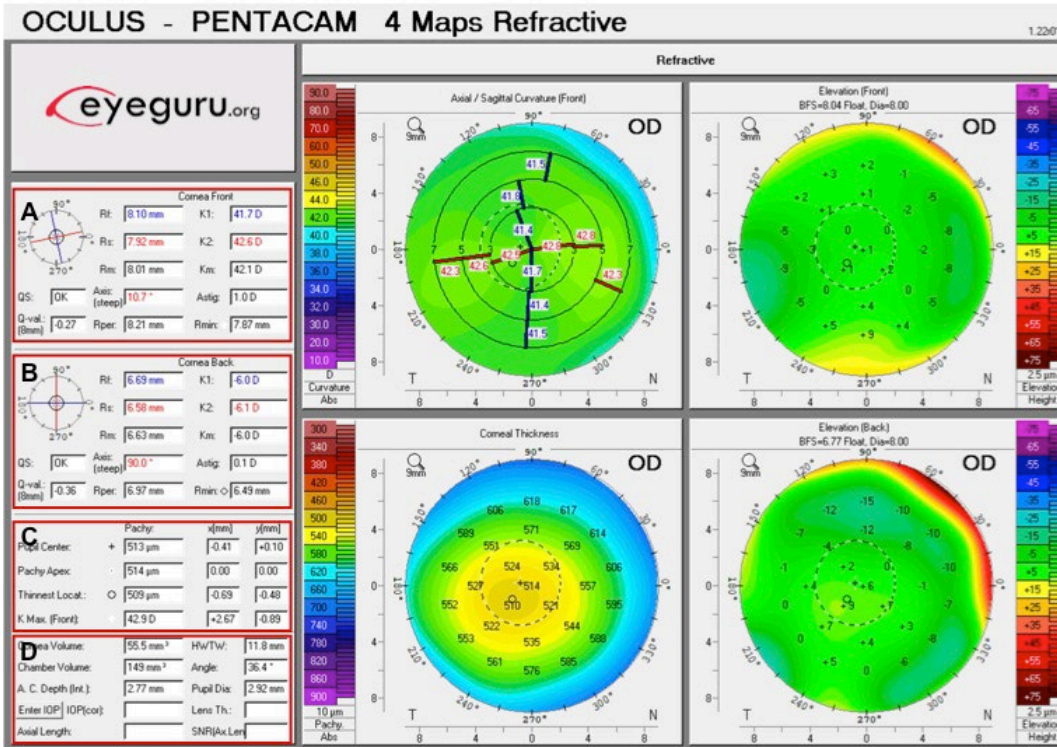
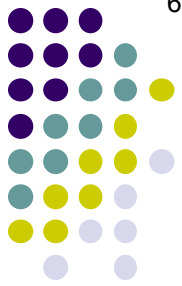
--*Scanning-slit*: A series of overlapping scans are directed at the cornea. The light reflects off both the anterior and posterior surfaces. These reflections are acquired and analyzed to produce a model of the central cornea.

--*Scheimpflug imaging*: A series of Scheimpflug images are taken and analyzed with respect to anterior and posterior corneal curvature and corneal thickness. The data from each image are knitted together to produce a model of the cornea.



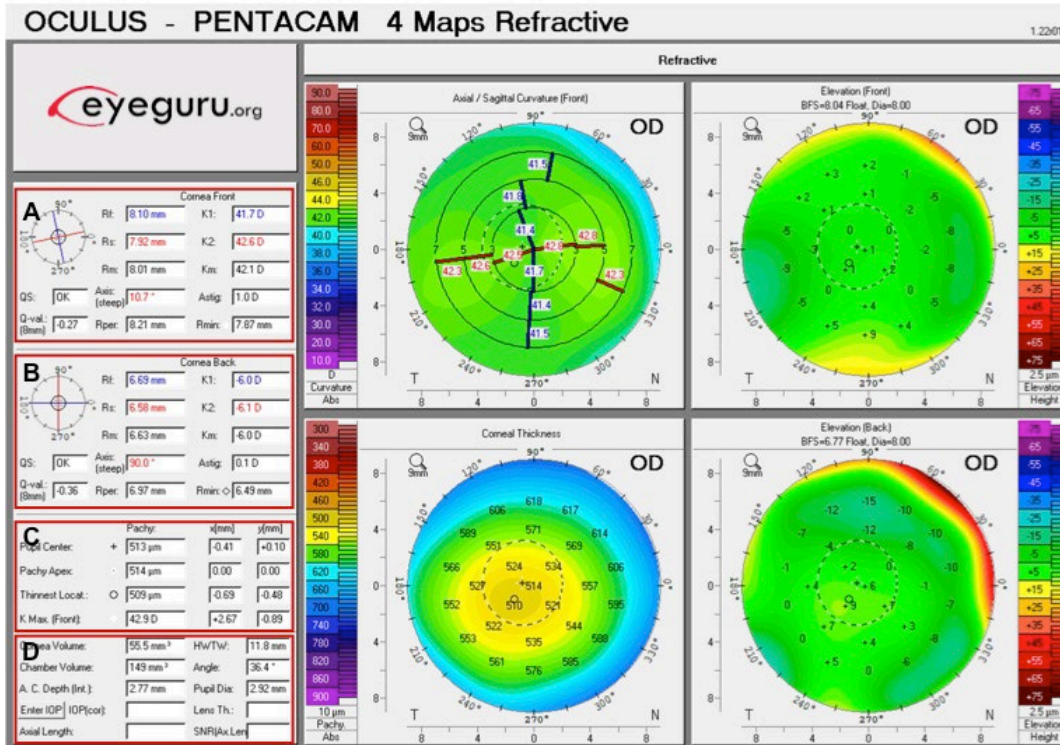
Scheimpflug image of the cornea

Refractive Surgery Overview



Pentacam corneal tomographer readout

Refractive Surgery Overview



Pentacam corneal tomographer readout

A) Anterior corneal values

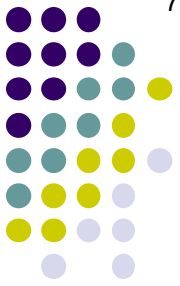
- K_1 , K_2 , K_m : The two major meridians (K_1 , K_2). K_m is the average of K_1 and K_2
- R_f , R_s , R_m : Radii corresponding with K_1 , K_2 , and K_m , respectively
- QS: Quality score (I.e. "OK," "Data gaps," "Fix," "Model")
- Axis: The meridian that requires no cylinder power to correct astigmatism
- Astig: The central corneal astigmatism

B) Posterior corneal values

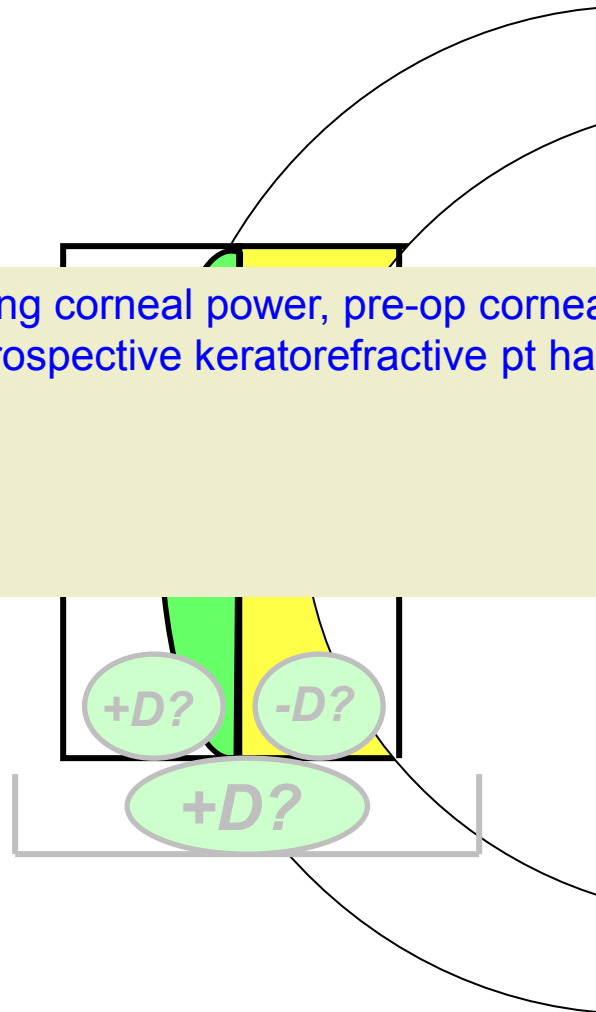
The same variables described for the back of the cornea.

C), D) Fuggedaboutit (too much for this overview)

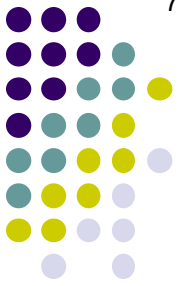
Refractive Surgery Overview



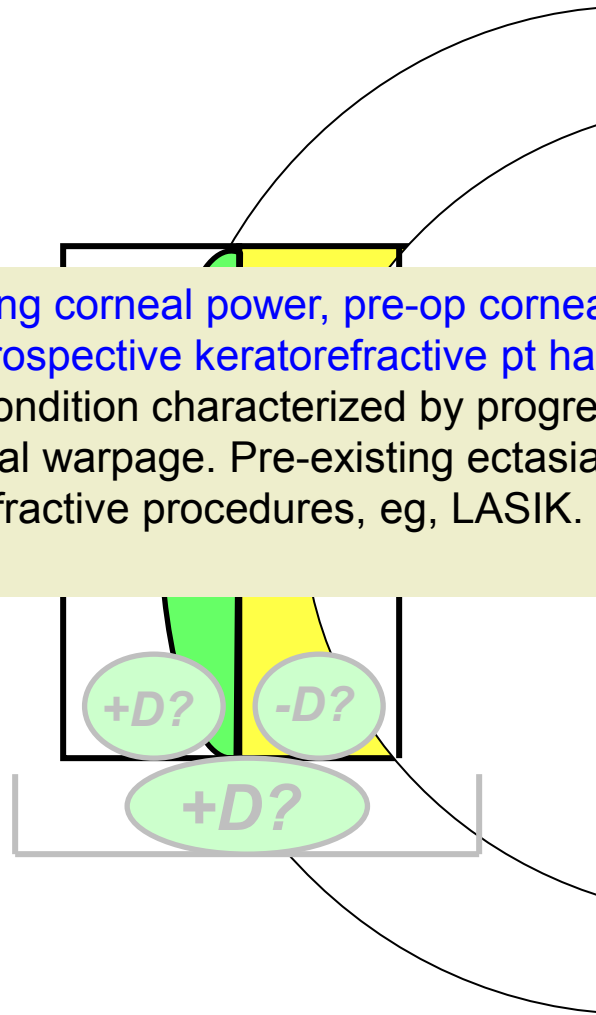
In addition to determining corneal power, pre-op corneal mapping is employed to determine whether a prospective keratorefractive pt has a *corneal ectasia*.



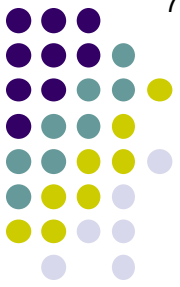
Refractive Surgery Overview



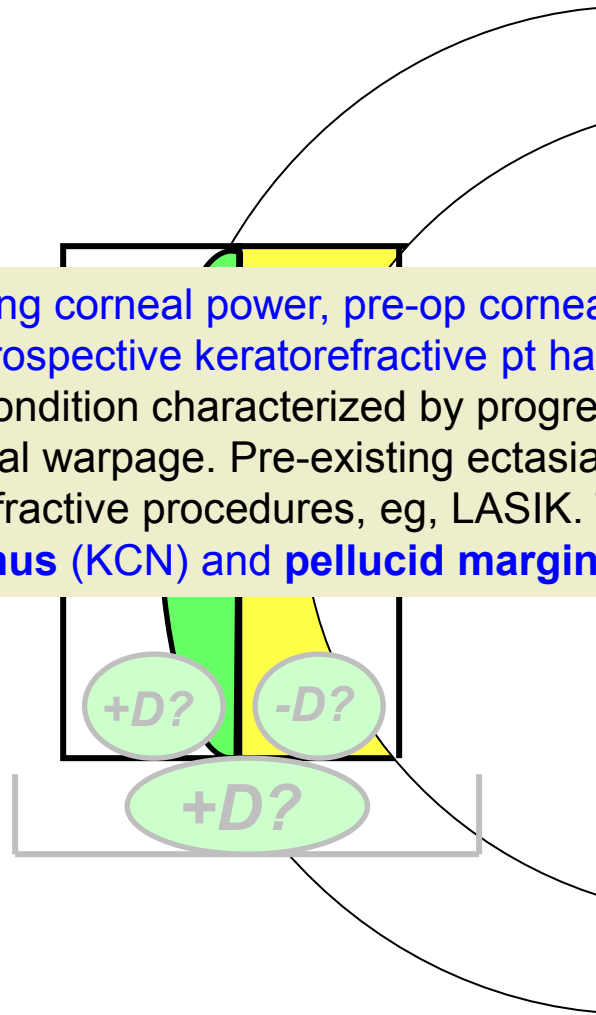
In addition to determining corneal power, pre-op corneal mapping is employed to determine whether a prospective keratorefractive pt has a *corneal ectasia*. An ectasia is a noninflammatory condition characterized by progressive corneal thinning, the end result of which is corneal warpage. Pre-existing ectasia is a strong contraindication to many elective keratorefractive procedures, eg, LASIK.



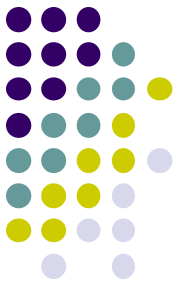
Refractive Surgery Overview



In addition to determining corneal power, pre-op corneal mapping is employed to determine whether a prospective keratorefractive pt has a *corneal ectasia*. An ectasia is a noninflammatory condition characterized by progressive corneal thinning, the end result of which is corneal warpage. Pre-existing ectasia is a strong contraindication to many elective keratorefractive procedures, eg, LASIK. The two most common ectasias are **keratoconus (KCN)** and **pellucid marginal degeneration (PMD)**.

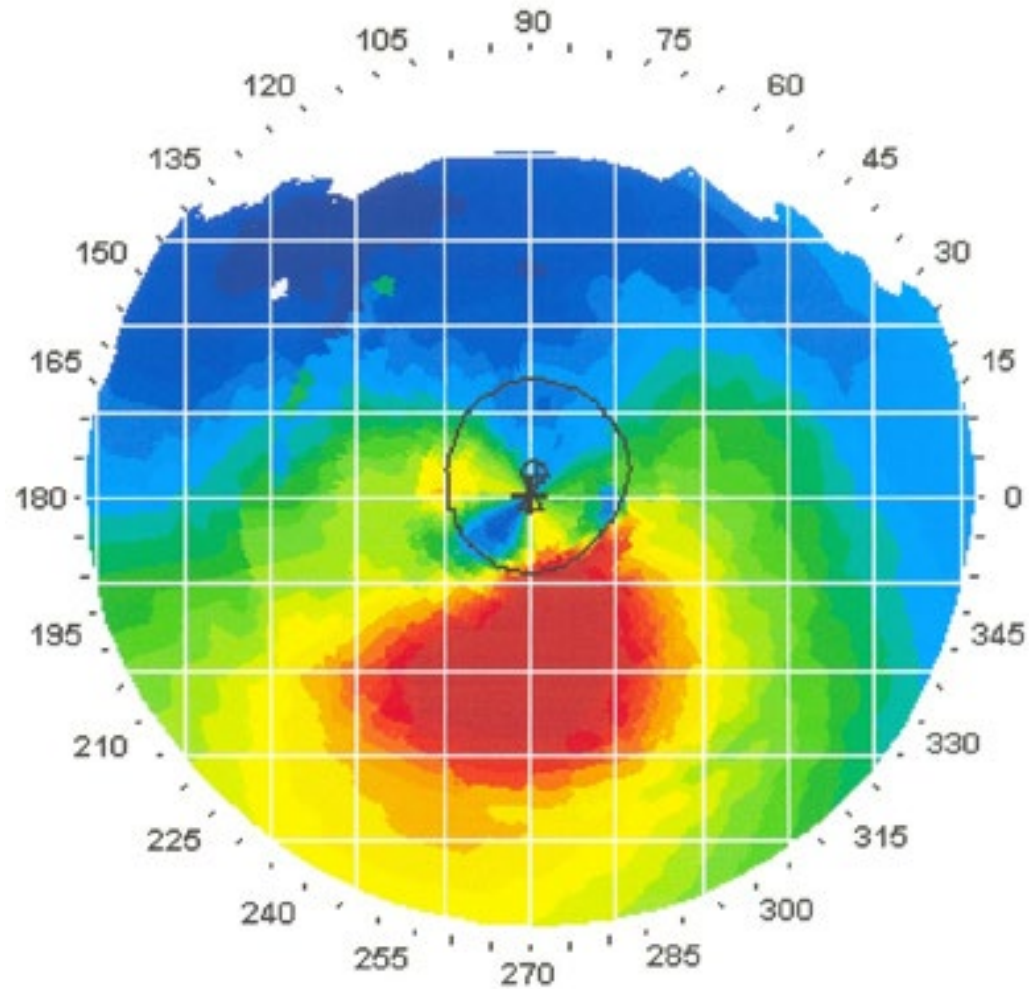


Refractive Surgery Overview



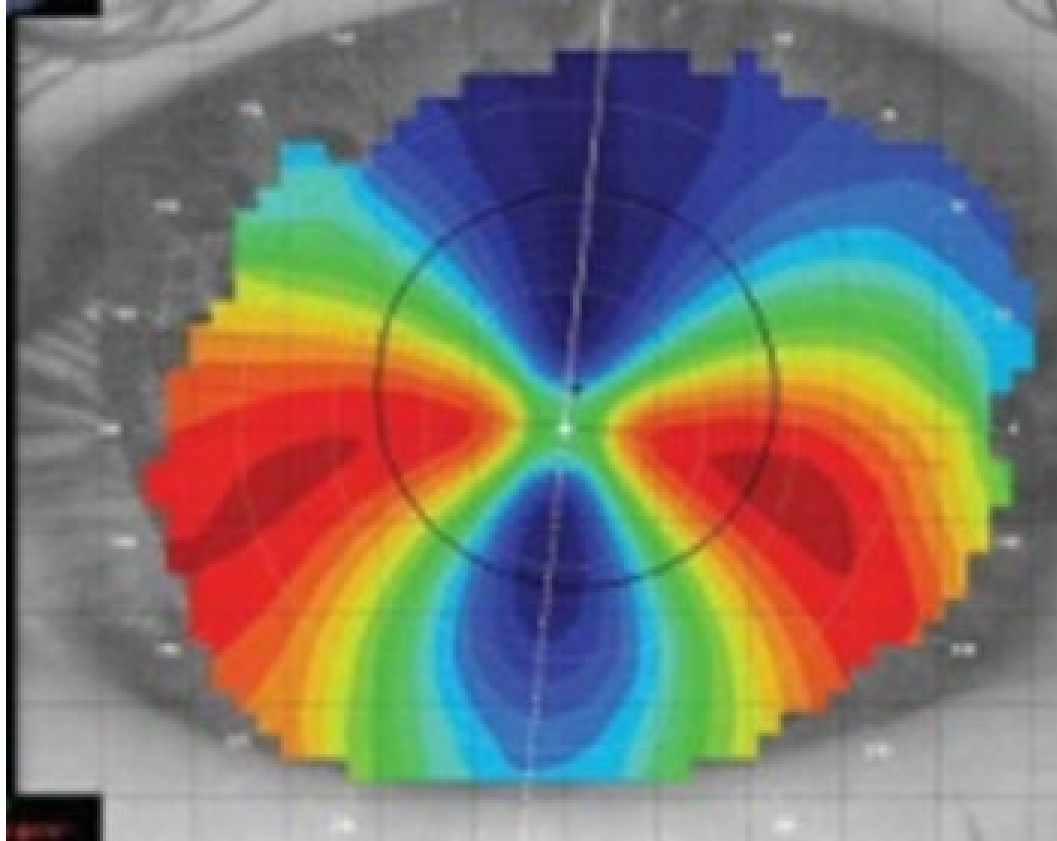
KCN

Refractive Surgery Overview



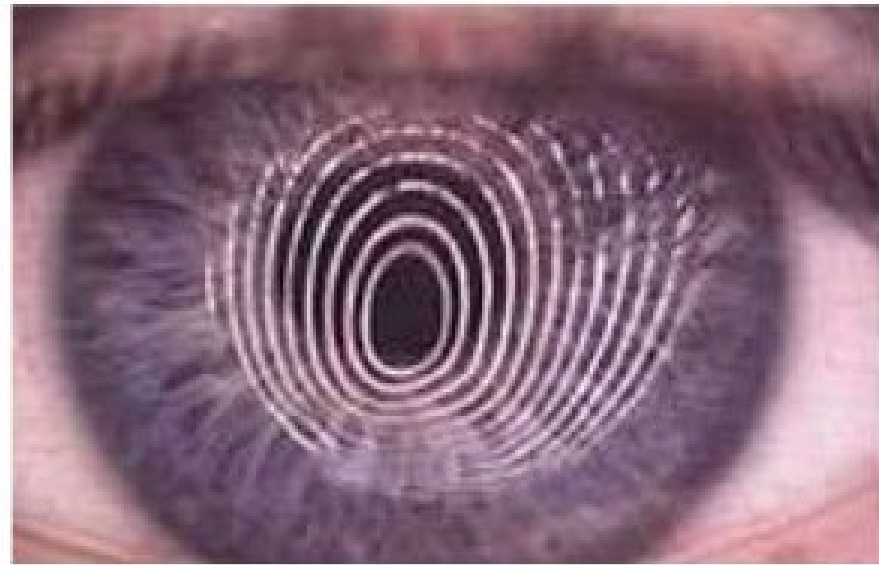
Topography in KCN: Classic *inferior corneal steepening*

Refractive Surgery Overview



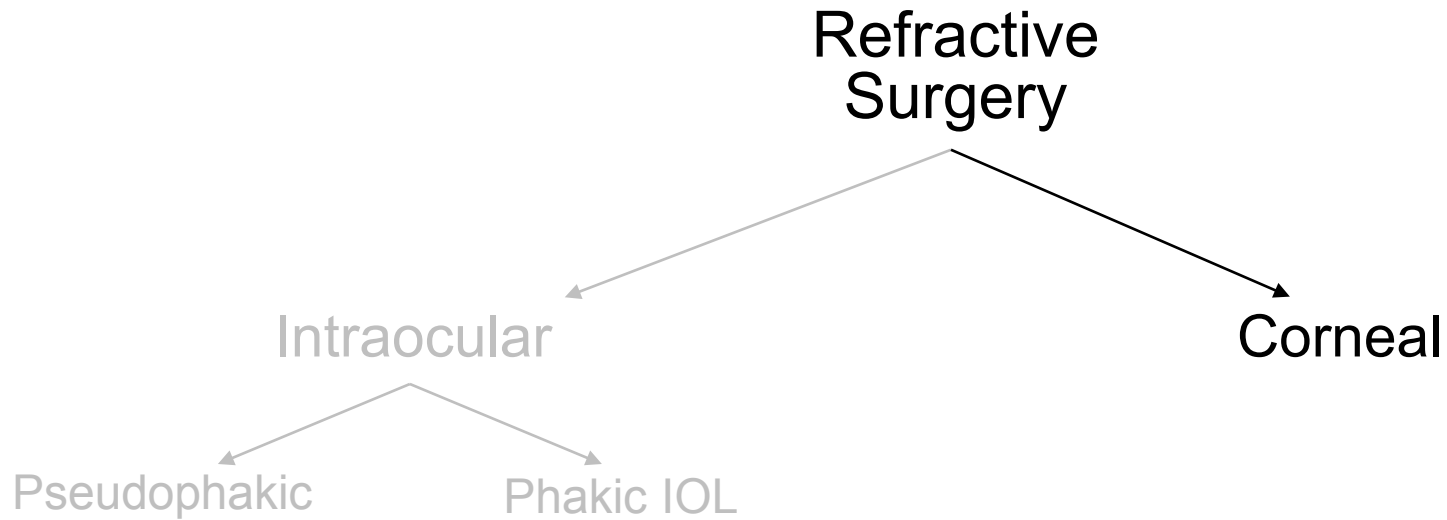
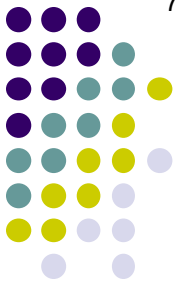
Topography in PMD: Classic *kissing doves*

Refractive Surgery Overview



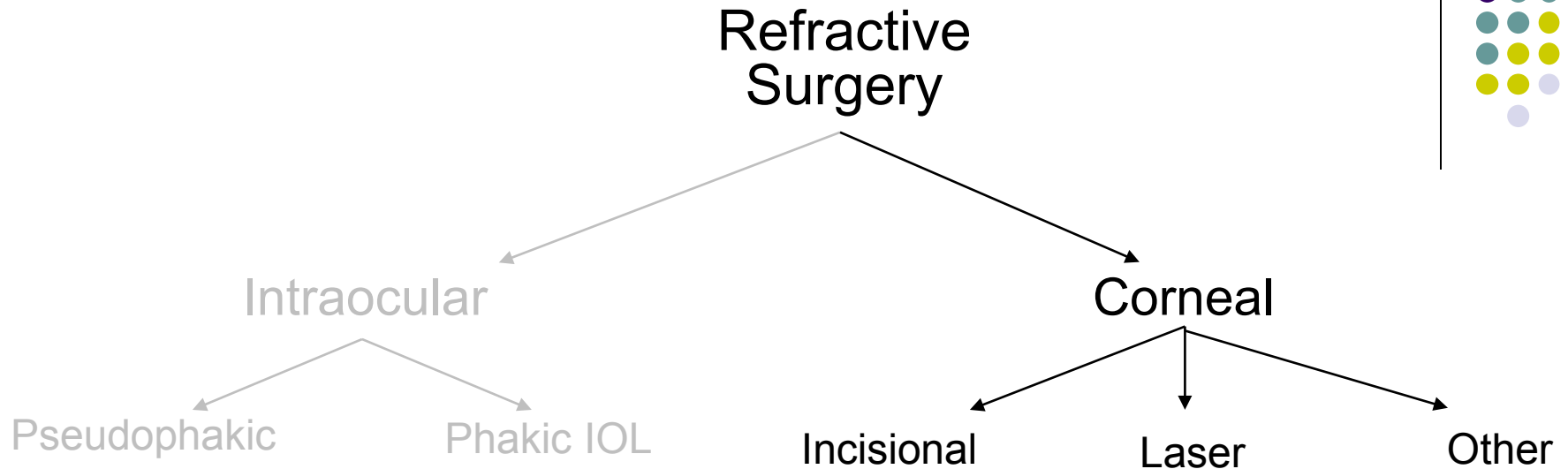
Corneal Placido-disk topography: Mires typical of keratoconus

Refractive Surgery Overview



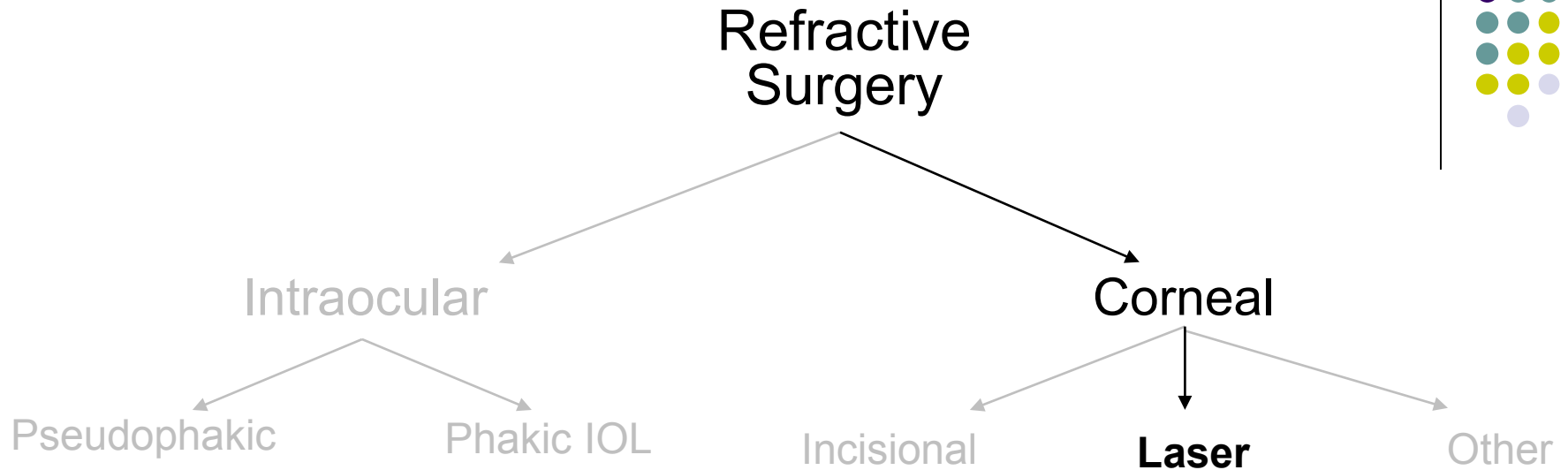
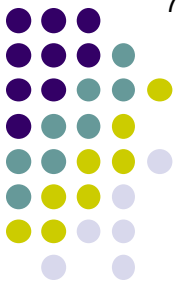
Most *corneal refractive surgeries* involve altering the shape of the cornea in a way that impacts the vergence it imparts to incoming light.

Refractive Surgery Overview



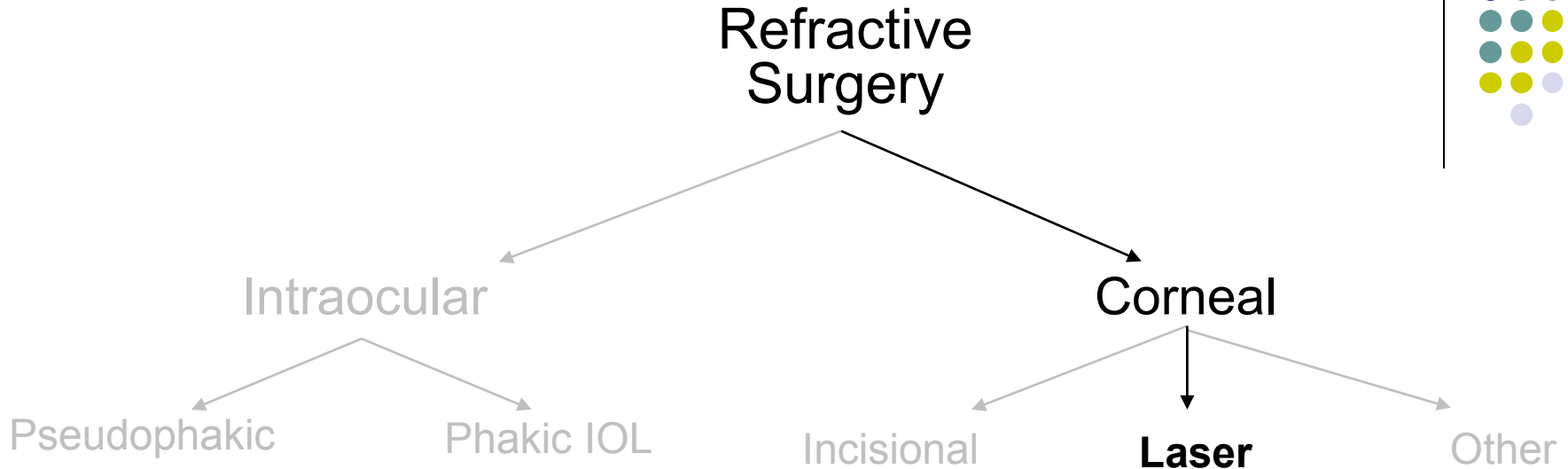
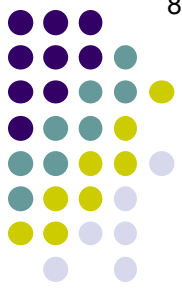
Most *corneal refractive surgeries* involve altering the shape of the cornea in a way that impacts the vergence it imparts to incoming light. These alterations can involve incising the cornea, lasering it, or some other means.

Refractive Surgery Overview

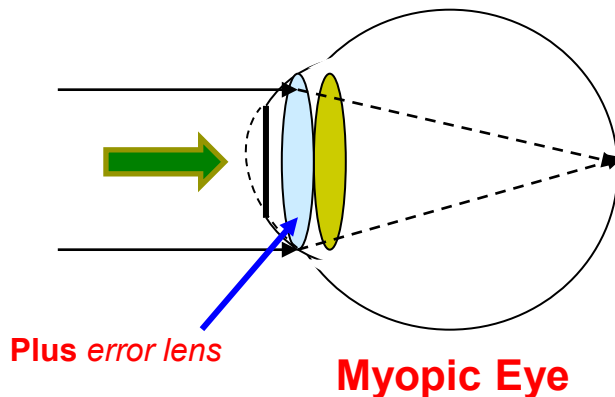


In a *keratoablative laser procedures* (eg, LASIK), the cornea is reshaped so as to offset the effect of the error lens.

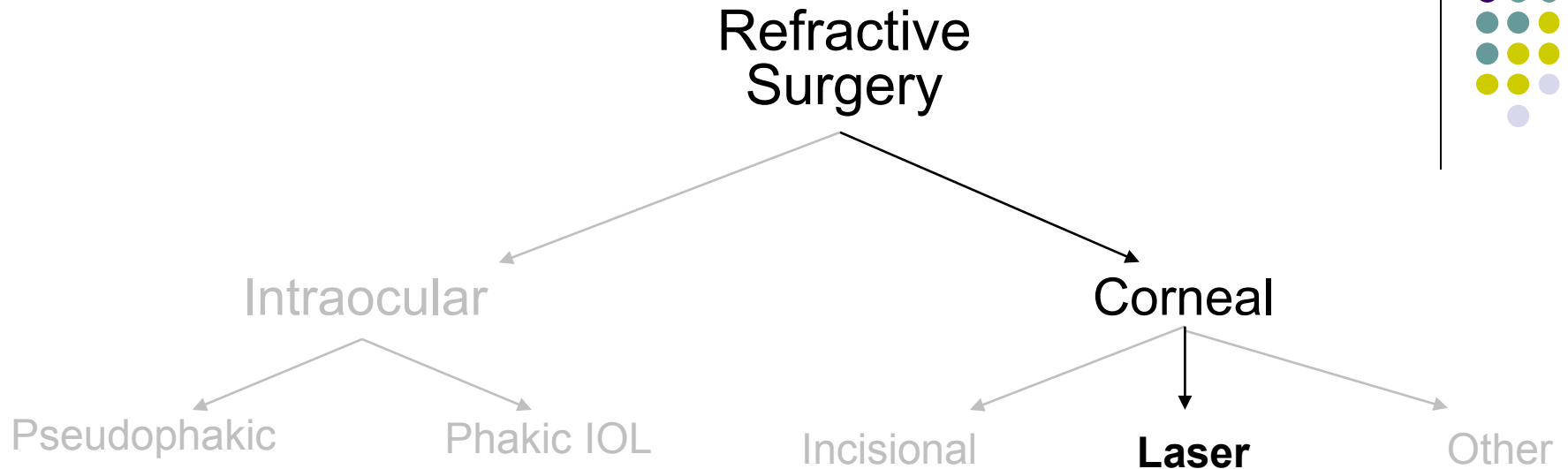
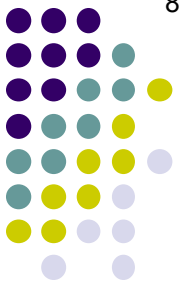
Refractive Surgery Overview



In a *keratoablative laser procedures* (eg, LASIK), the cornea is reshaped so as to offset the effect of the error lens. In **myopic keratoablative surgery**, the central cornea is flattened to reduce its converging power.

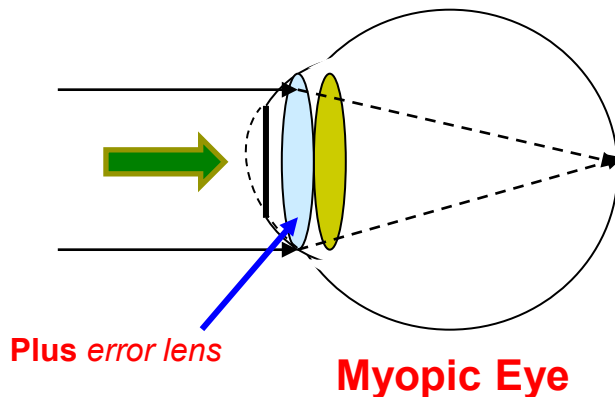


Refractive Surgery Overview

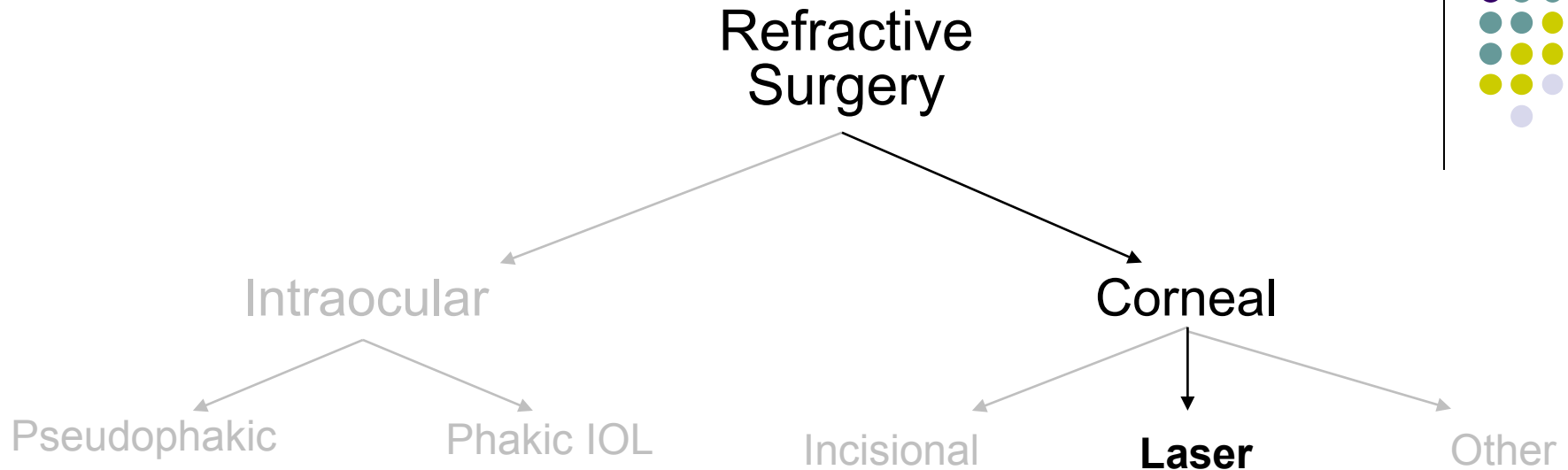


Think of it as shaving down the peak of a mountain in order to make the structure more mesa-like

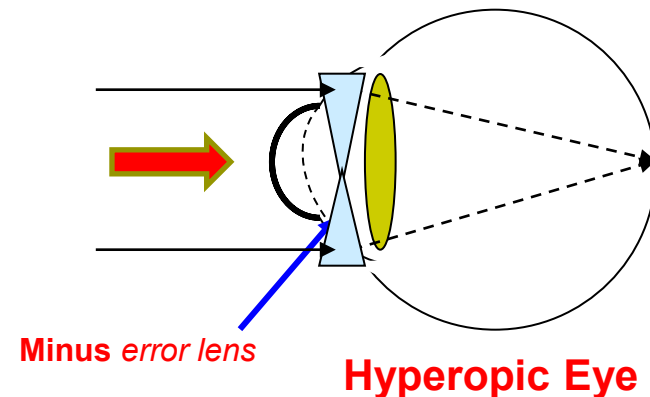
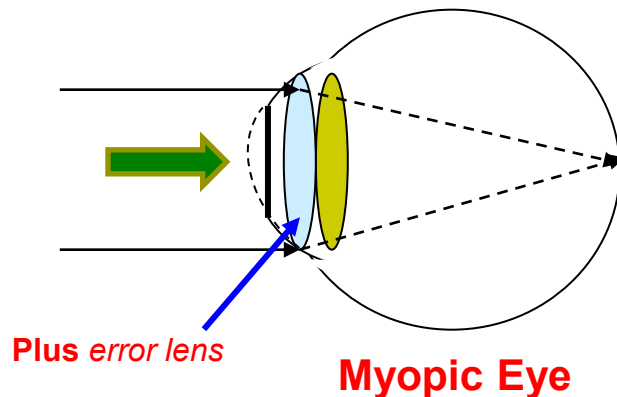
the cornea is reshaped so as to offset the surgery, **the central cornea is flattened**



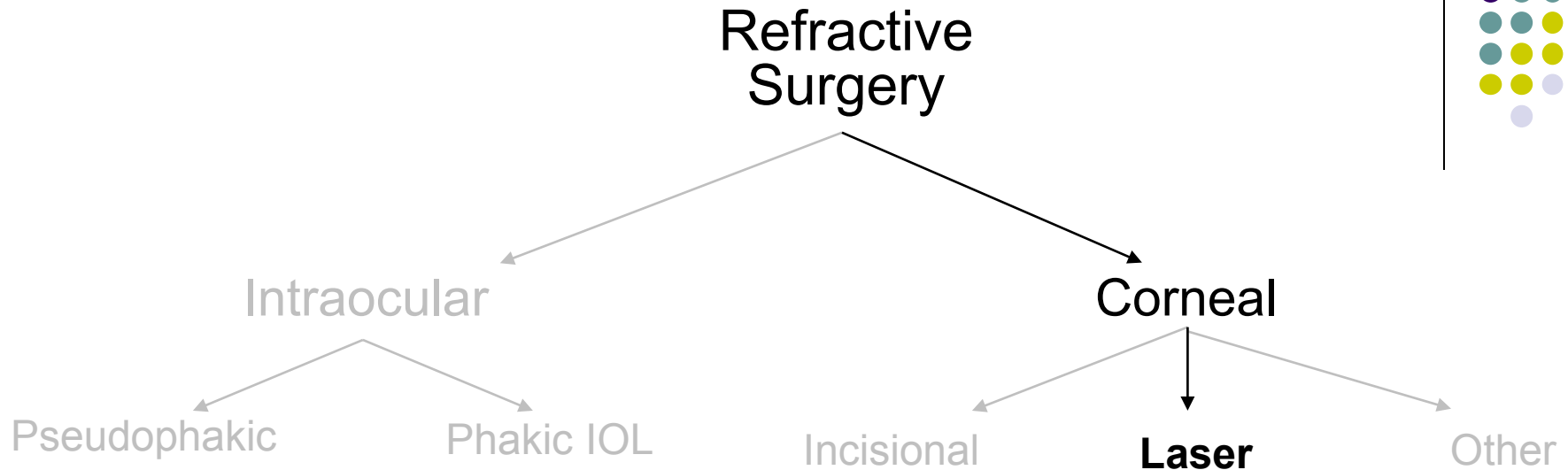
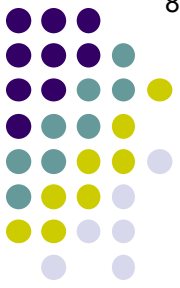
Refractive Surgery Overview



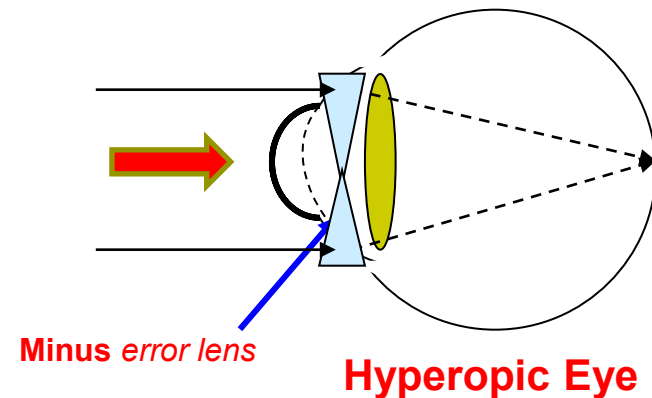
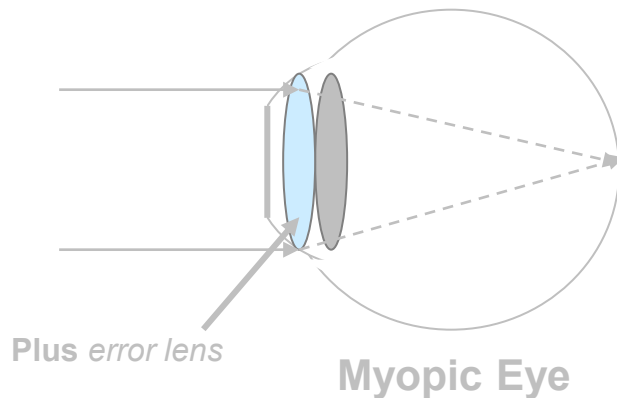
In a *keratoablative laser procedures* (eg, LASIK), the cornea is reshaped so as to offset the effect of the error lens. In **myopic keratoablative surgery**, the central cornea is flattened to reduce its converging power. **Hyperopic keratoablative surgery** is the opposite—the central cornea is *steepened* to *increase* its converging power.



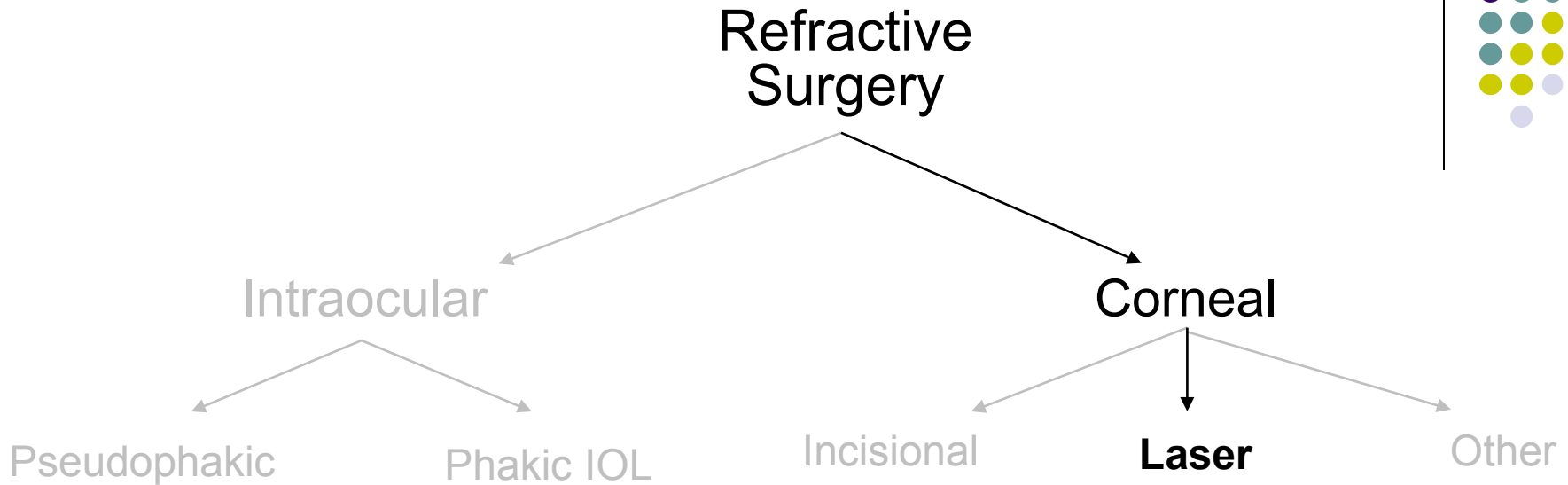
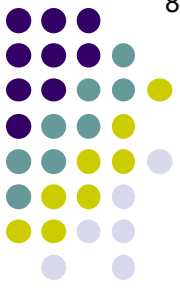
Refractive Surgery Overview



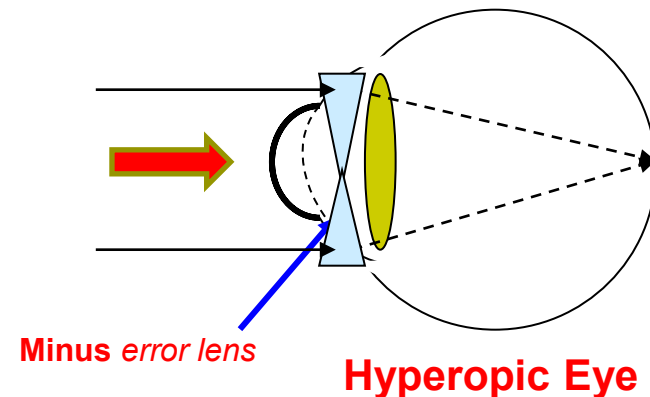
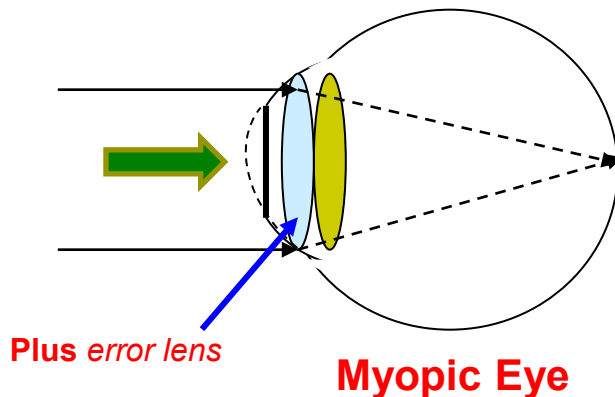
In a *keratoablative laser procedures* (eg, LASIK), the effect of the error lens. In **myopic keratoablation**, the central cornea is **steepened** to reduce its converging power. **Hyperopic keratoablation** is akin to shaving down the **rim** of a **mesa** in order to make its structure more mountain-like



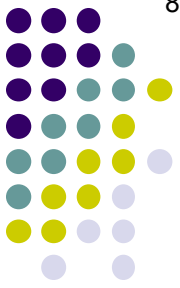
Refractive Surgery Overview



Note that, by definition, keratoablative refractive surgery involves reshaping the central cornea (and thereby altering its refractive power) via the removal (by annihilation) of corneal tissue



Refractive Surgery Overview



Refractive Surgery

Intraocular

Corneal

*One laser-based keratorefractive procedure does *not* involve tissue annihilation, rather, in it a section of corneal stroma is carved, then removed *en bloc*

Pseudophakic

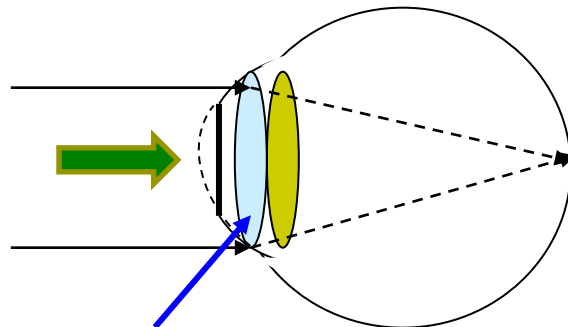
Phakic IOL

Incisional

Laser

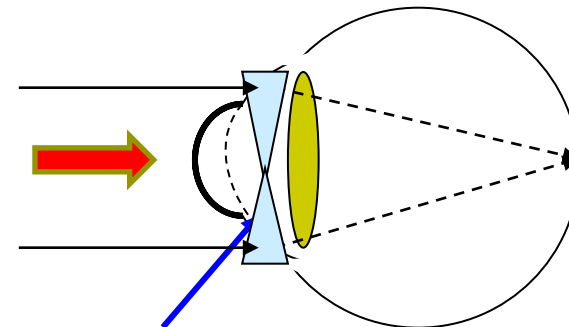
Other

Note that, by definition, keratoablative refractive surgery involves reshaping the central cornea (and thereby altering its refractive power) via **the removal (by annihilation) of corneal tissue***



Plus error lens

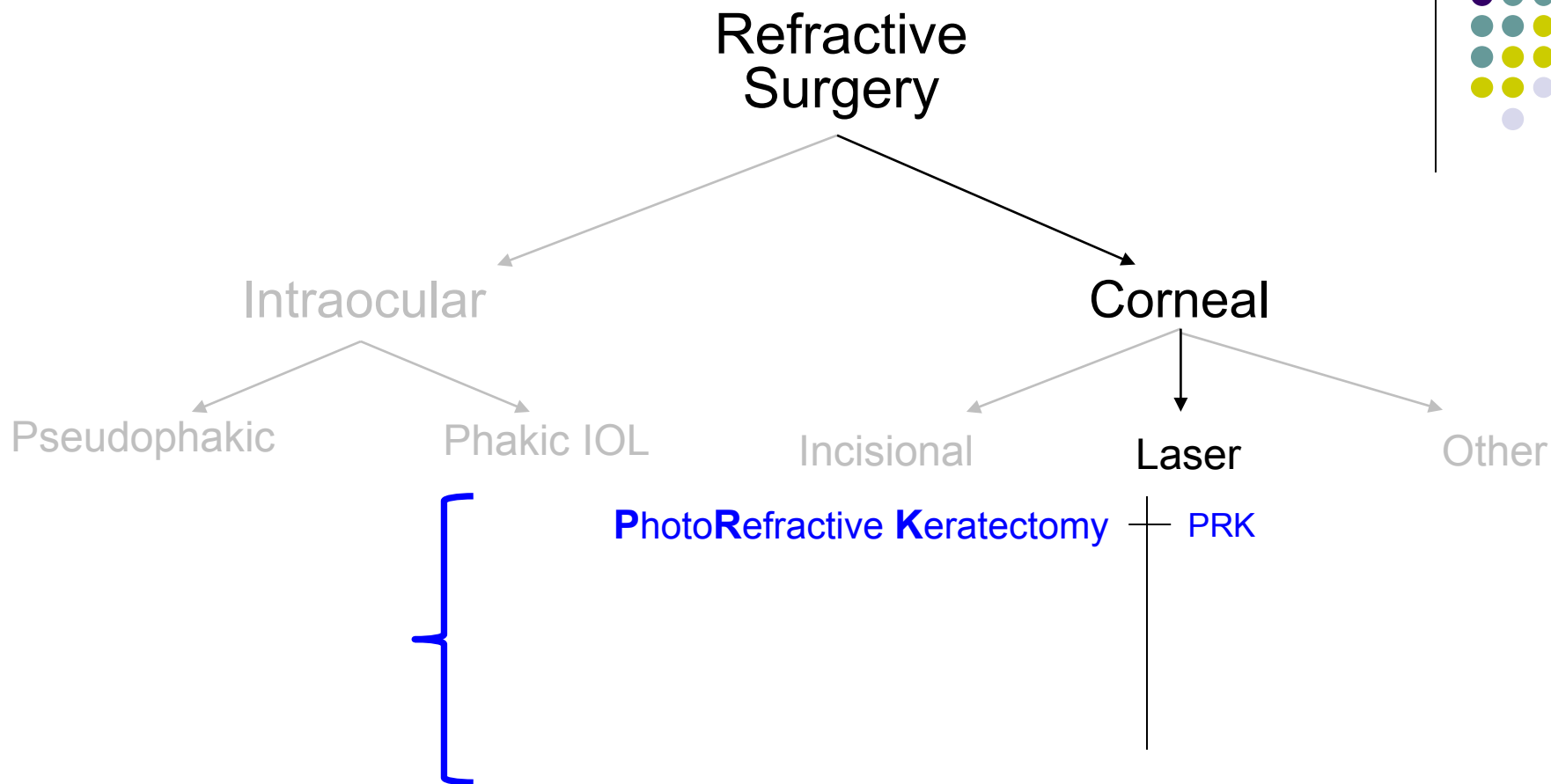
Myopic Eye



Minus error lens

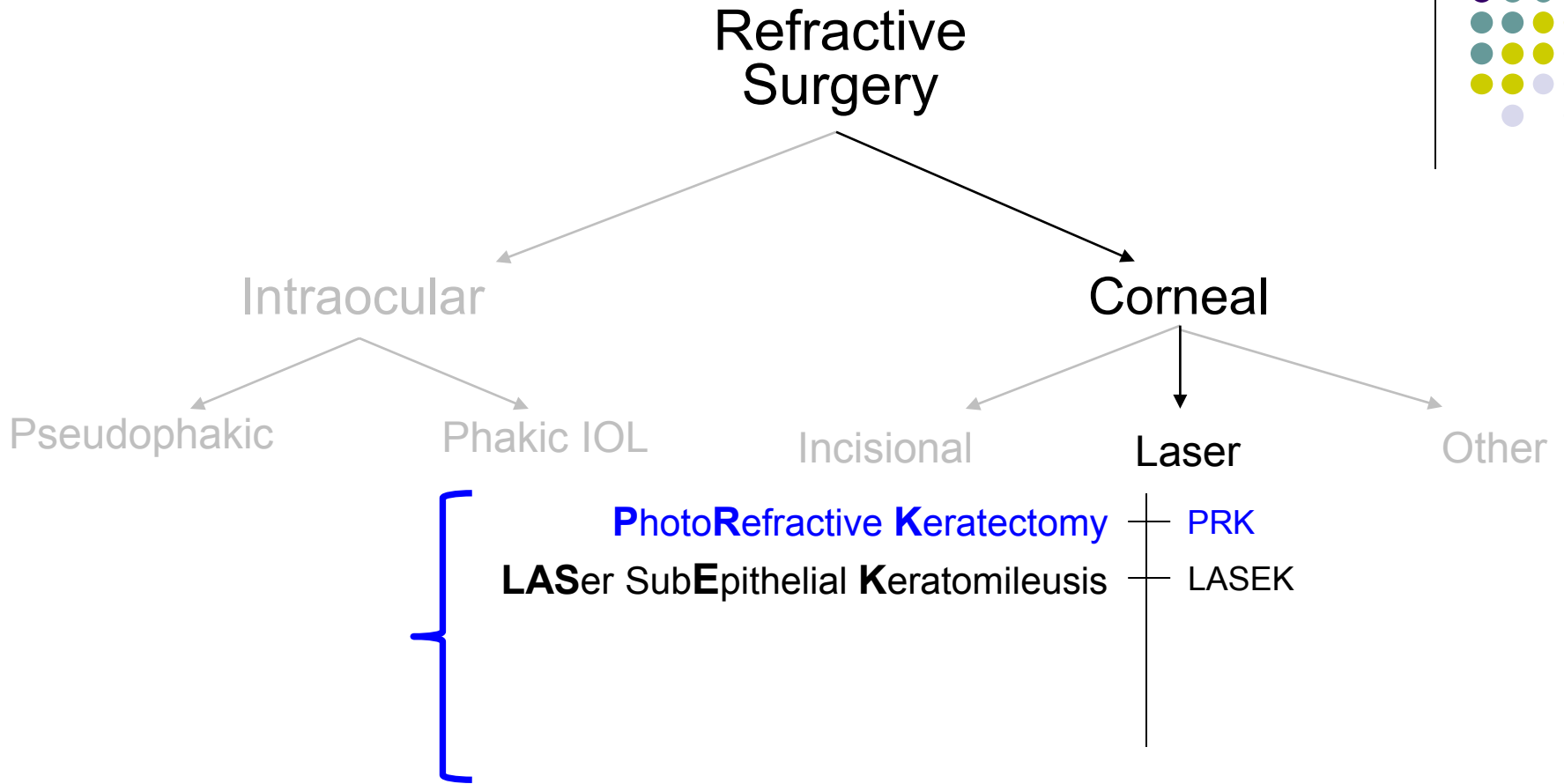
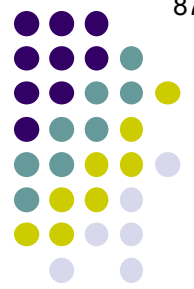
Hyperopic Eye

Refractive Surgery Overview



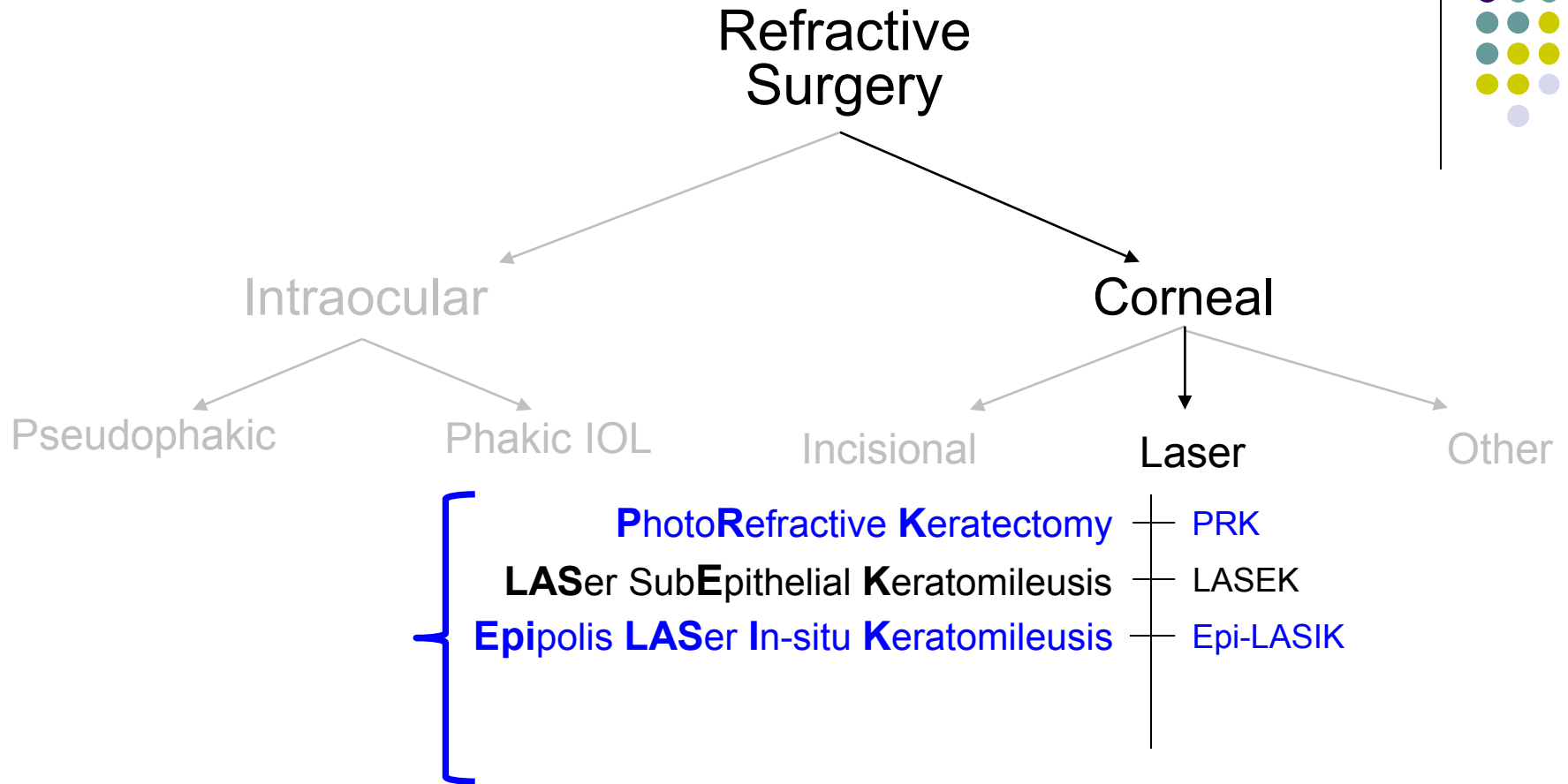
These are the *laser-based keratorefractive procedures* covered in the *BCSC* book

Refractive Surgery Overview



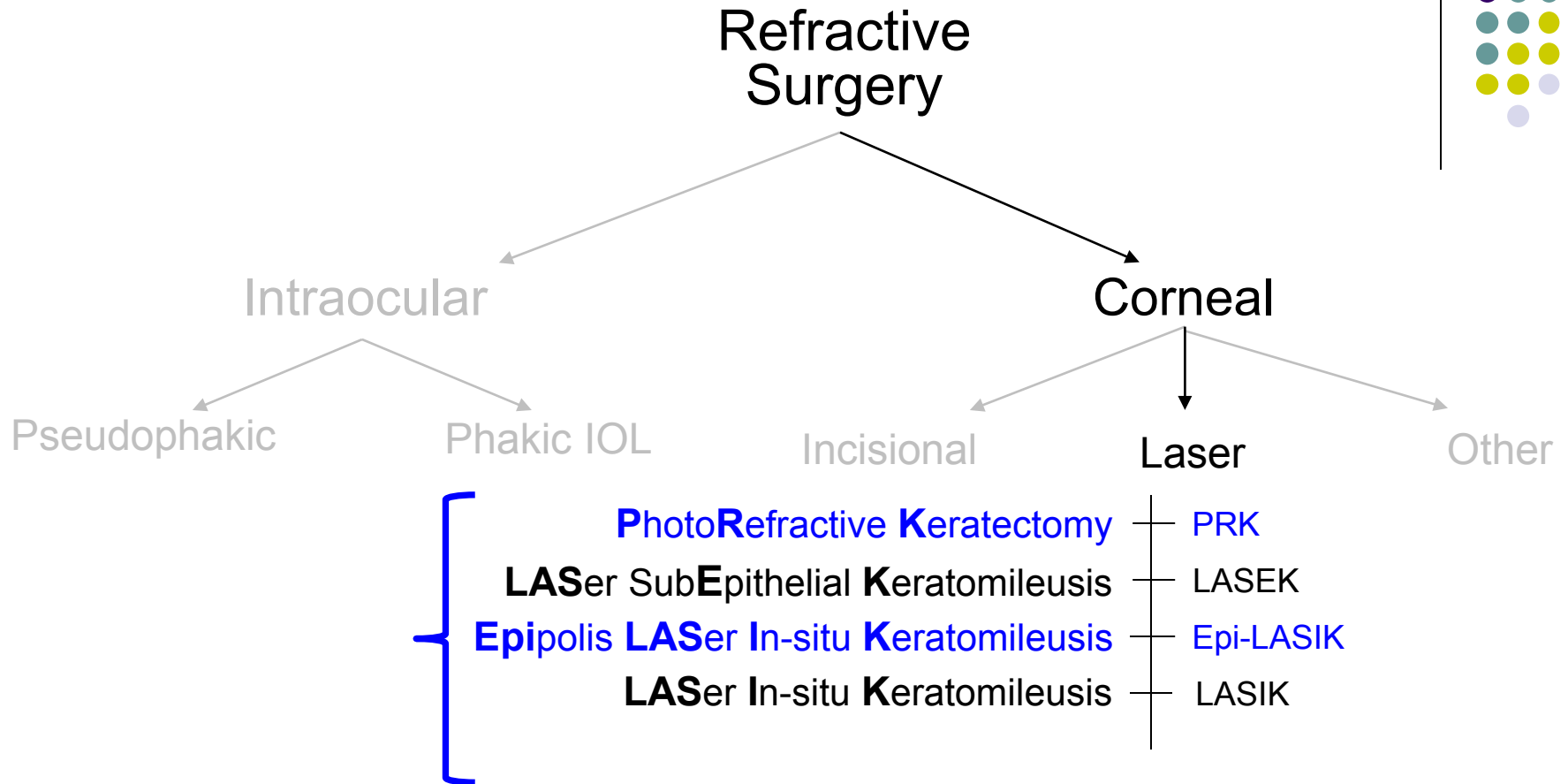
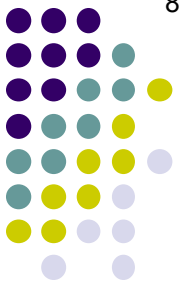
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Refractive Surgery Overview



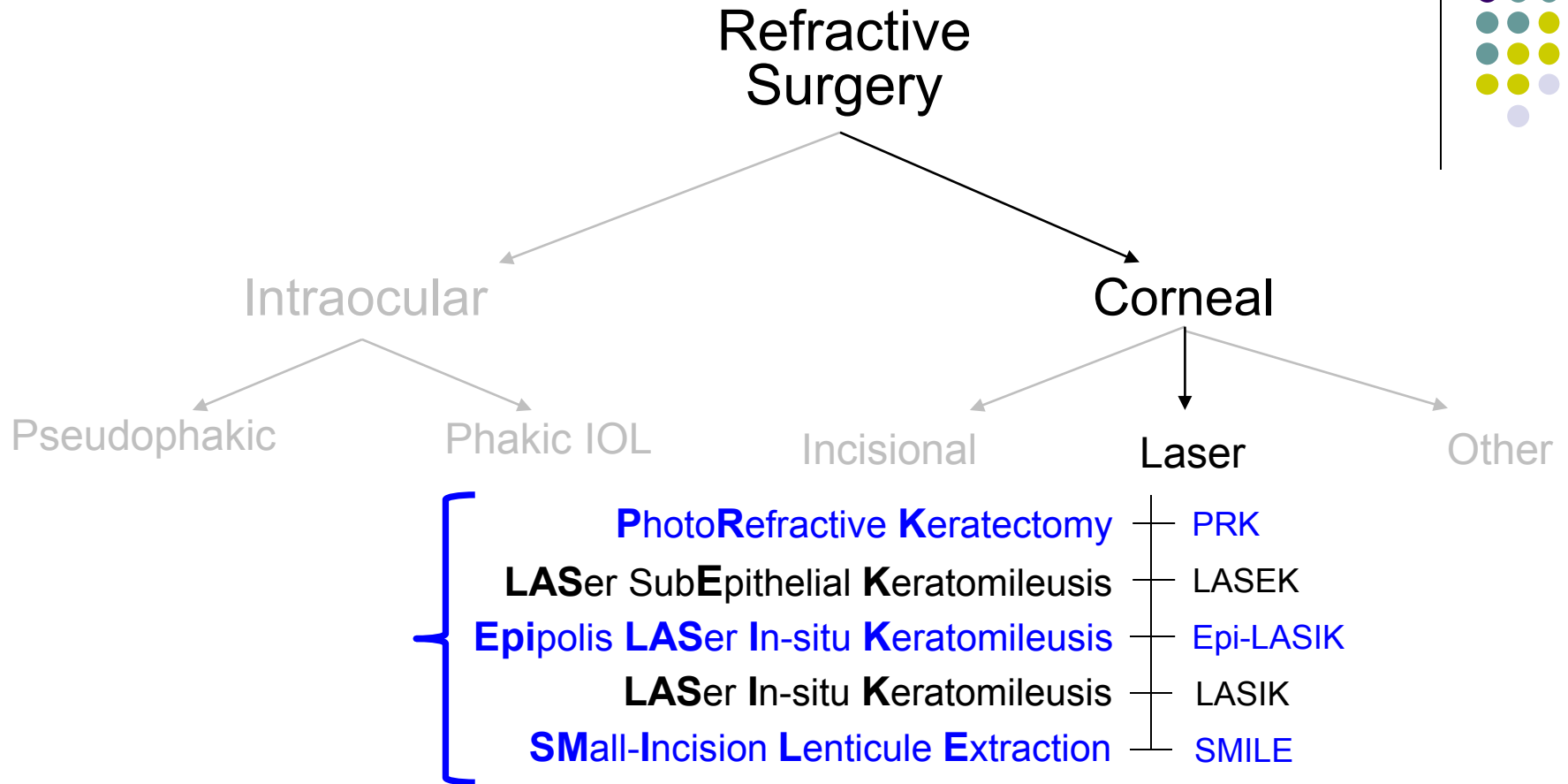
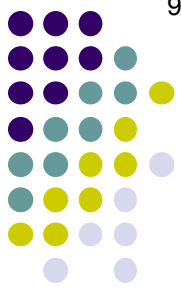
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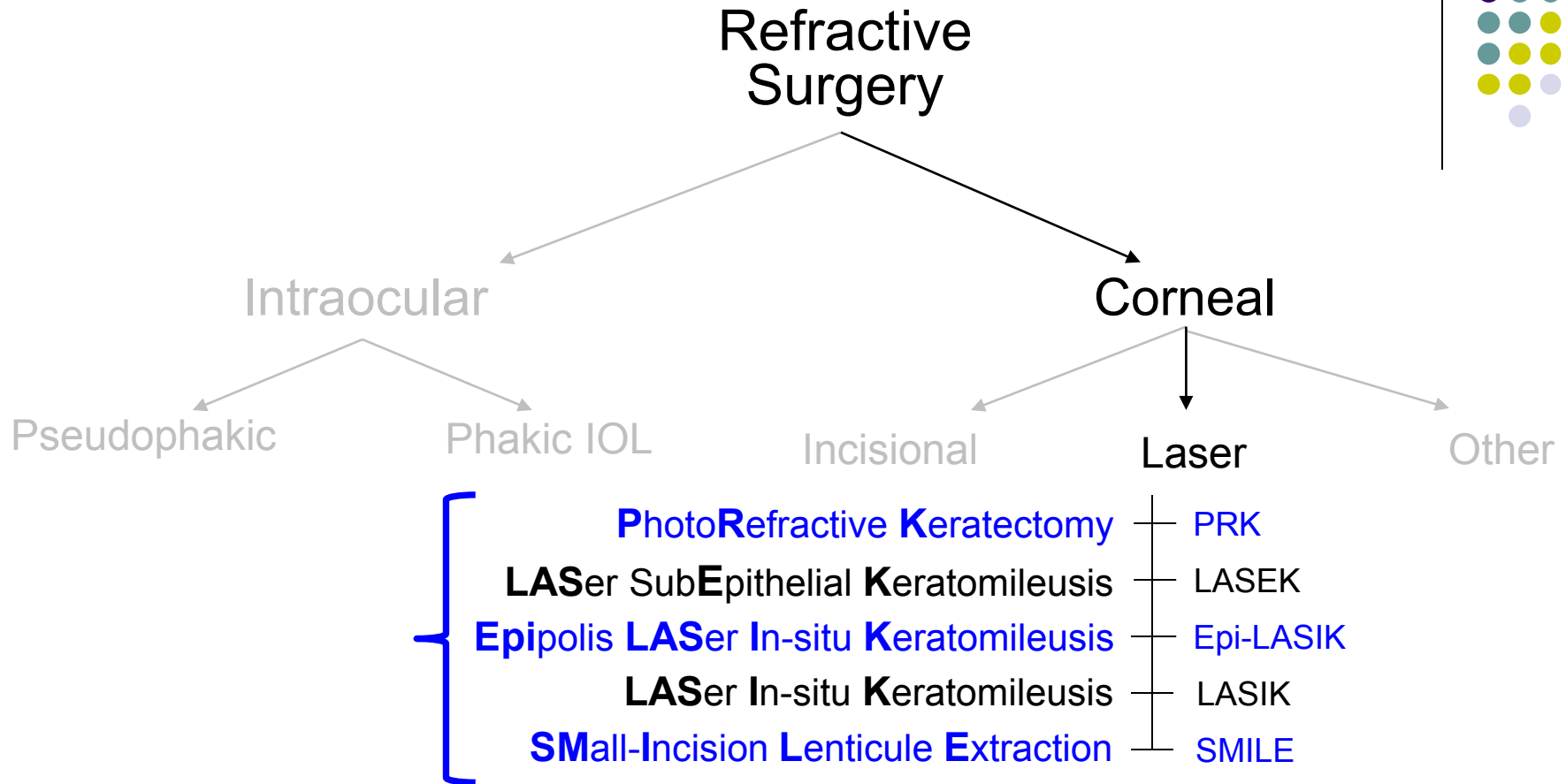
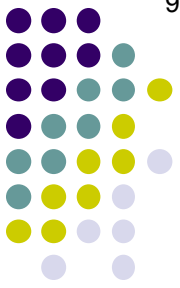
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Refractive Surgery Overview



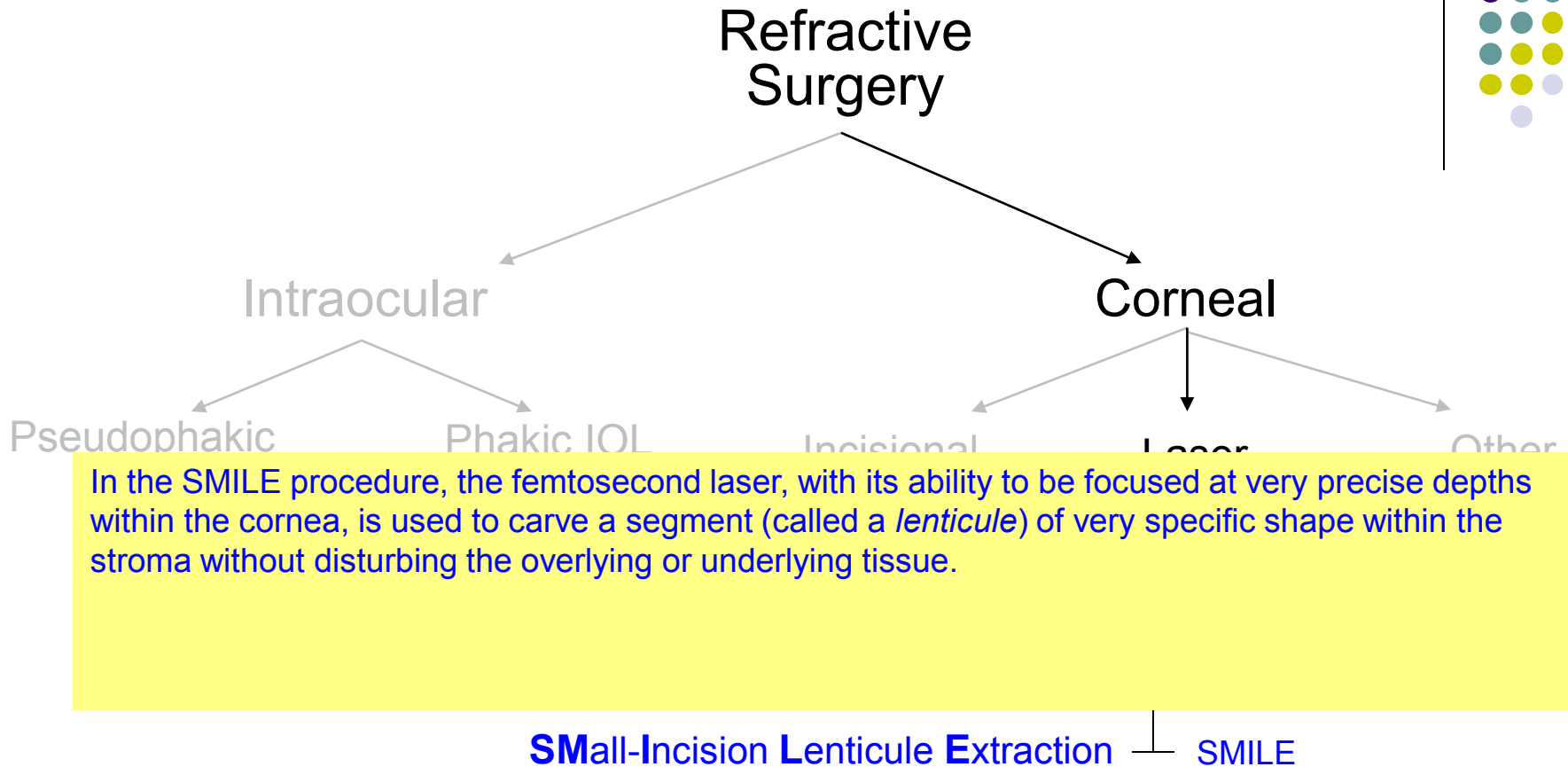
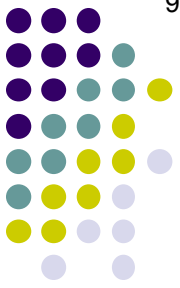
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Refractive Surgery Overview



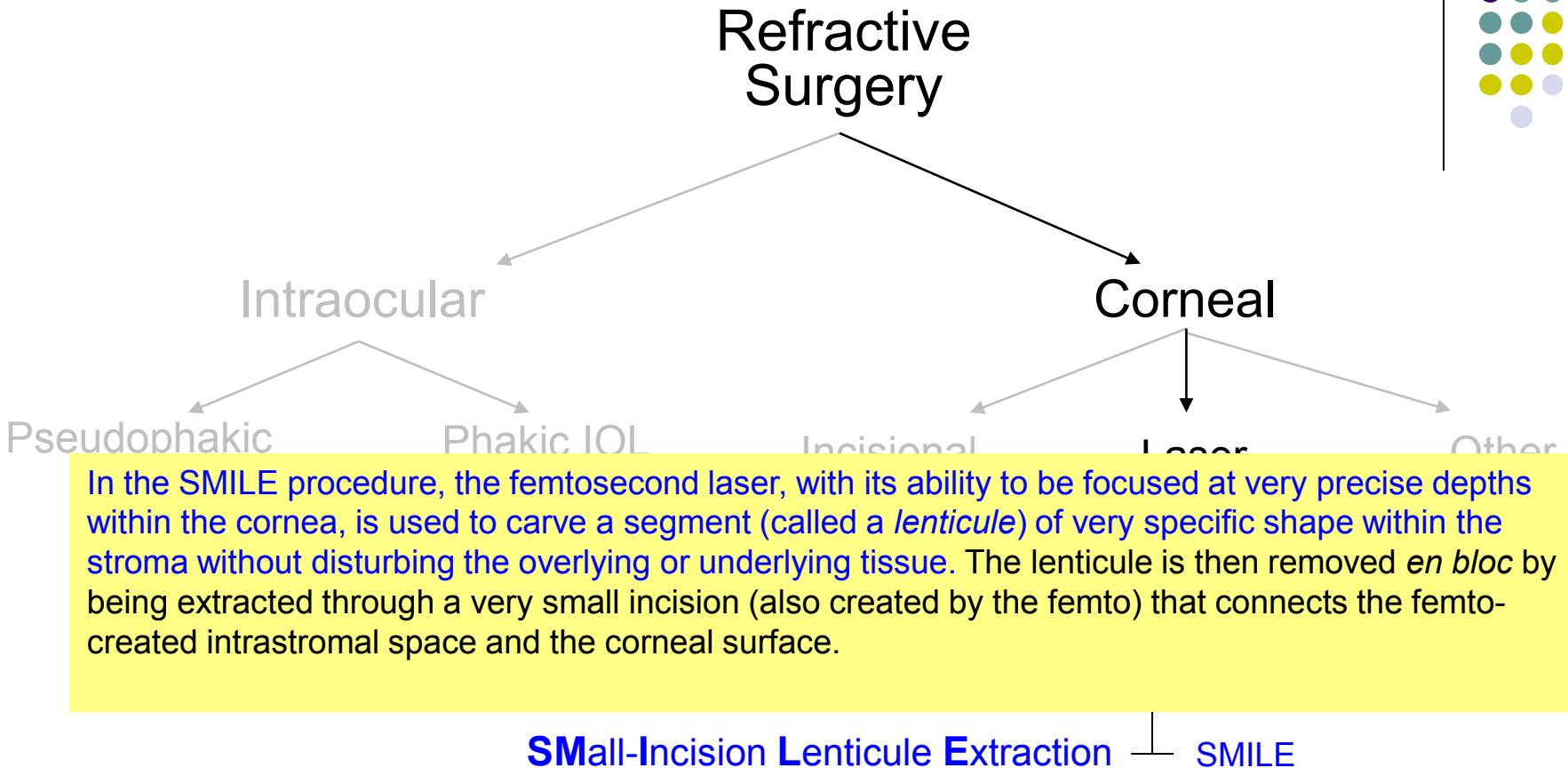
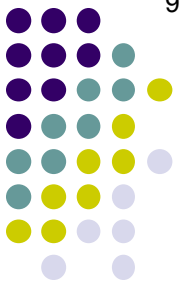
These are the *laser-based keratorefractive procedures* covered in the *BCSC* book. All are ablative except for *SMILE*, which is the nonablative one referred to on a recent slide.

Refractive Surgery Overview



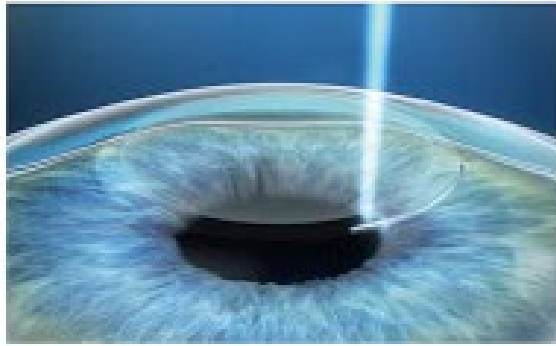
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Refractive Surgery Overview

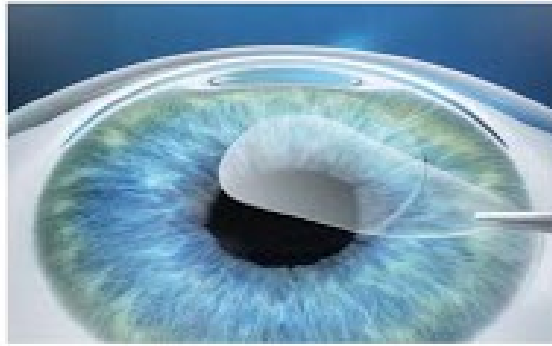


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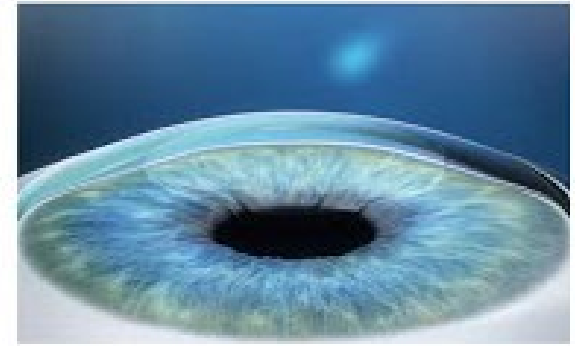
Refractive Surgery Overview



Creation of lenticule and small access (< 4 mm)



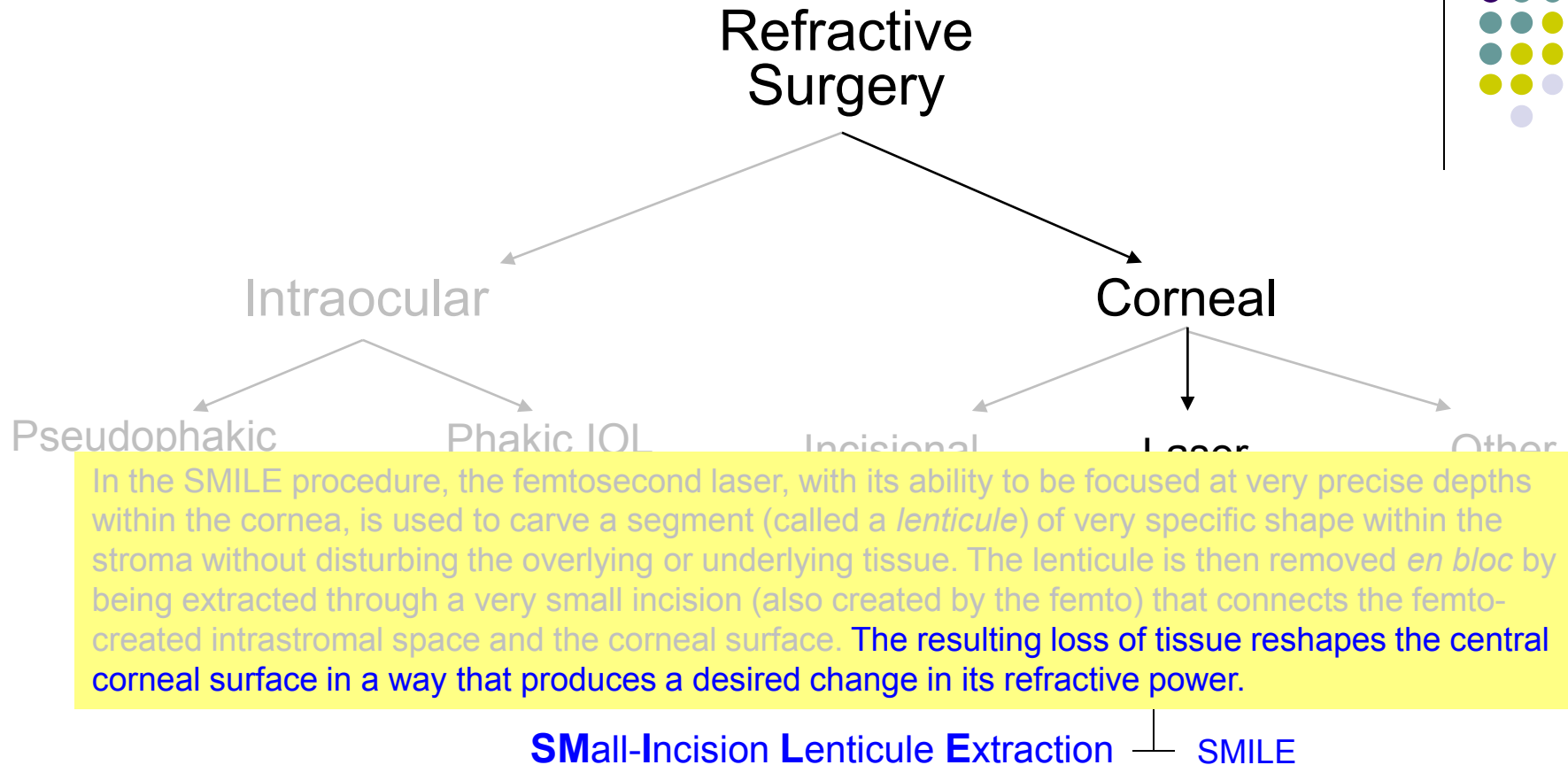
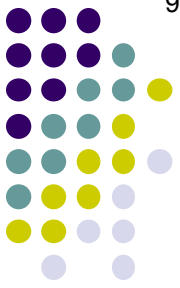
Removal of the lenticule



Refractive error is corrected

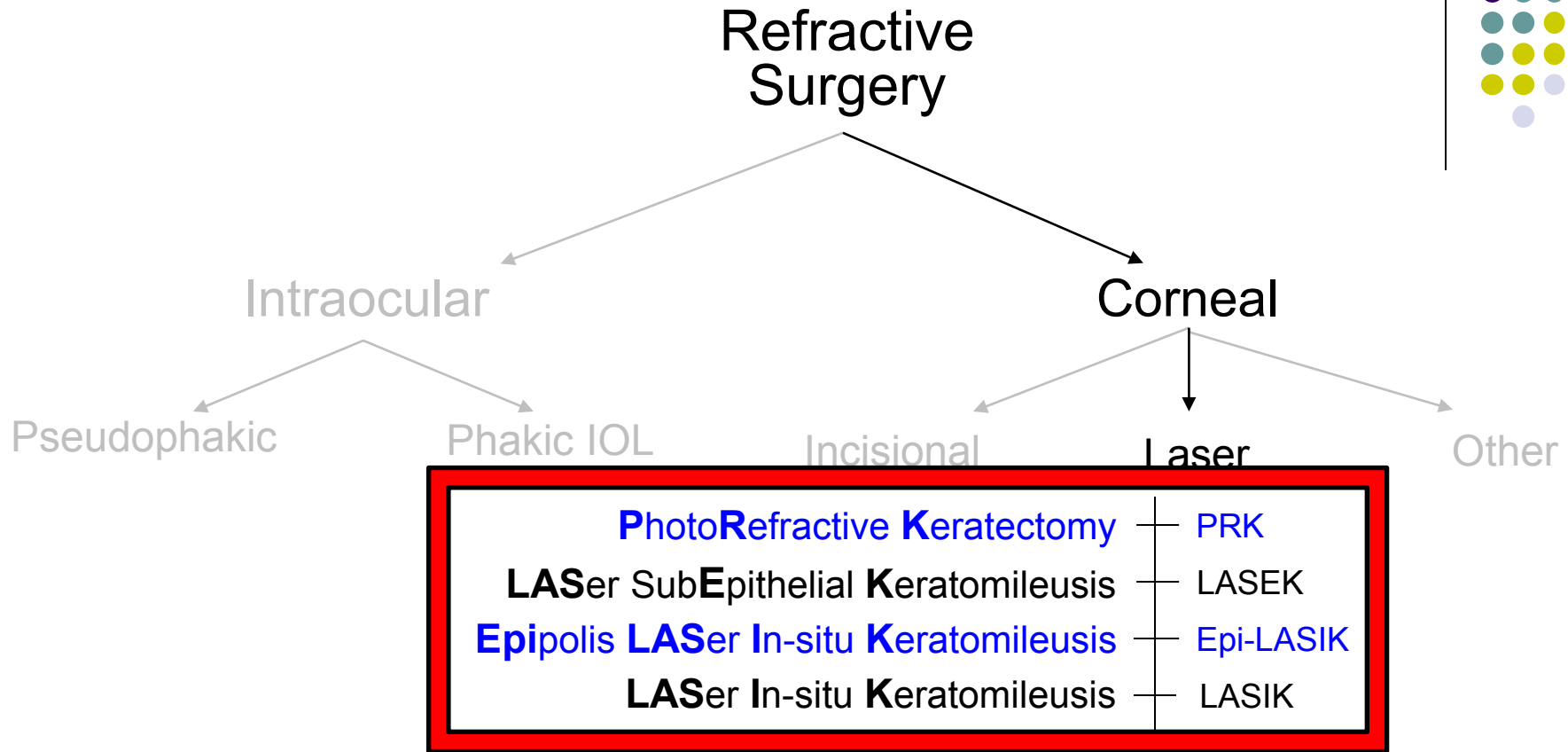
SMILE

Refractive Surgery Overview



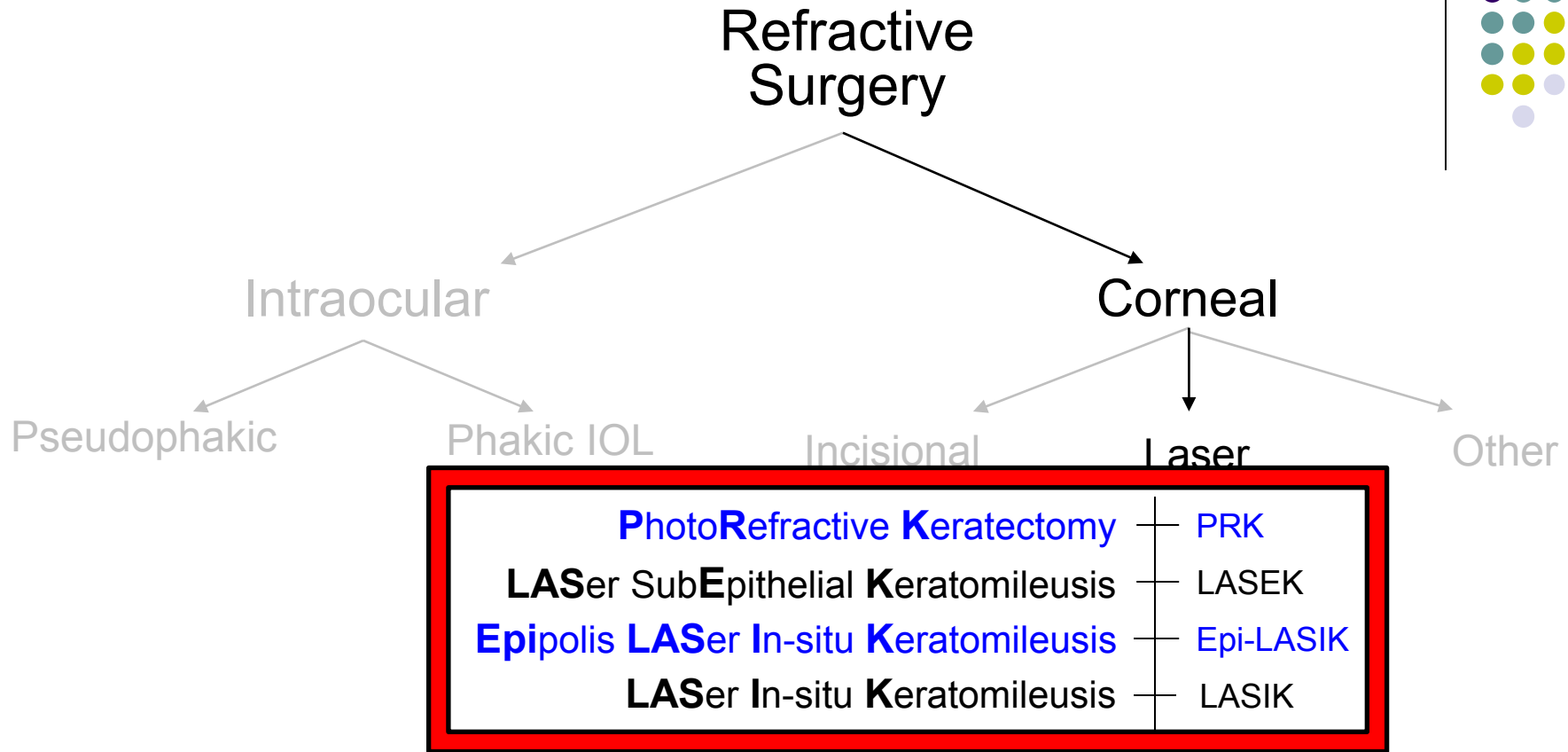
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Refractive Surgery Overview



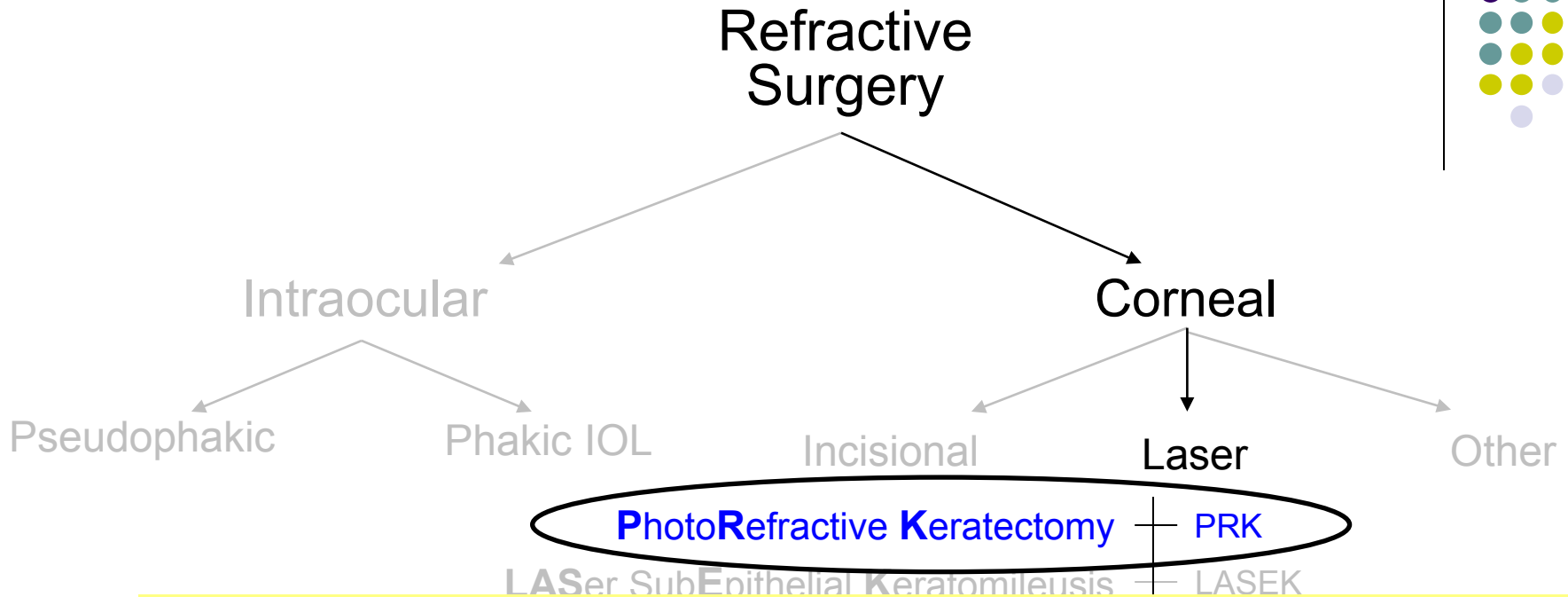
In **keratoablative procedures**, remodeling of the central cornea occurs via annihilation of the corneal stroma with an excimer laser. But before the excimer can get to the stroma, the corneal epithelium has to get out of the way.

Refractive Surgery Overview



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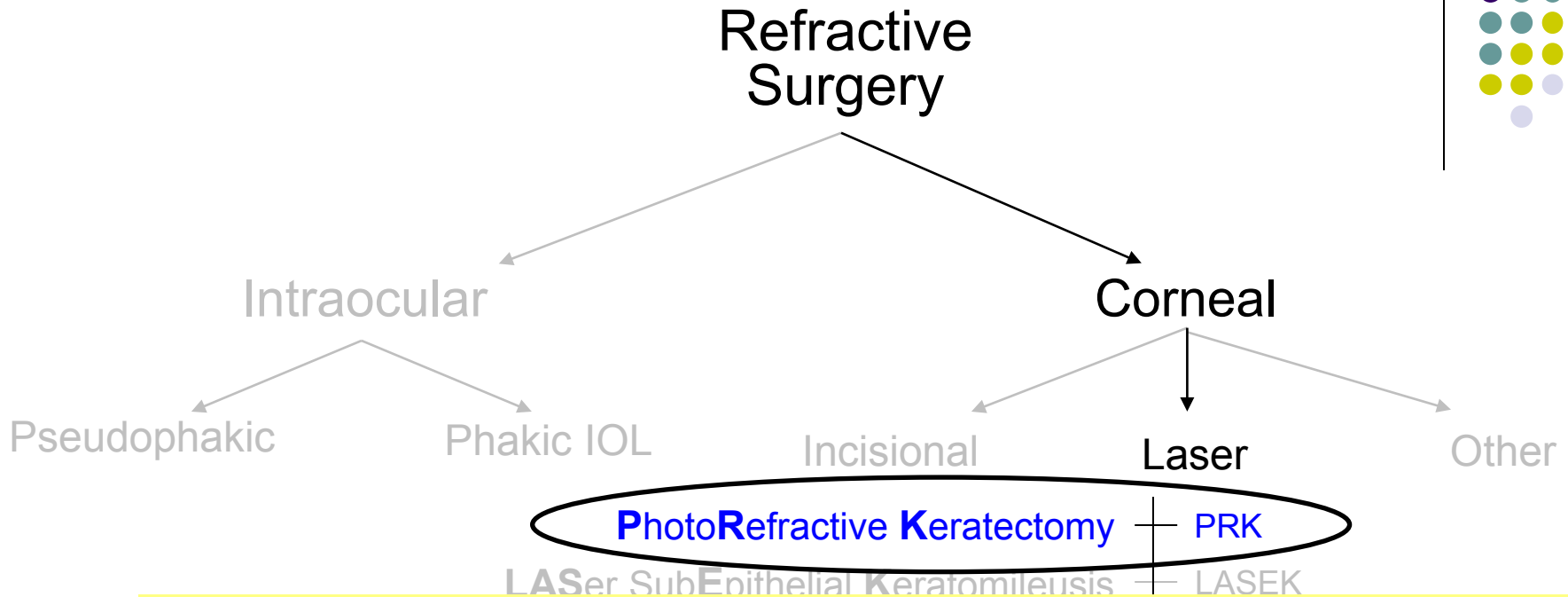
Refractive Surgery Overview



In **PRK**, the handling of the epithelium couldn't be more straightforward. It is simply cast aside—via scraping, chemical destruction, brushing, lasing, etc. This makes PRK the simplest of the laser keratorablative procedures: get the epithelium out of the way, then forget about it.

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Refractive Surgery Overview

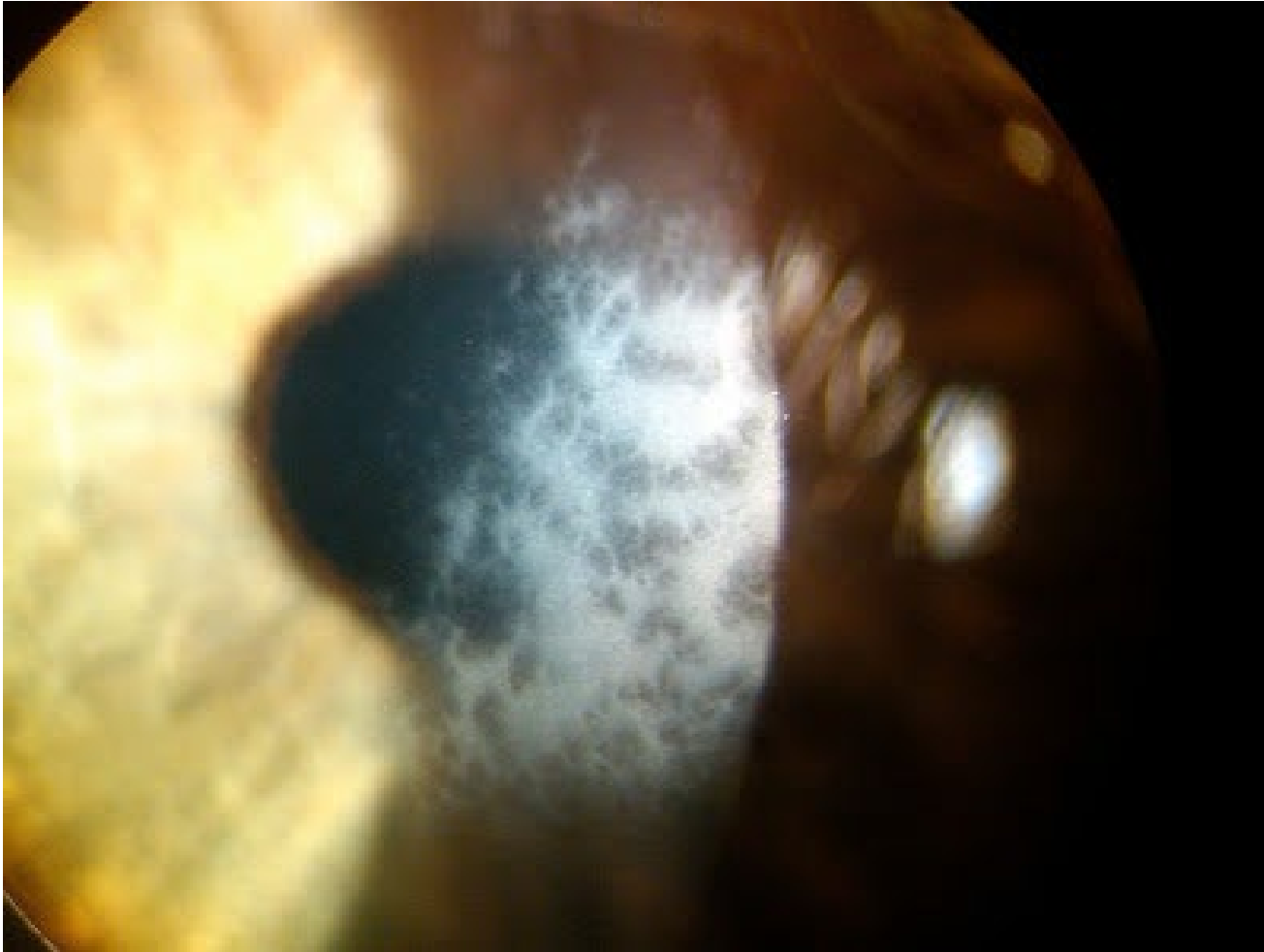


In **PRK**, the handling of the epithelium couldn't be more straightforward. It is simply cast aside—via scraping, chemical destruction, brushing, lasing, etc. This makes PRK the simplest of the laser keratorablative procedures: get the epithelium out of the way, then forget about it.

However, PRK is associated with several post-operative complications that render it problematic, two of which are 1) it produces significant post-op pain, and 2) it is associated with an increased risk of post-op haze formation—a potentially sight-threatening development.

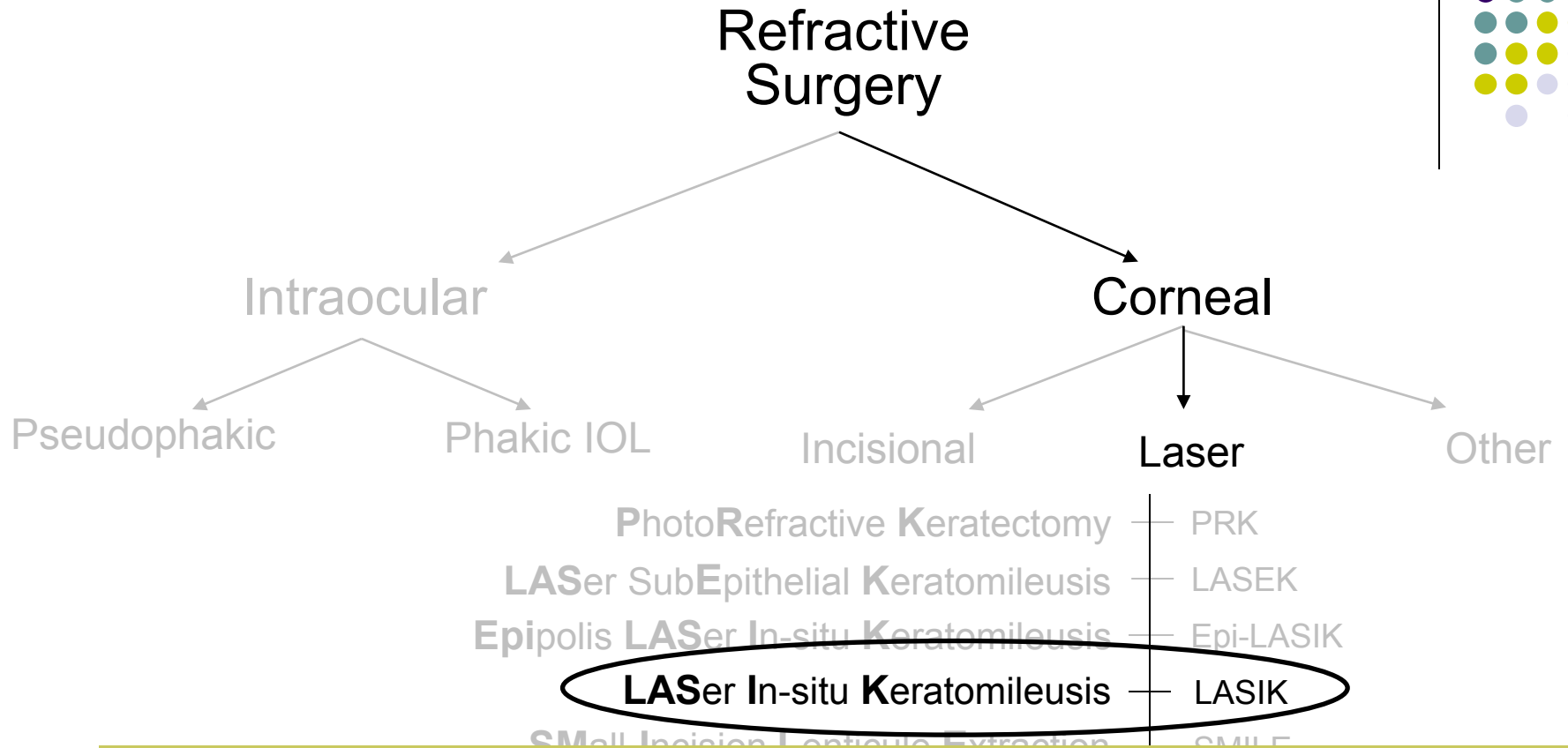
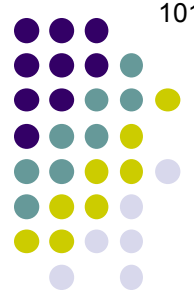
In **keratoablative procedures**, remodeling of the central cornea occurs via annihilation of the corneal stroma with an excimer laser. But before the excimer can get to the stroma, the corneal epithelium has to get out of the way. [The four keratoablative procedures differ solely in how the epithelium is handled.](#)

Refractive Surgery Overview



Post-PRK haze

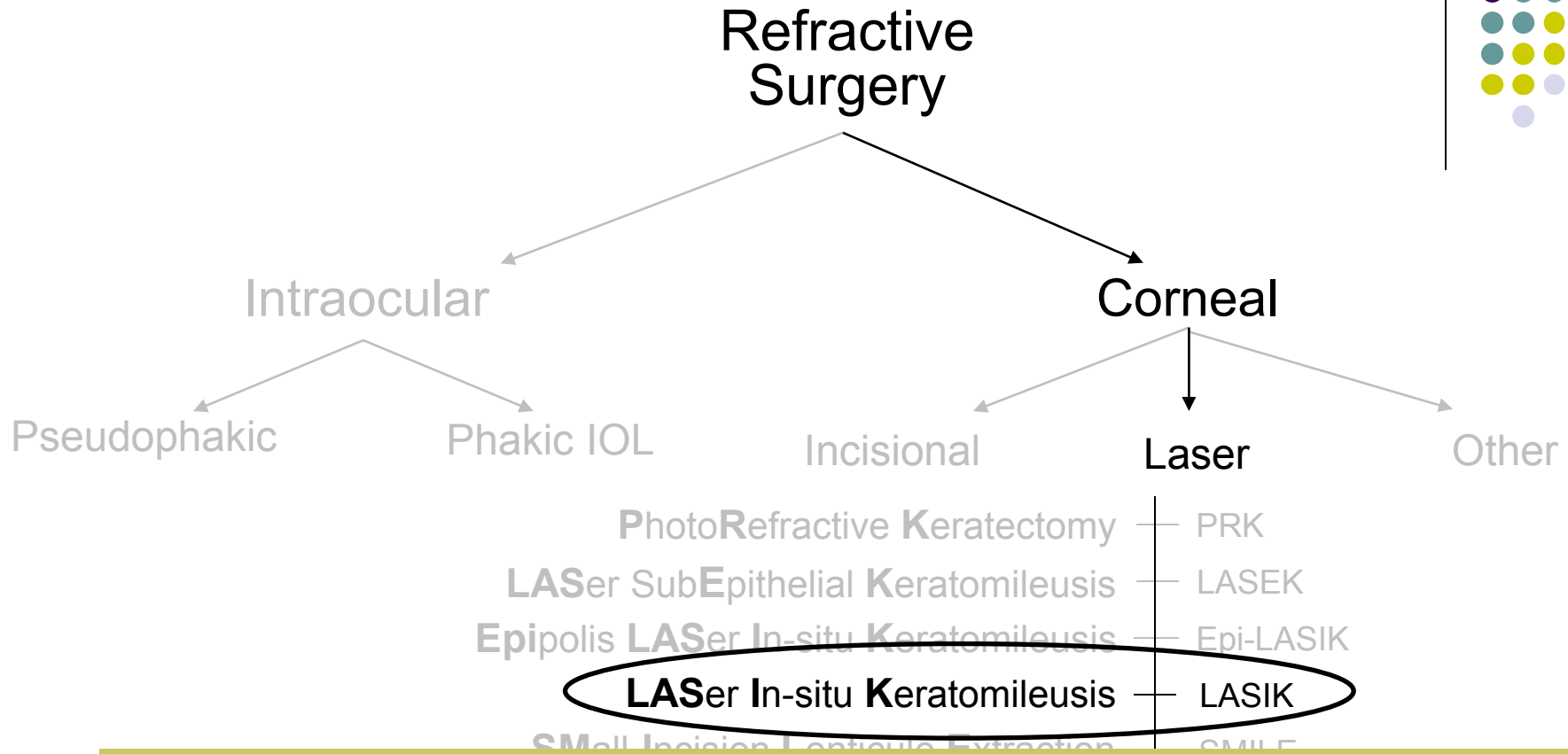
Refractive Surgery Overview



In contrast, the well-known **LASIK** procedure deals with the epithelium by doing an end-run around it.

the corneal epithelium has to get out of the way. The four keratoablative procedures differ solely in how the epithelium is handled.

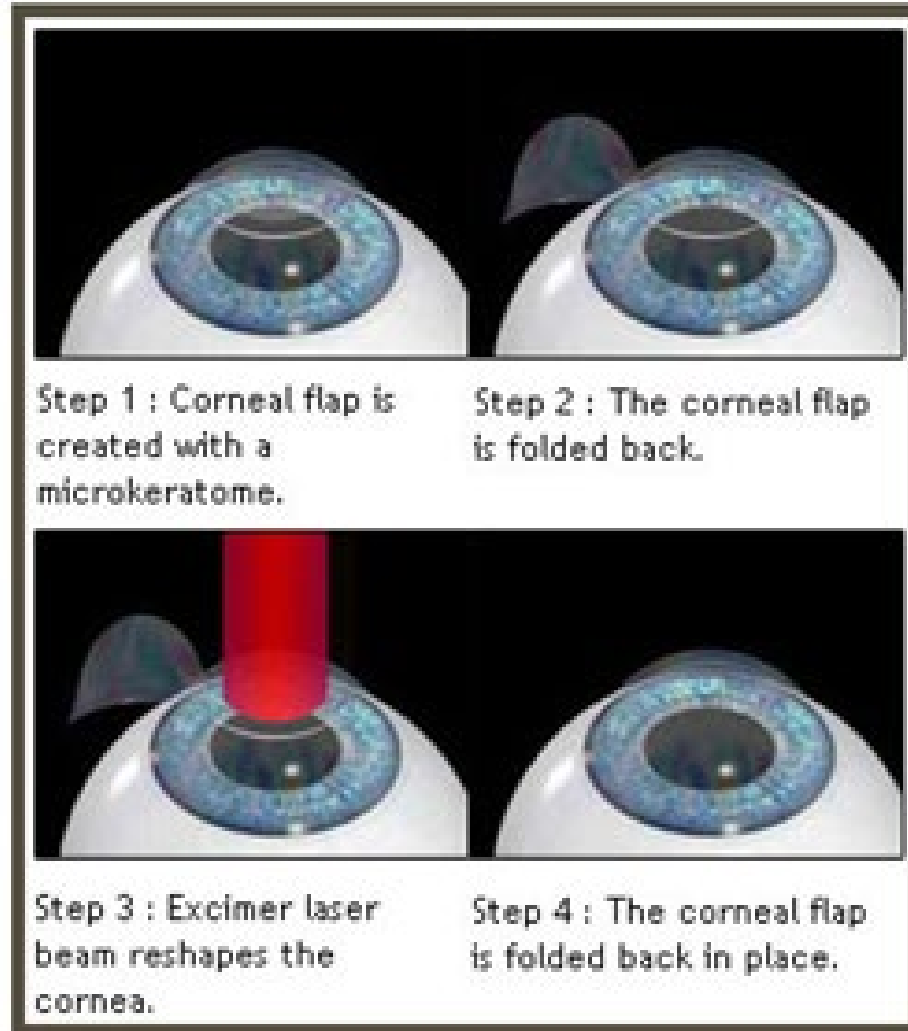
Refractive Surgery Overview



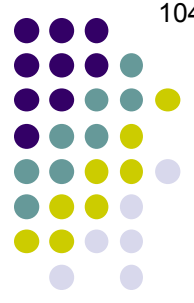
In contrast, the well-known **LASIK** procedure deals with the epithelium by doing an end-run around it. A hinged flap is cut in the stroma and reflected, thereby moving the overlying epithelium out of the treatment area. The underlying stromal bed is then lased, and the flap (with its intact epithelium) is laid back in place. Far less pain; vastly reduced risk of haze formation.

the corneal epithelium has to get out of the way. [The four keratoablative procedures differ solely in how the epithelium is handled.](#)

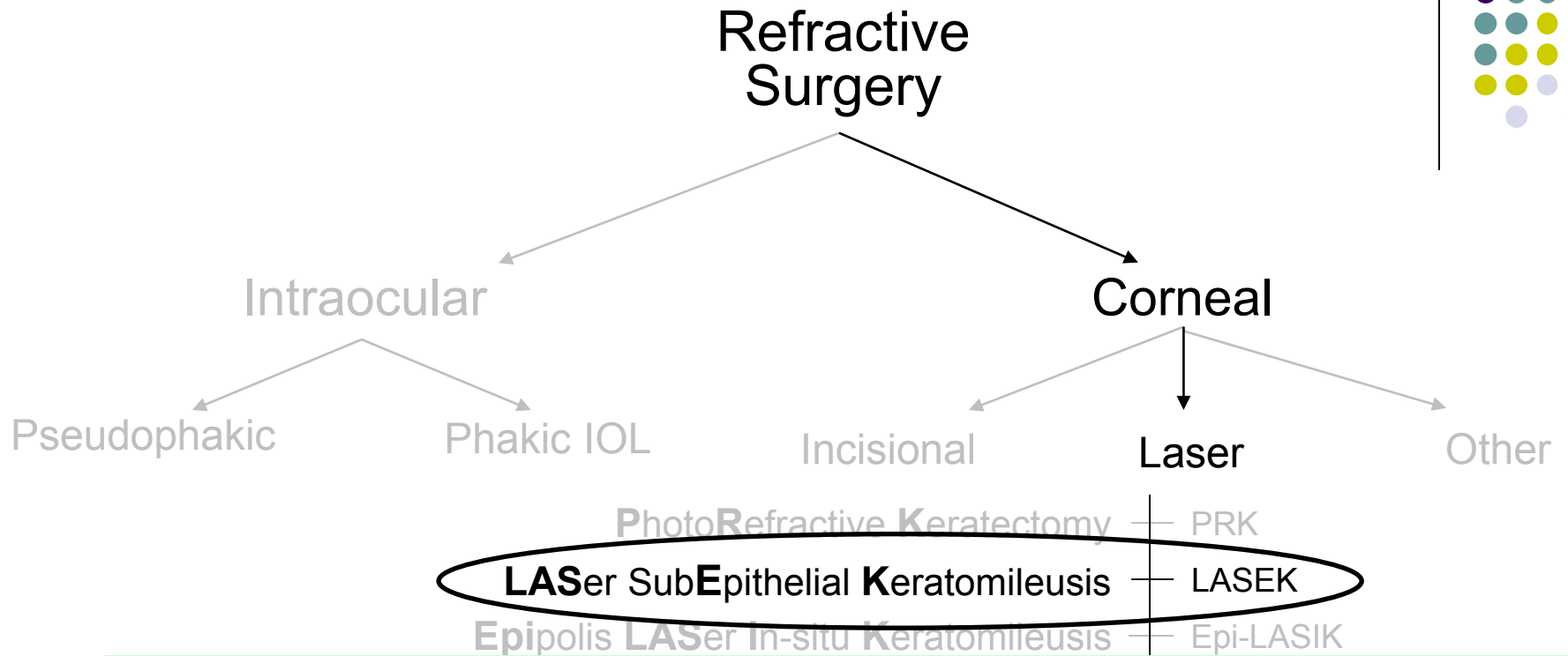
Refractive Surgery Overview



LASIK



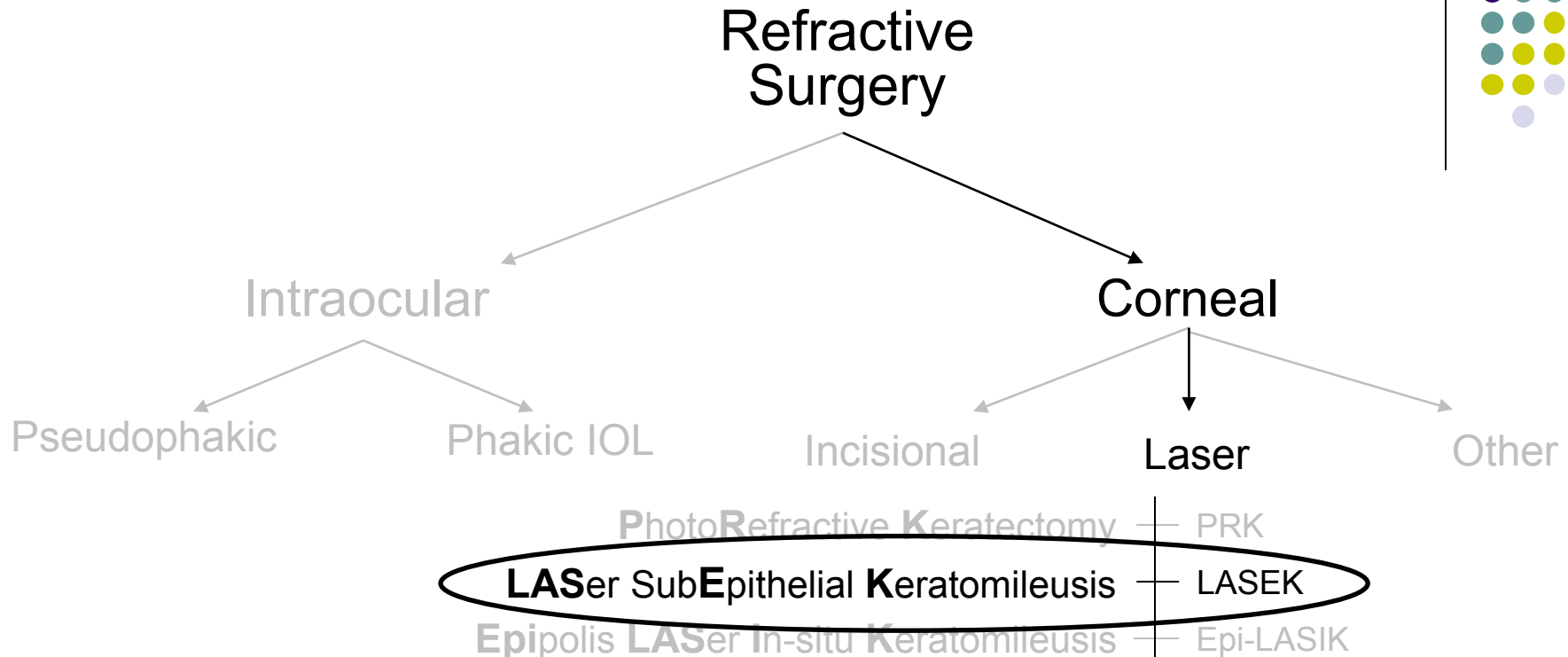
Refractive Surgery Overview



Like PRK, LASEK is a 'surface ablation' procedure. However, it deals very differently with the corneal epithelium.

In k
of t
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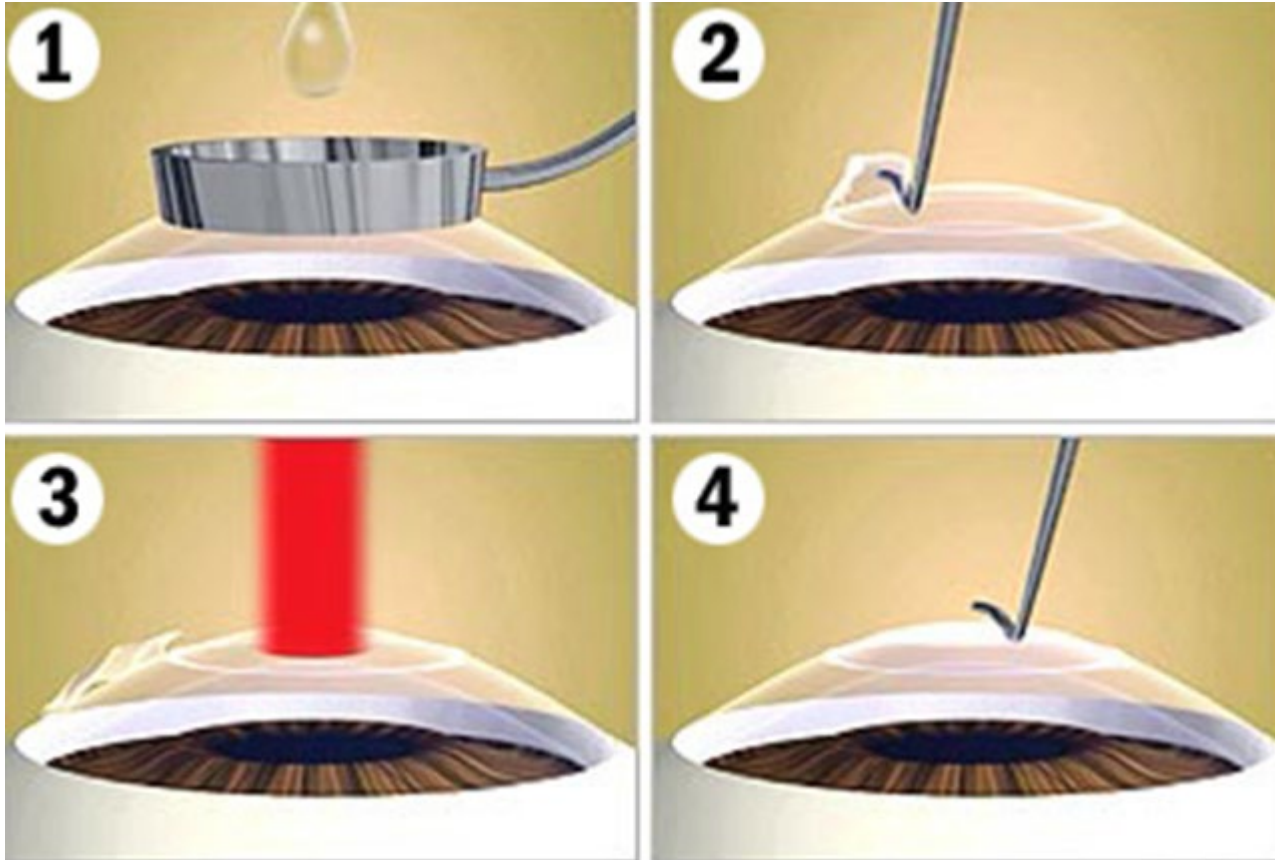
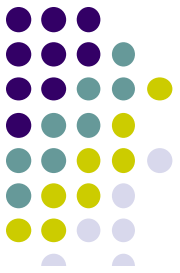
Refractive Surgery Overview



Like PRK, LASEK is a 'surface ablation' procedure. However, it deals very differently with the corneal epithelium. In LASEK, the epithelium is chemically devitalized and loosened by bathing it in an alcohol solution. The loosened epithelium is then folded back, and the ablation is performed. Following the ablation, this 'epithelial flap' is smoothed back into place and covered with a bandage CL.

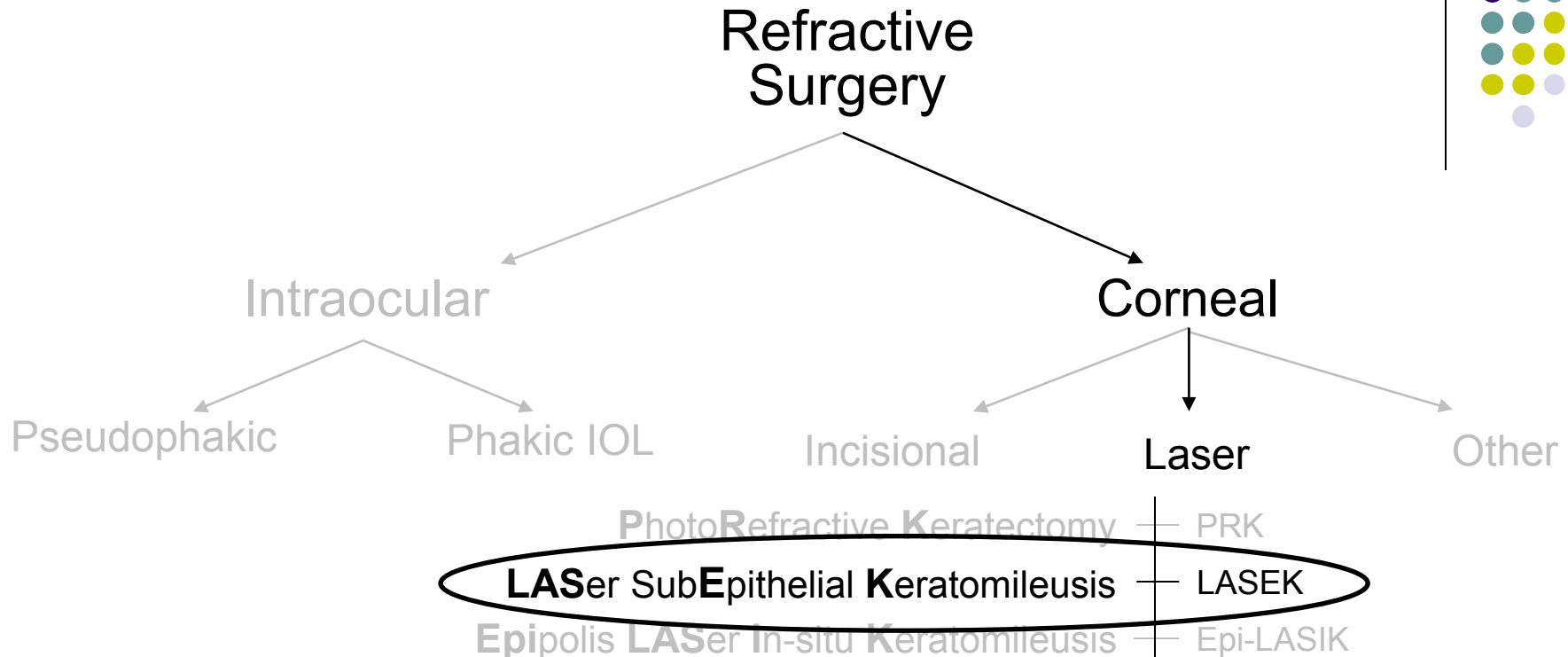
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Refractive Surgery Overview



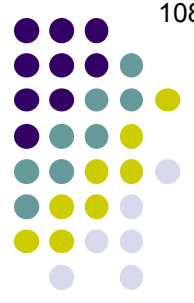
LASEK

Refractive Surgery Overview

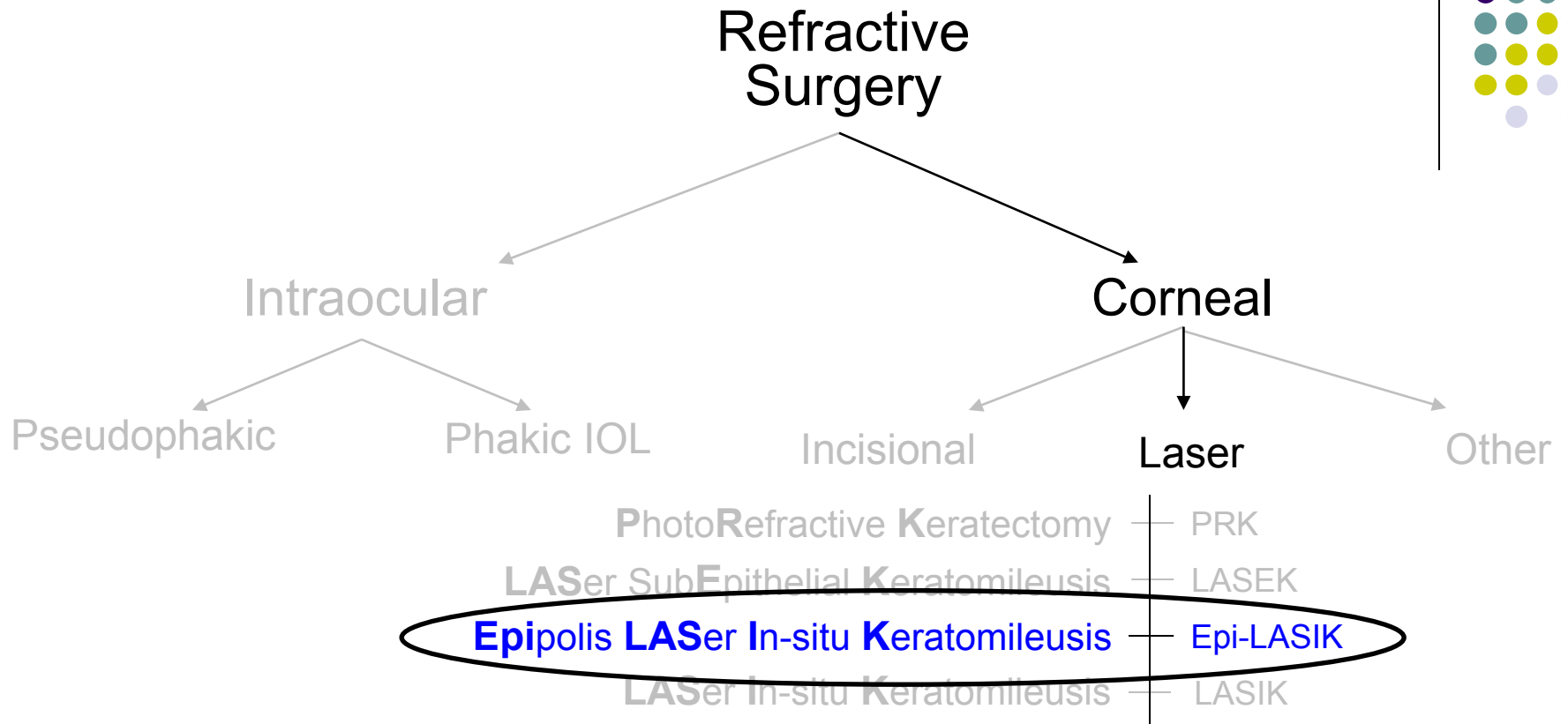


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In k
of t
the corneal epithelium has to get out of the way. [The four keratoablative procedures differ solely in how the epithelium is handled.](#)



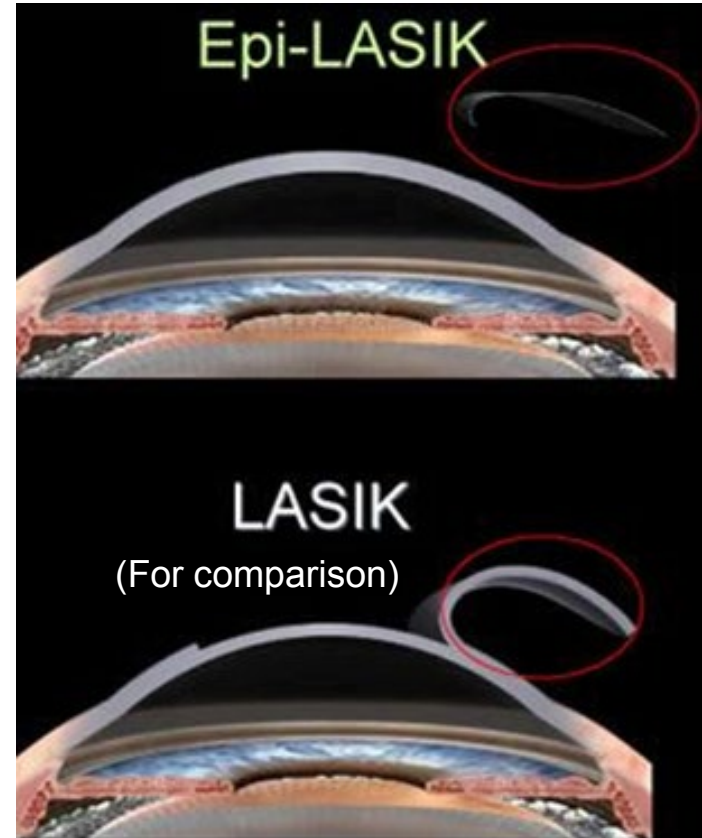
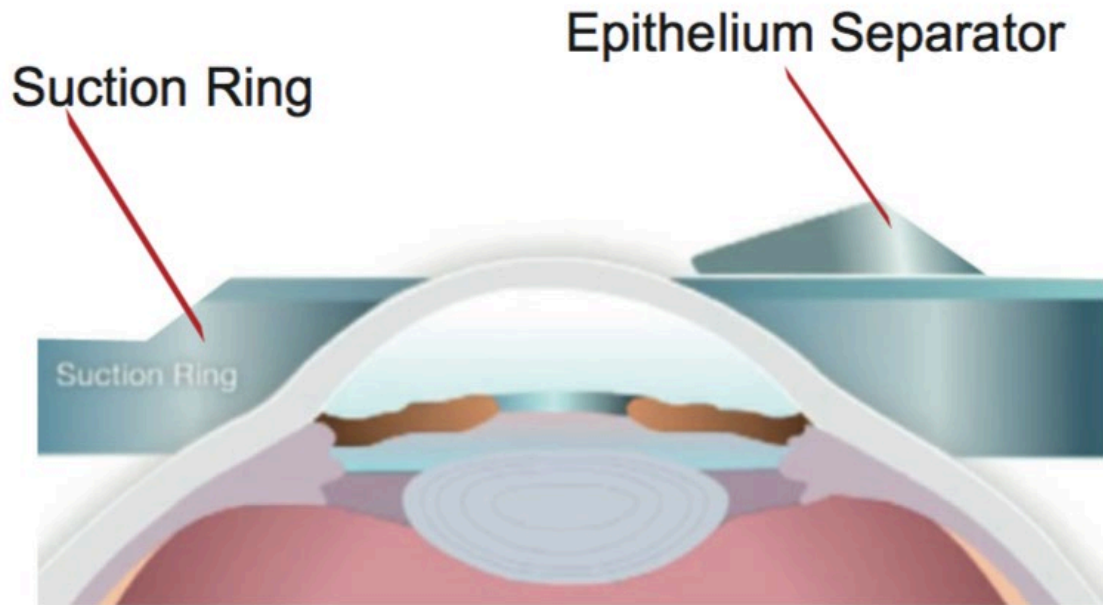
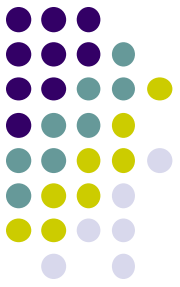
Refractive Surgery Overview



Like LASEK, **epi-LASIK** is a surface-ablation variant designed to avoid the drawbacks of PRK. In it, a blunt keratome (an 'epikeratome') slides under the epithelium, separating it.

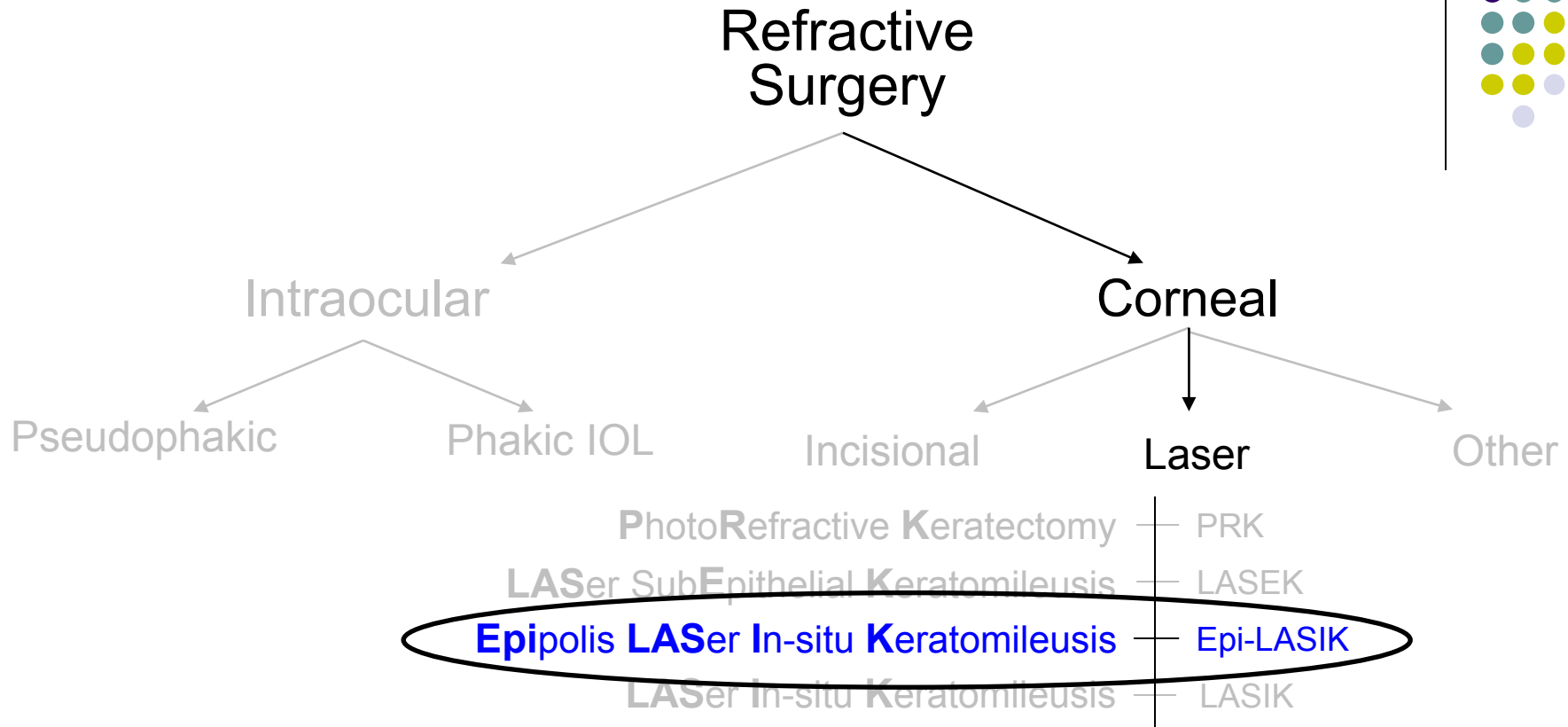
In of the corneal stroma with an excimer laser. But before the excimer can get to the stroma, the corneal epithelium has to get out of the way. The four keratoablative procedures differ solely in how the epithelium is handled.

Refractive Surgery Overview



Epi-LASIK

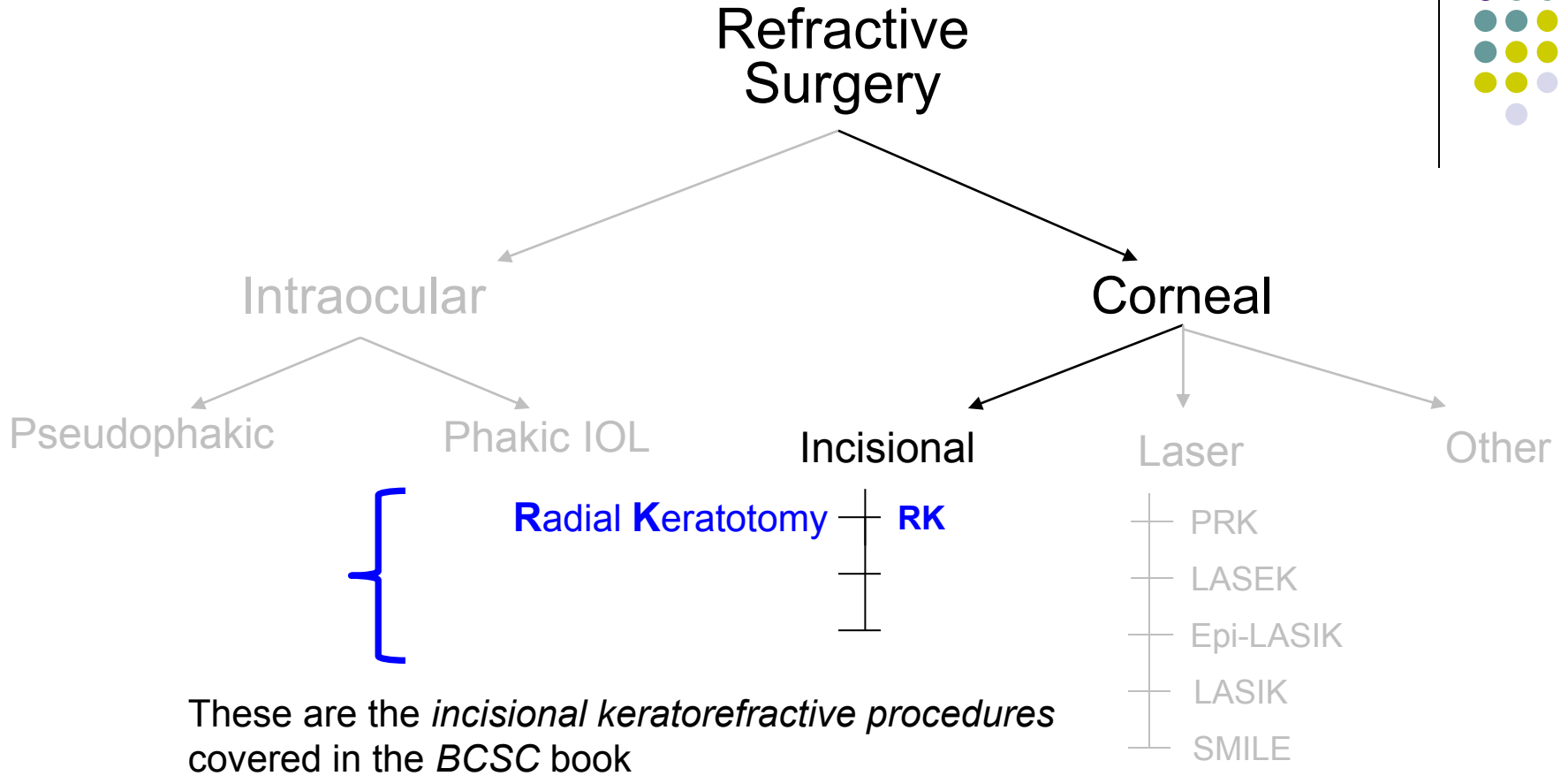
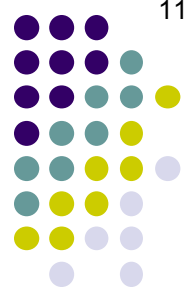
Refractive Surgery Overview



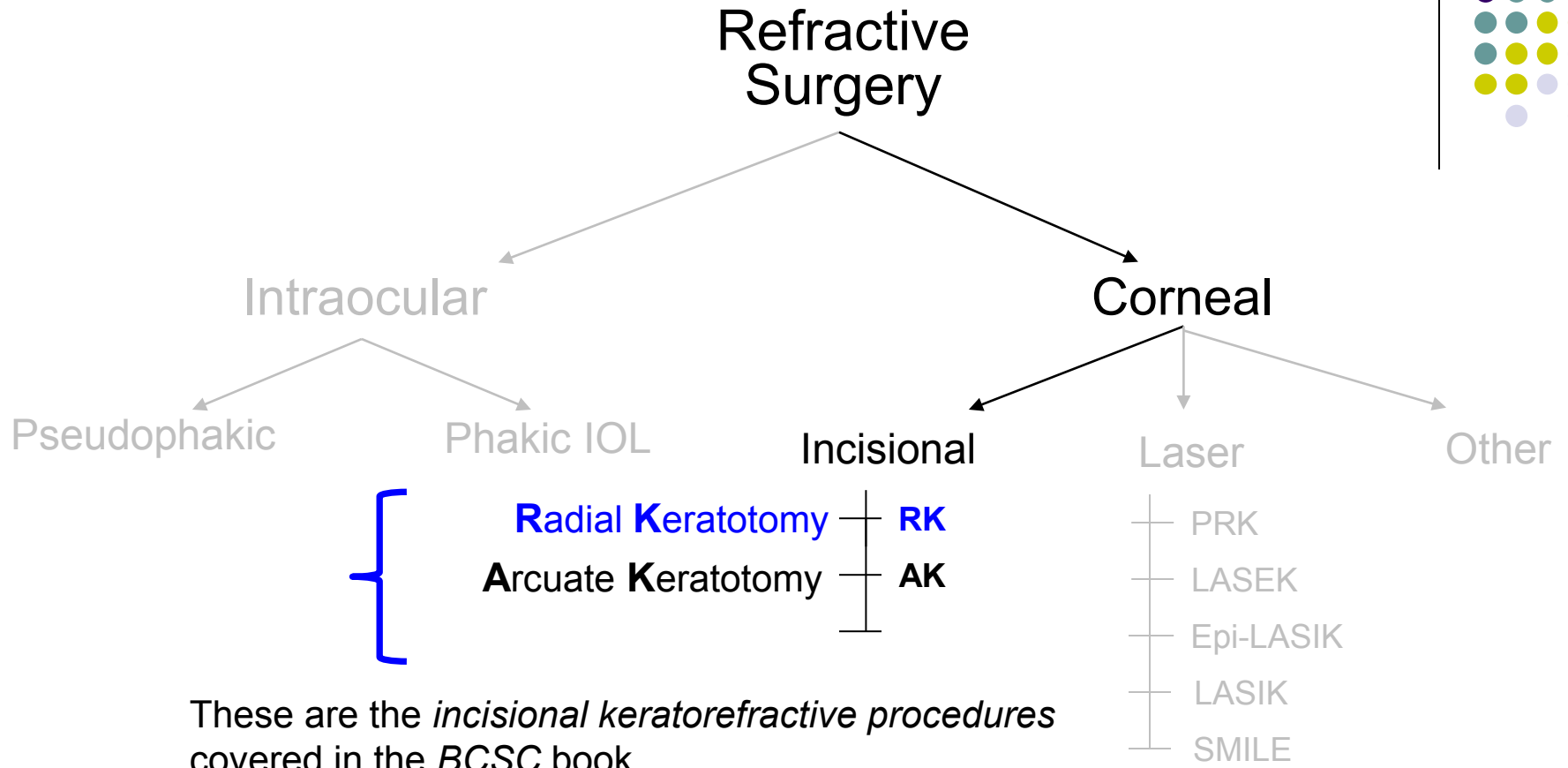
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In of the corneal stroma with an excimer laser. But before the excimer can get to the stroma, the corneal epithelium has to get out of the way. [The four keratoablative procedures differ solely in how the epithelium is handled.](#)

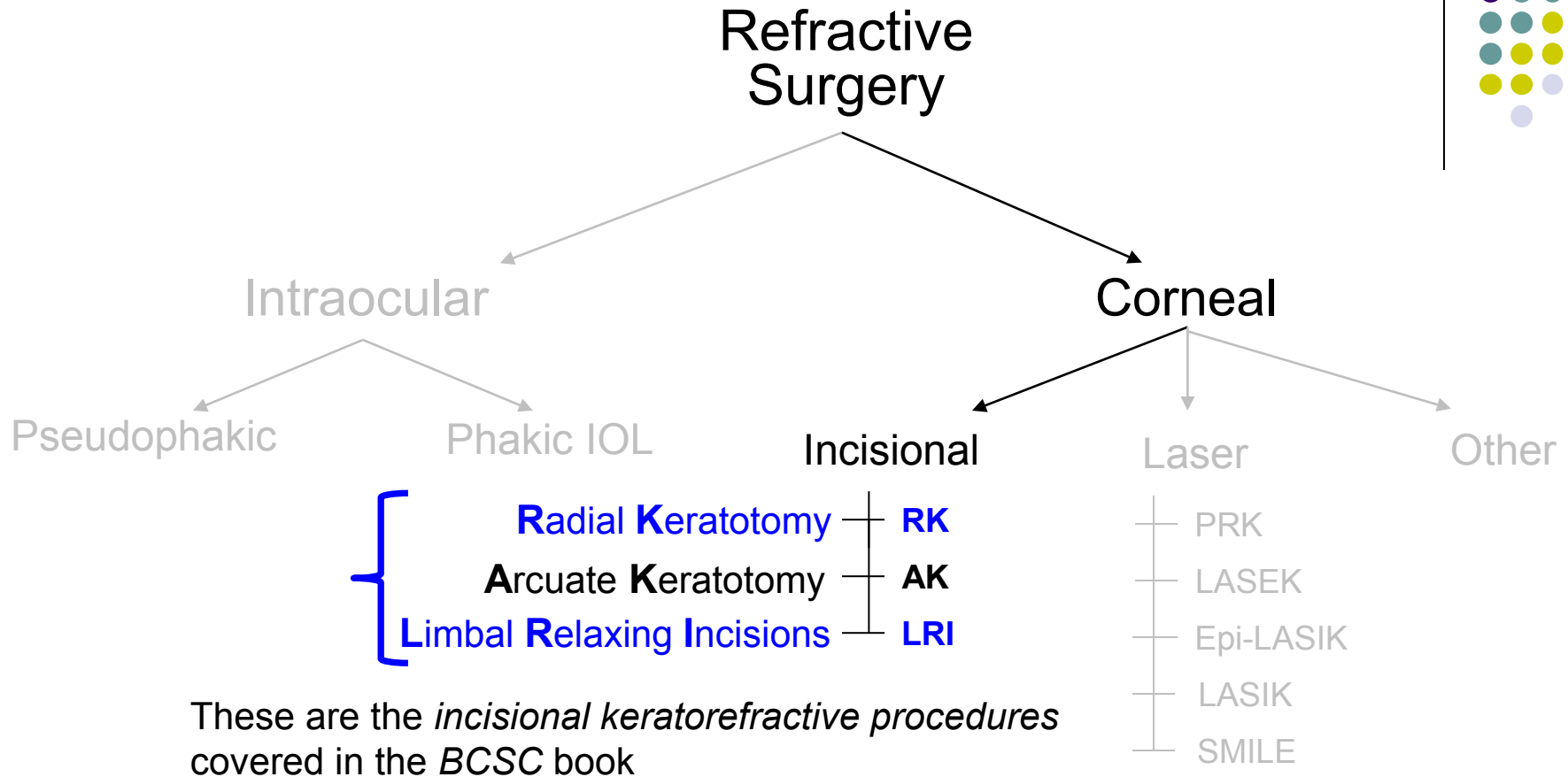
Refractive Surgery Overview



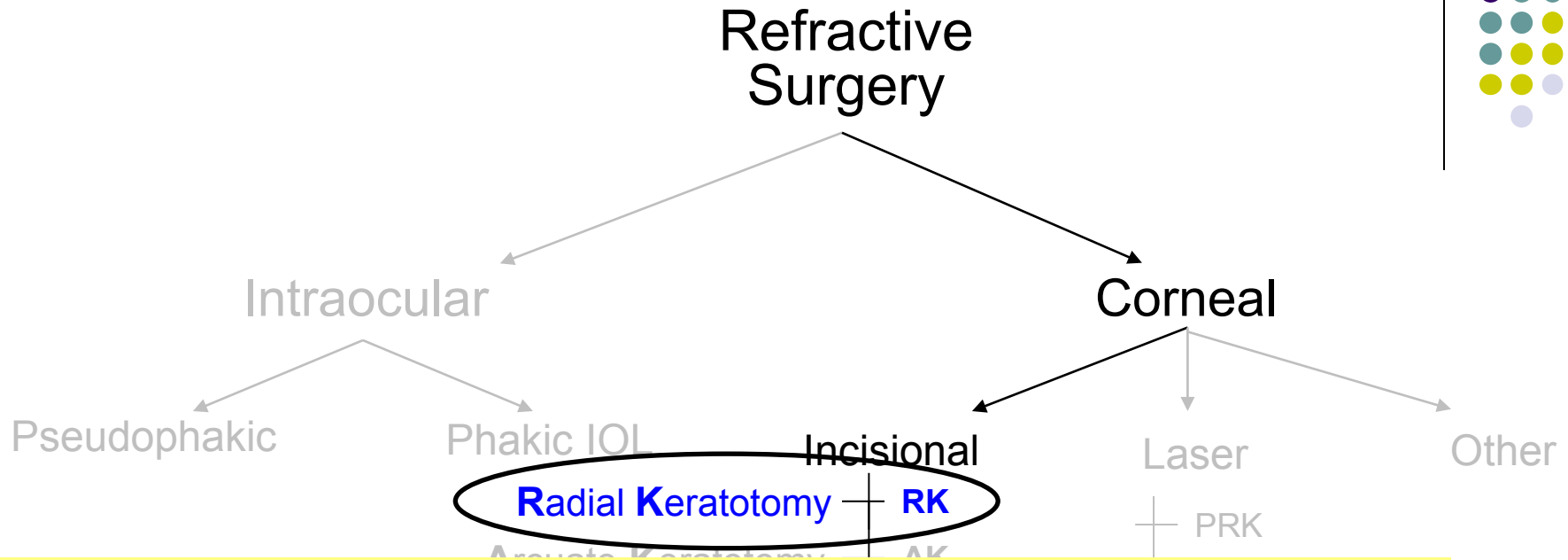
Refractive Surgery Overview



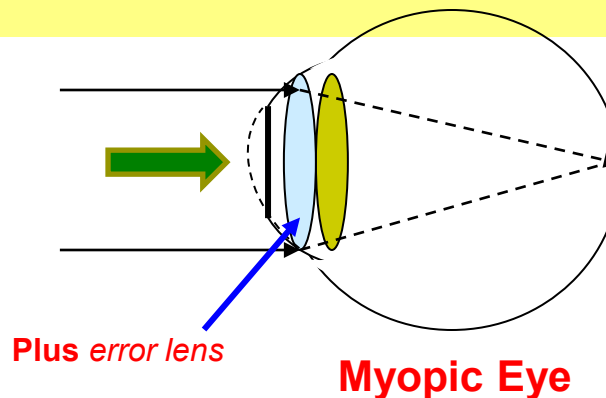
Refractive Surgery Overview



Refractive Surgery Overview



A set of incisions oriented radially (**radial keratotomy, RK**) will flatten the central cornea, and thereby reduce its converging power. Thus, RK can be used to treat myopia.



Refractive Surgery Overview

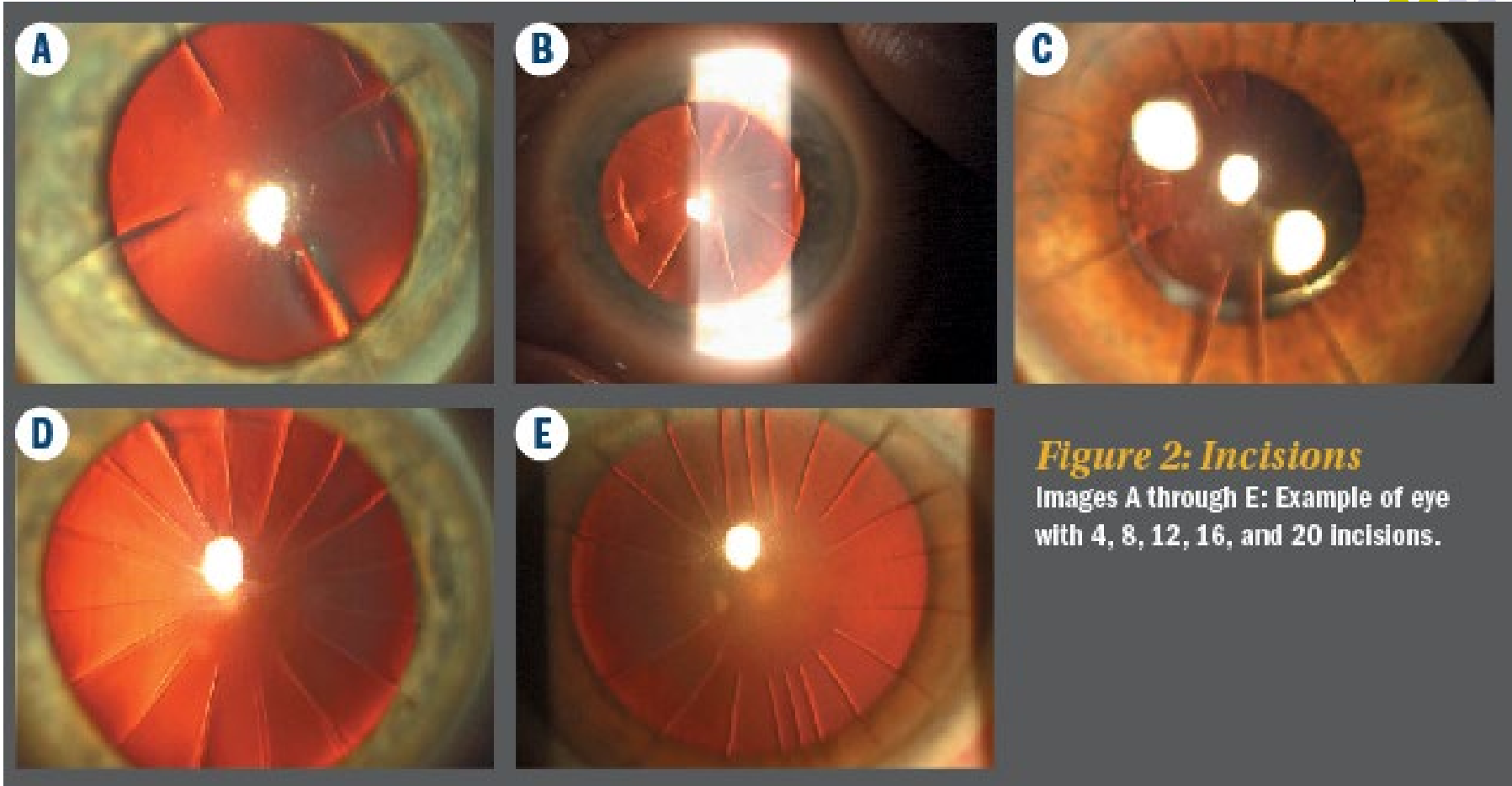
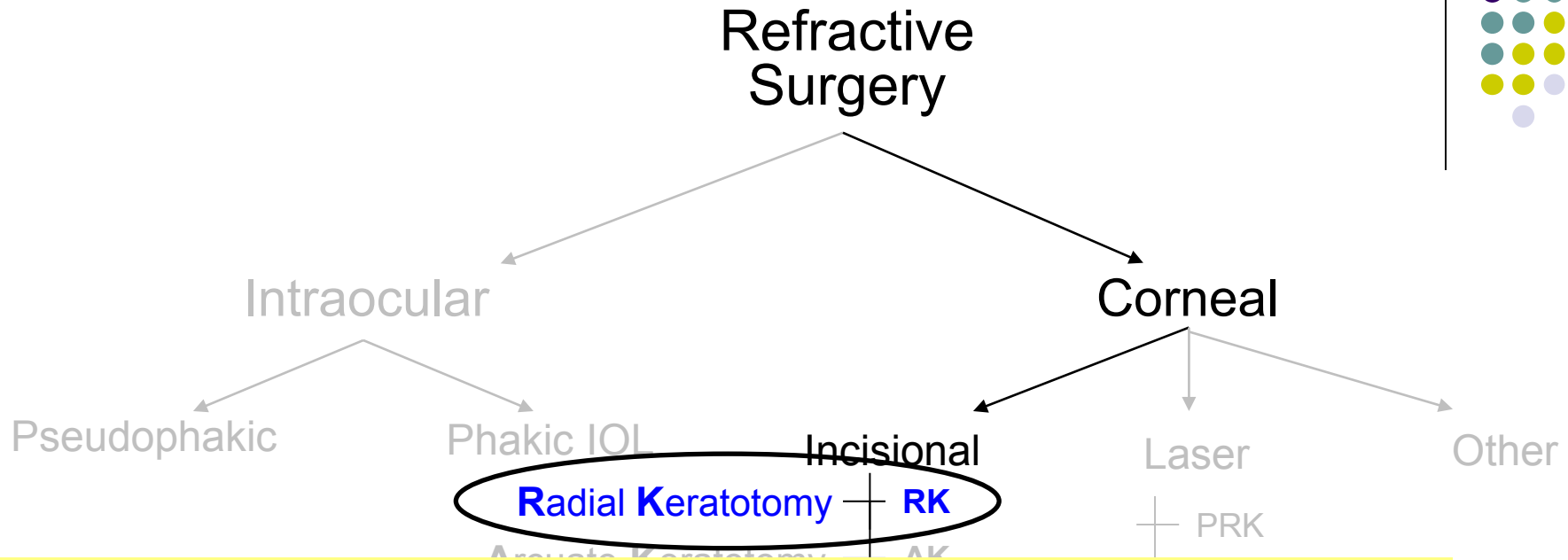


Figure 2: Incisions

Images A through E: Example of eye with 4, 8, 12, 16, and 20 Incisions.

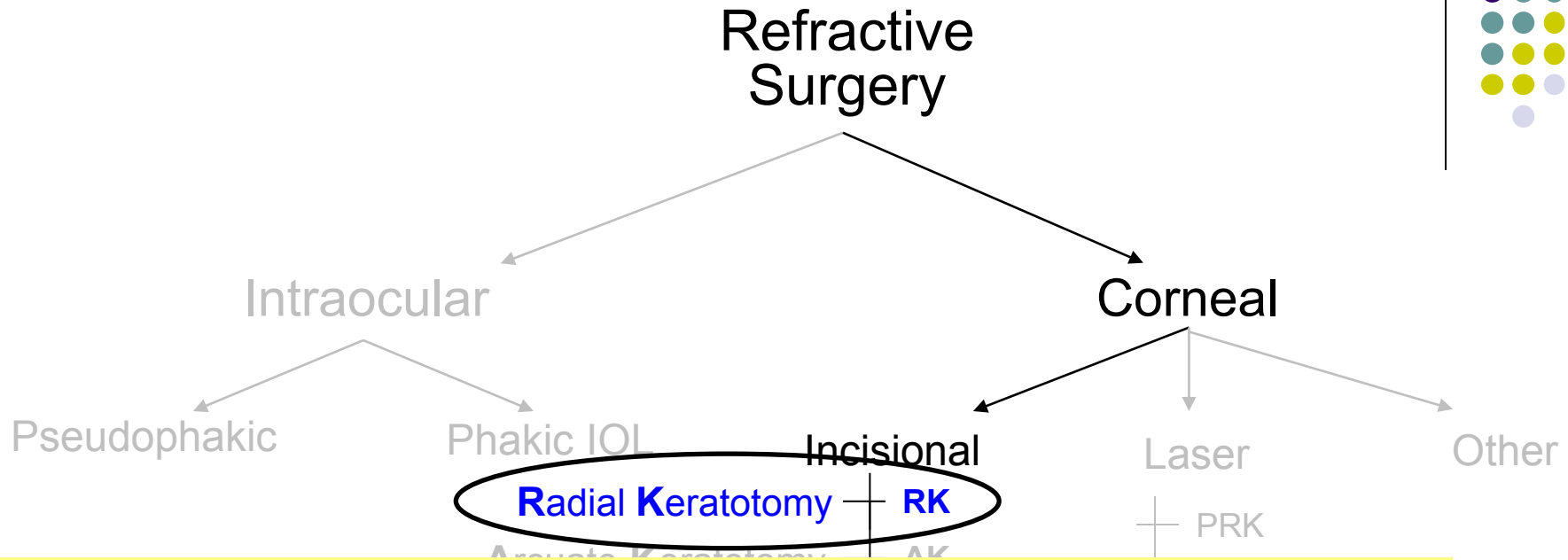
Radial keratotomy

Refractive Surgery Overview



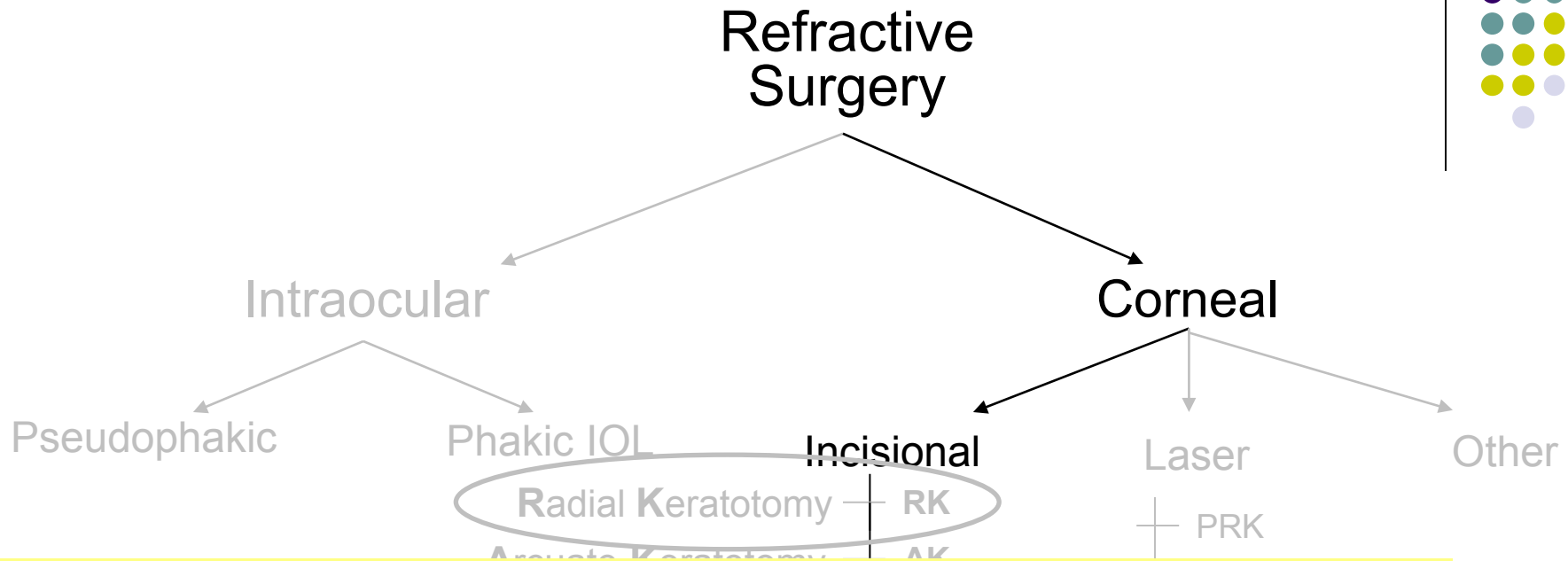
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Refractive Surgery Overview



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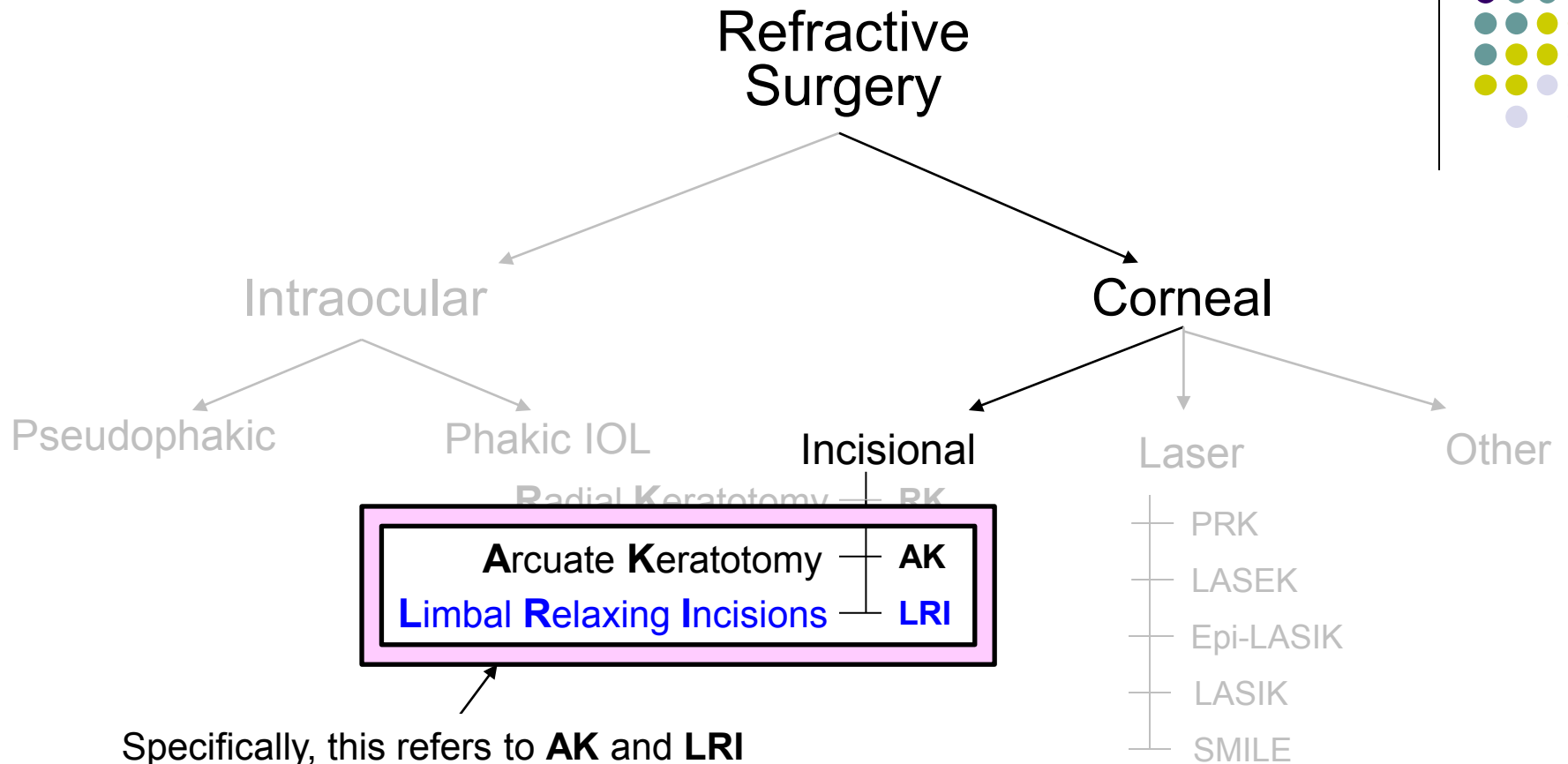
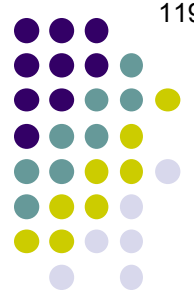
Refractive Surgery Overview



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OTOH, *peripheral* incisional procedures to offset *astigmatic* refractive error are an important and oft-used surgical technique

Refractive Surgery Overview

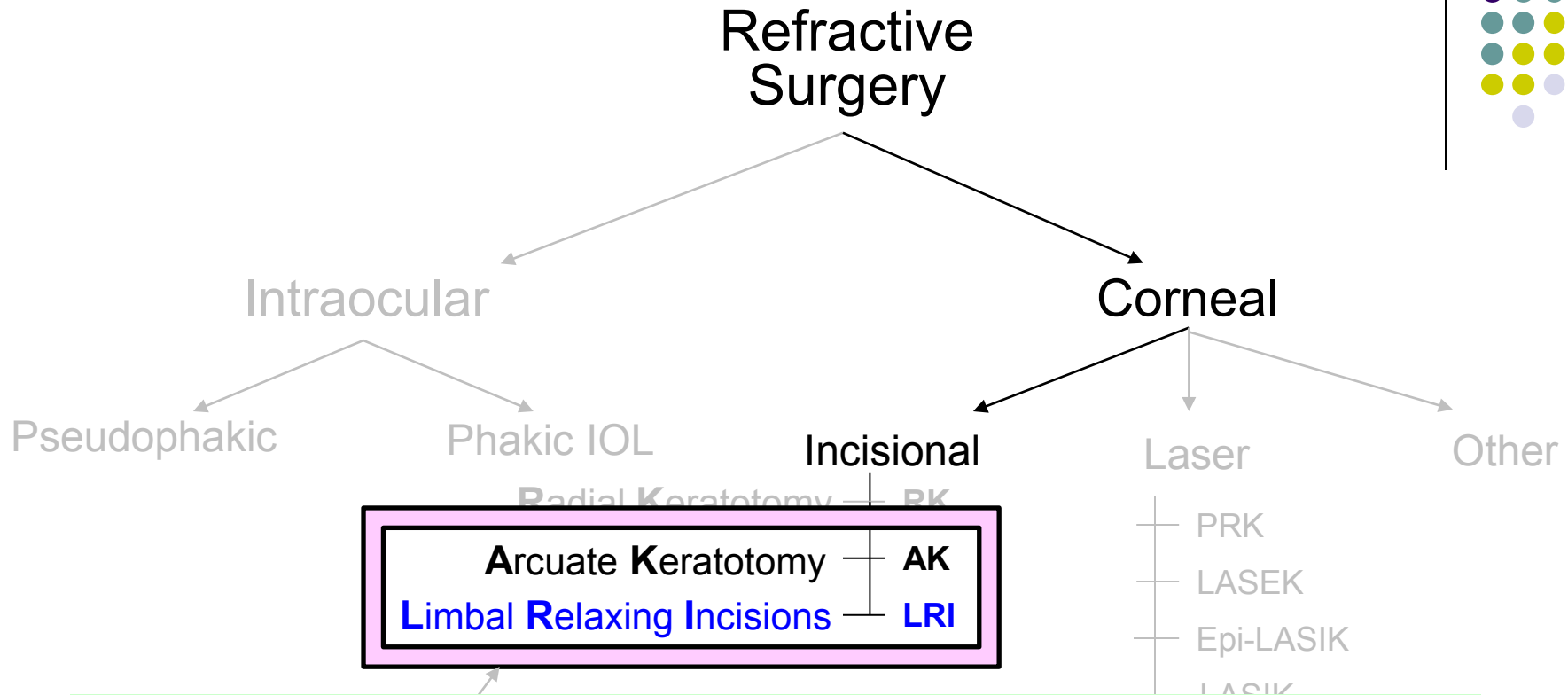


Arcuate Keratotomy — AK
Limbal Relaxing Incisions — LRI

Specifically, this refers to **AK** and **LRI**

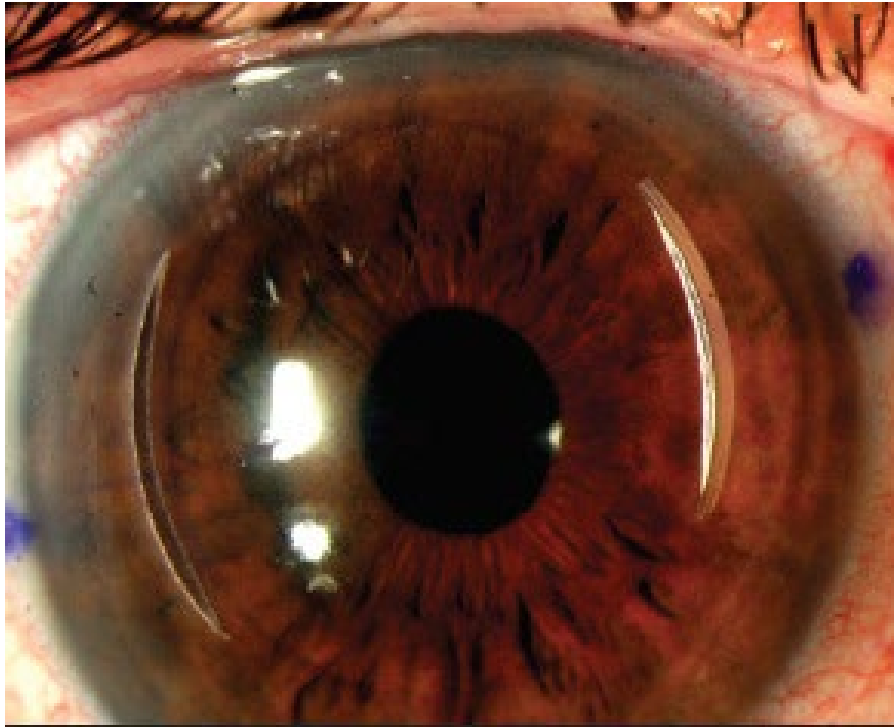
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Refractive Surgery Overview



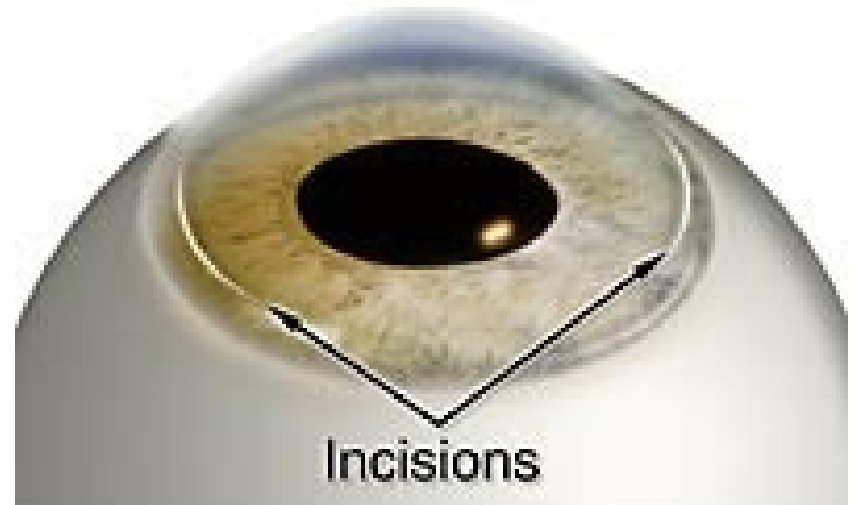
Both AK and LRI incisions are placed on the steep meridian of the cornea, in pairs located on opposite sides of the cornea. AK incisions are made in the paracentral cornea, whereas LRI are made at the limbus (as their name implies).

Refractive Surgery Overview



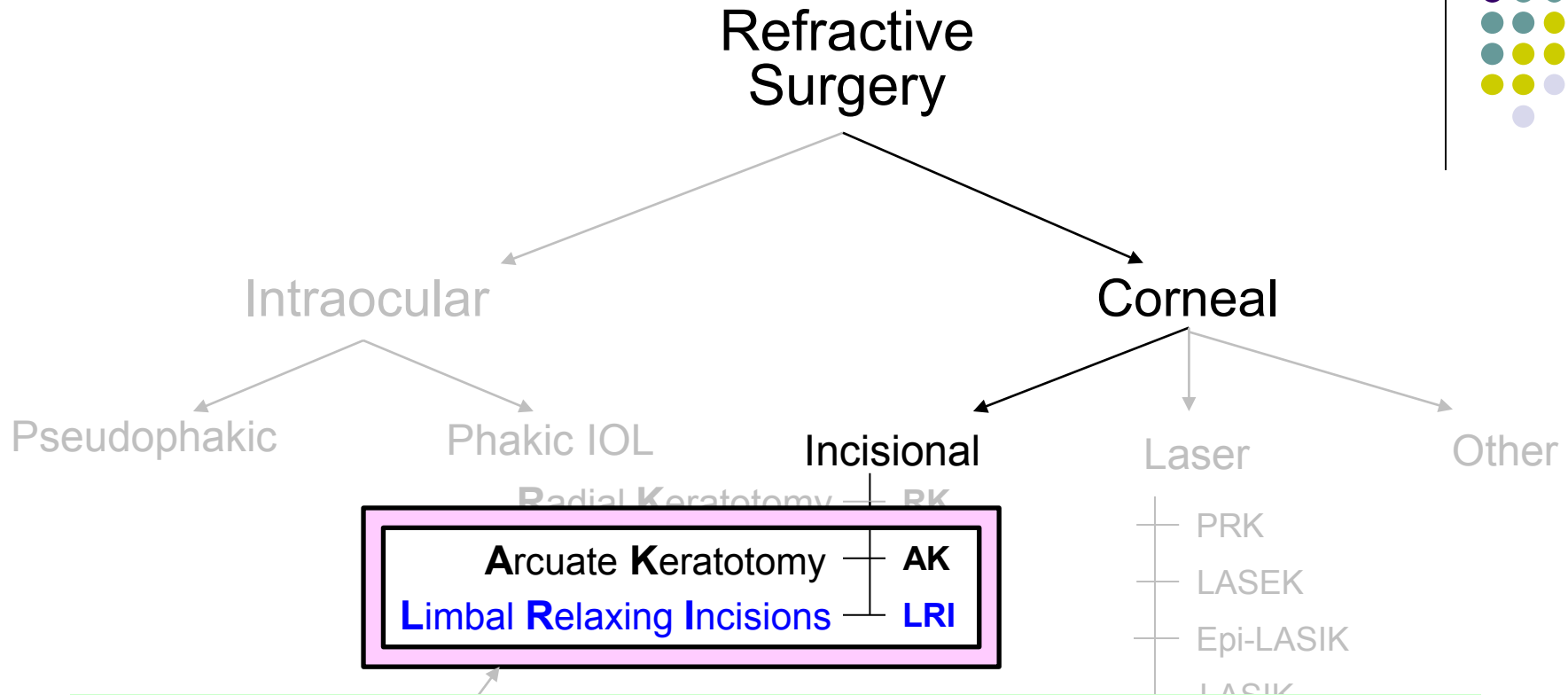
AK incisions

Limbal Relaxing Incisions



LR incisions

Refractive Surgery Overview

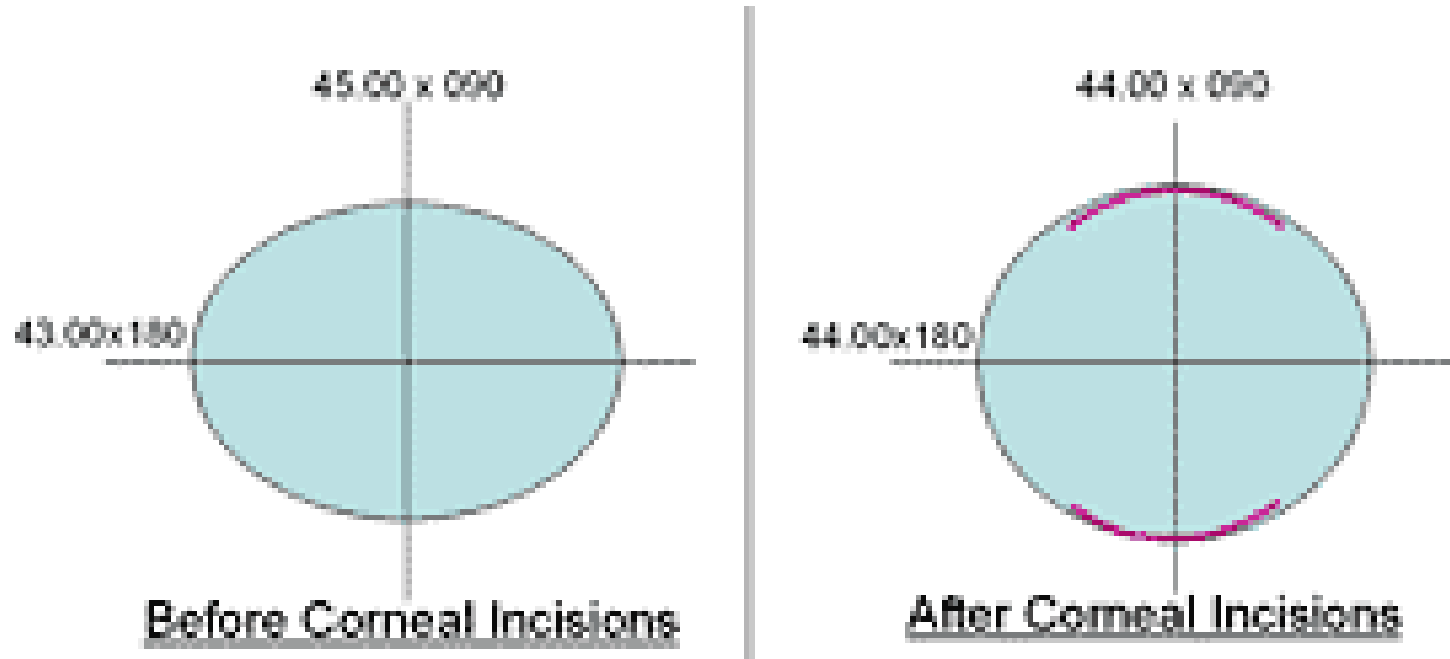


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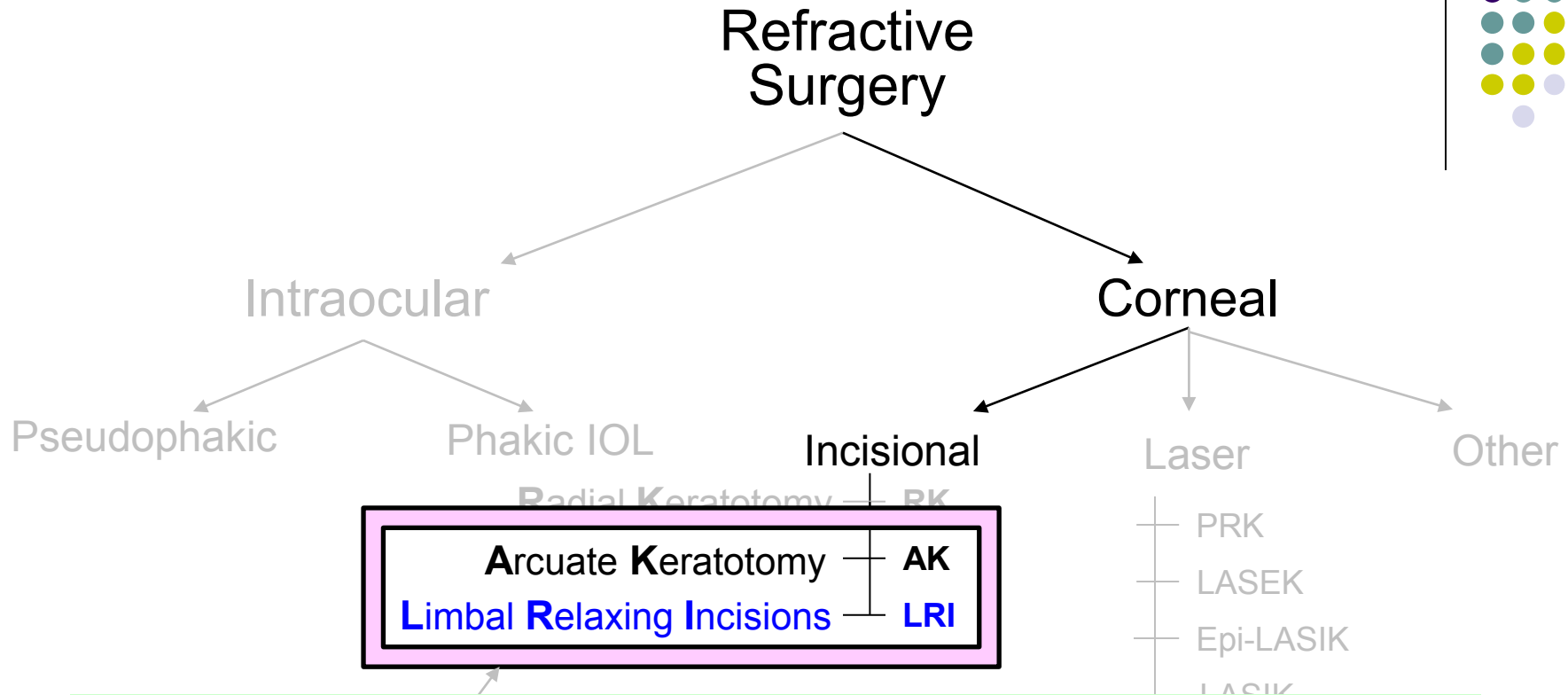
Refractive Surgery Overview



Corneal Coupling Effect

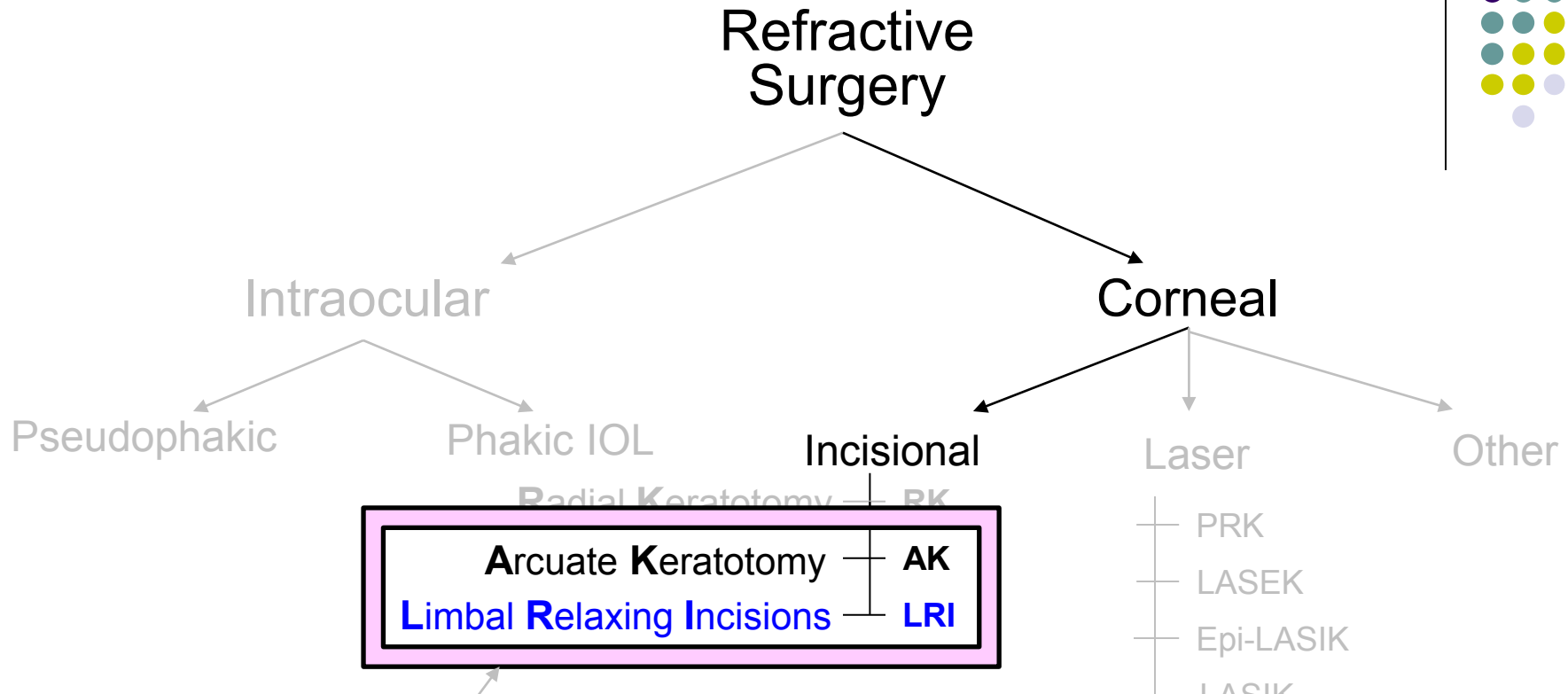


Refractive Surgery Overview



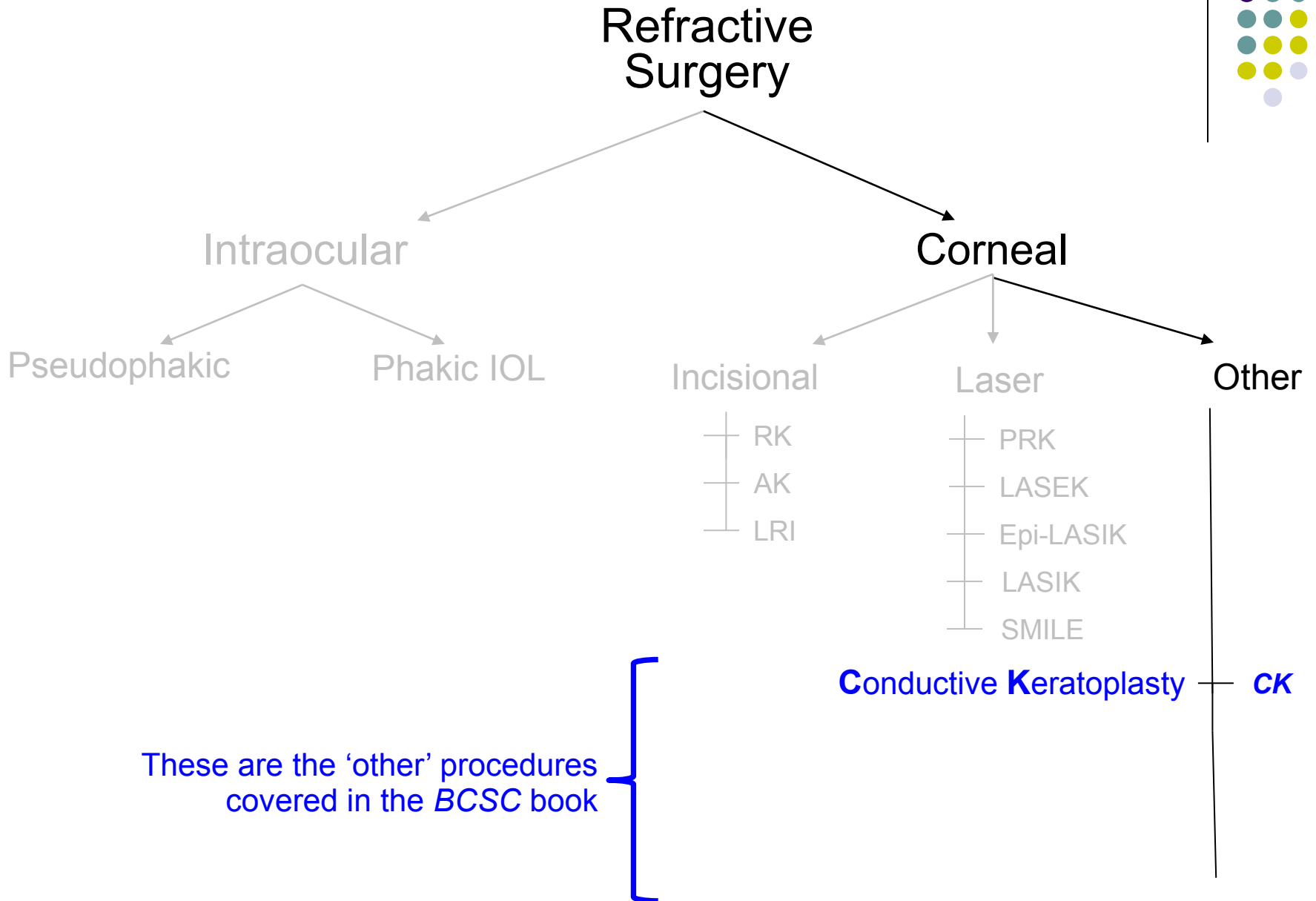
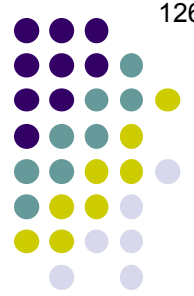
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Refractive Surgery Overview



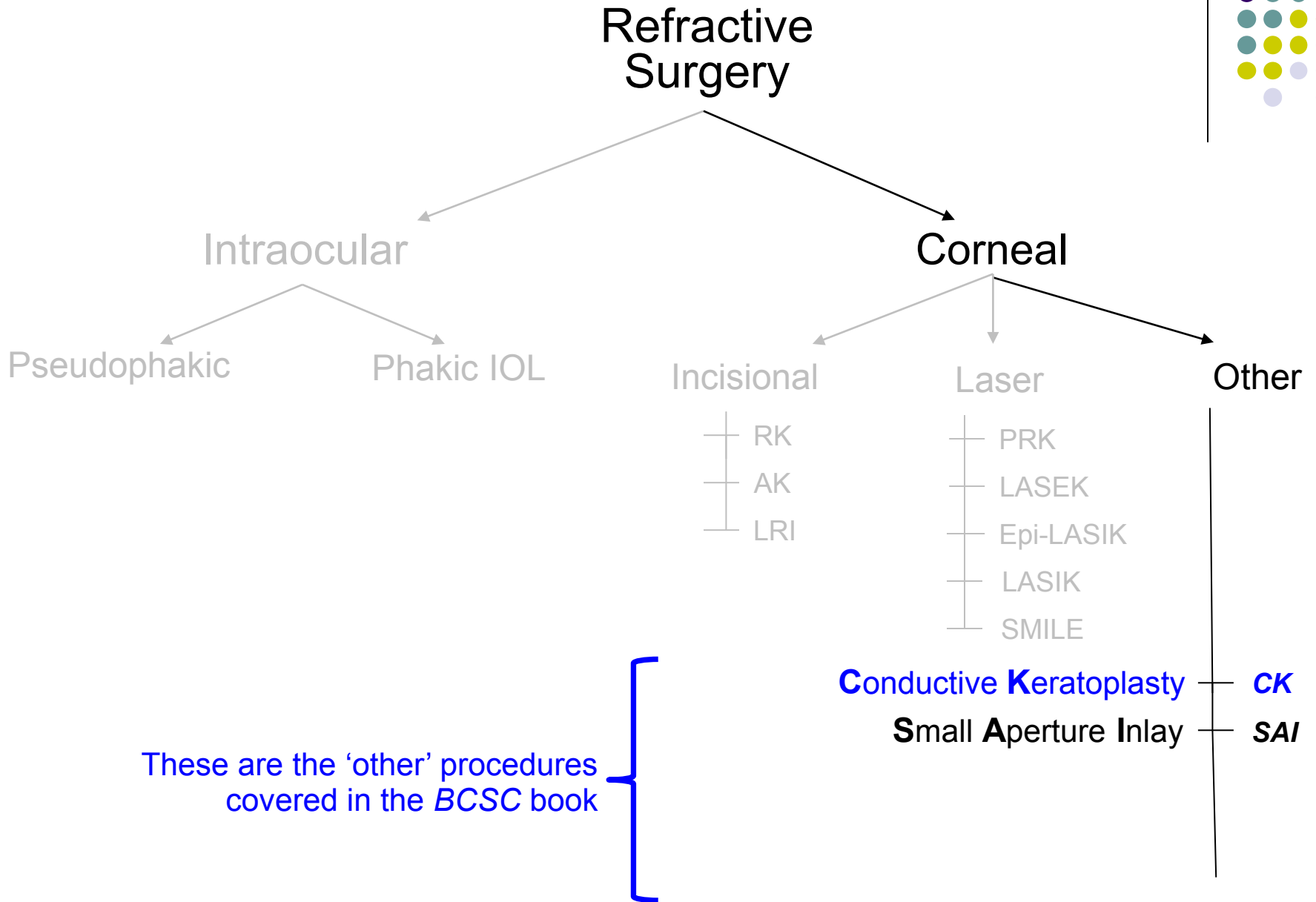
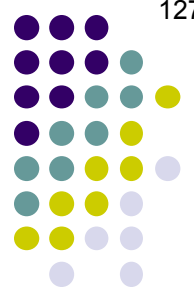
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Refractive Surgery Overview

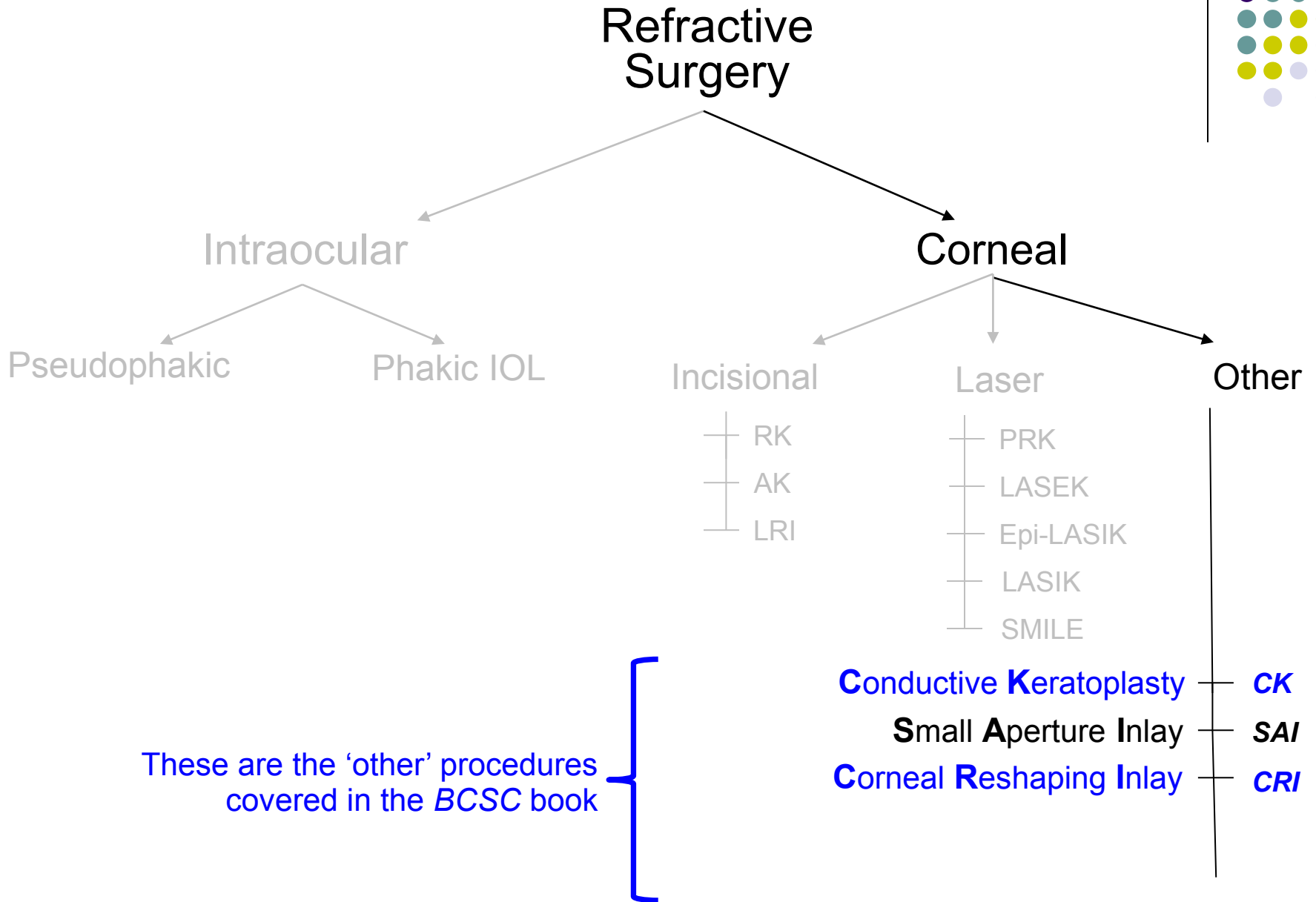
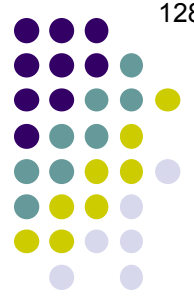


These are the 'other' procedures covered in the *BCSC* book

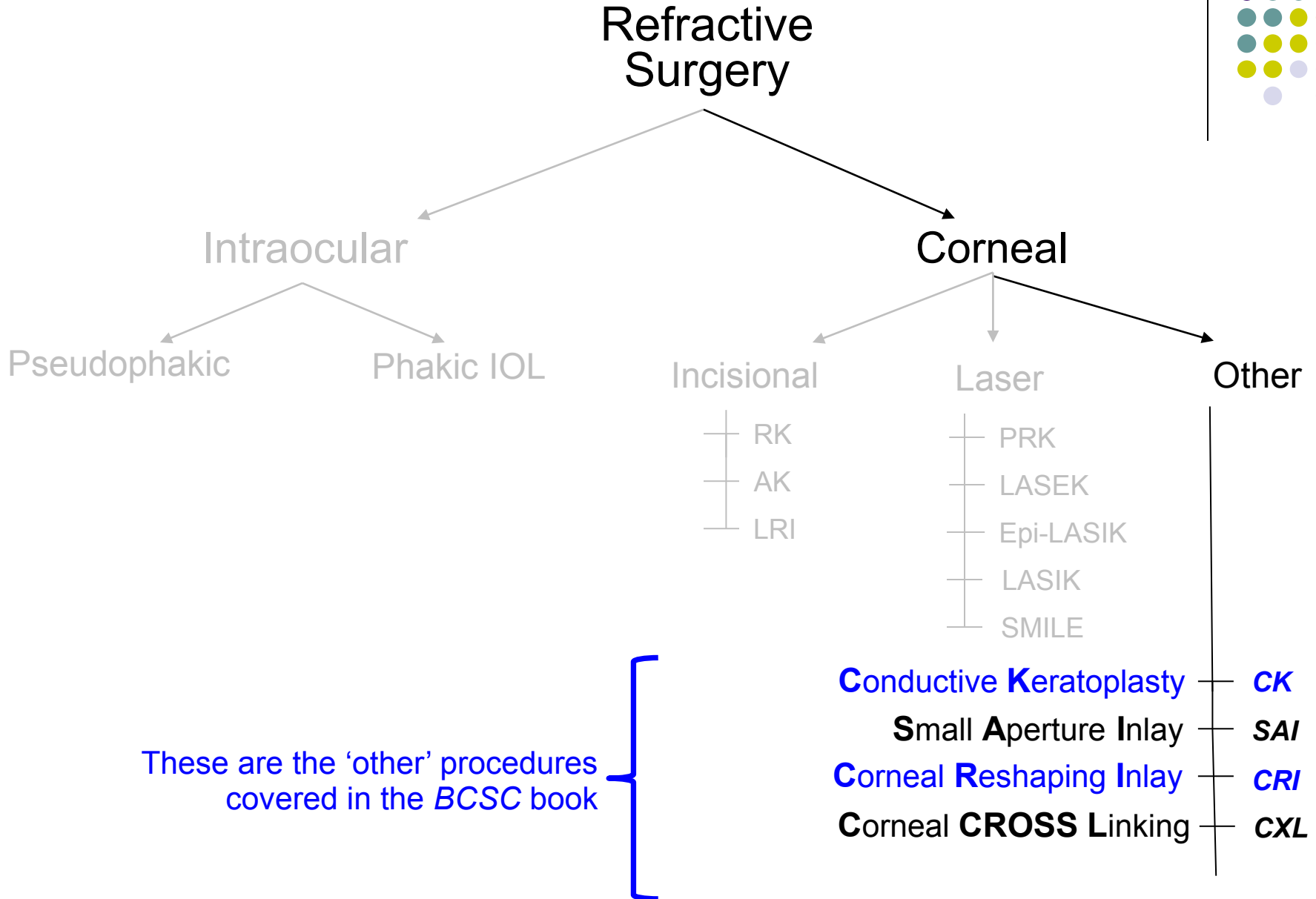
Refractive Surgery Overview



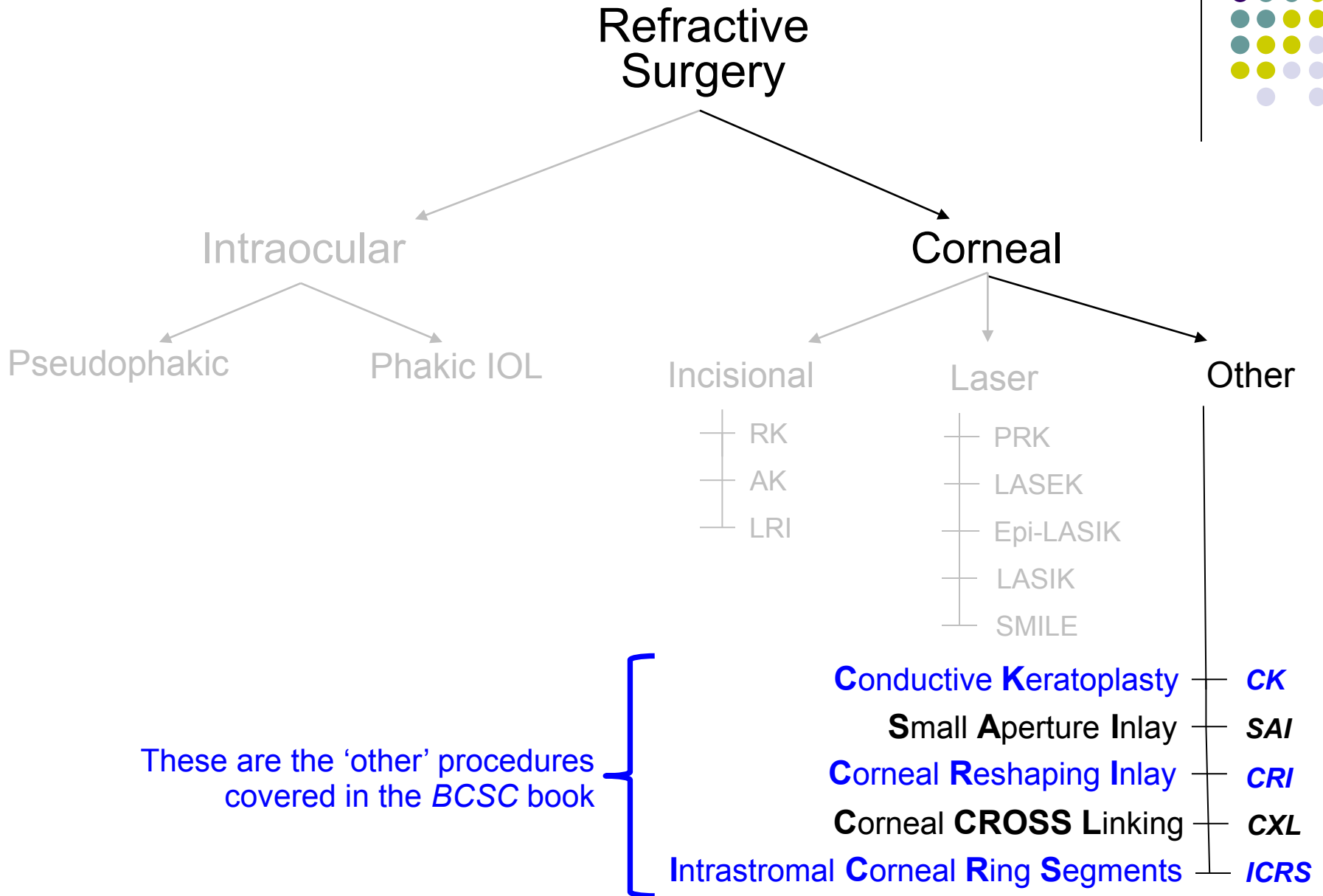
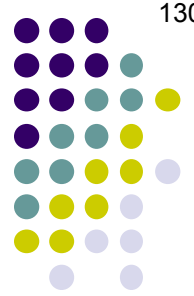
Refractive Surgery Overview



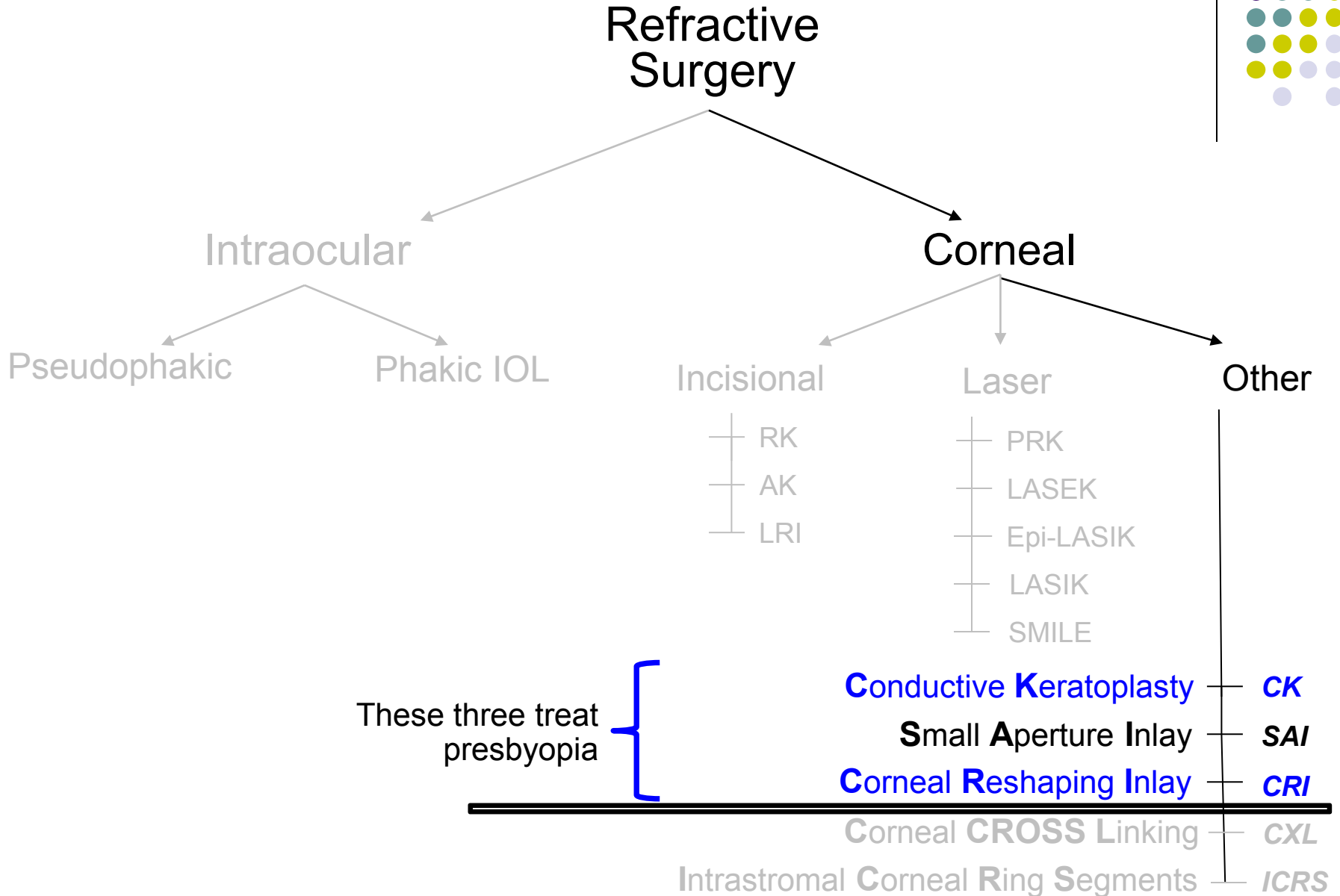
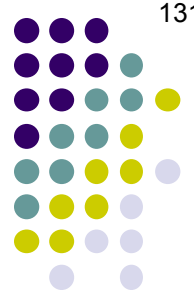
Refractive Surgery Overview



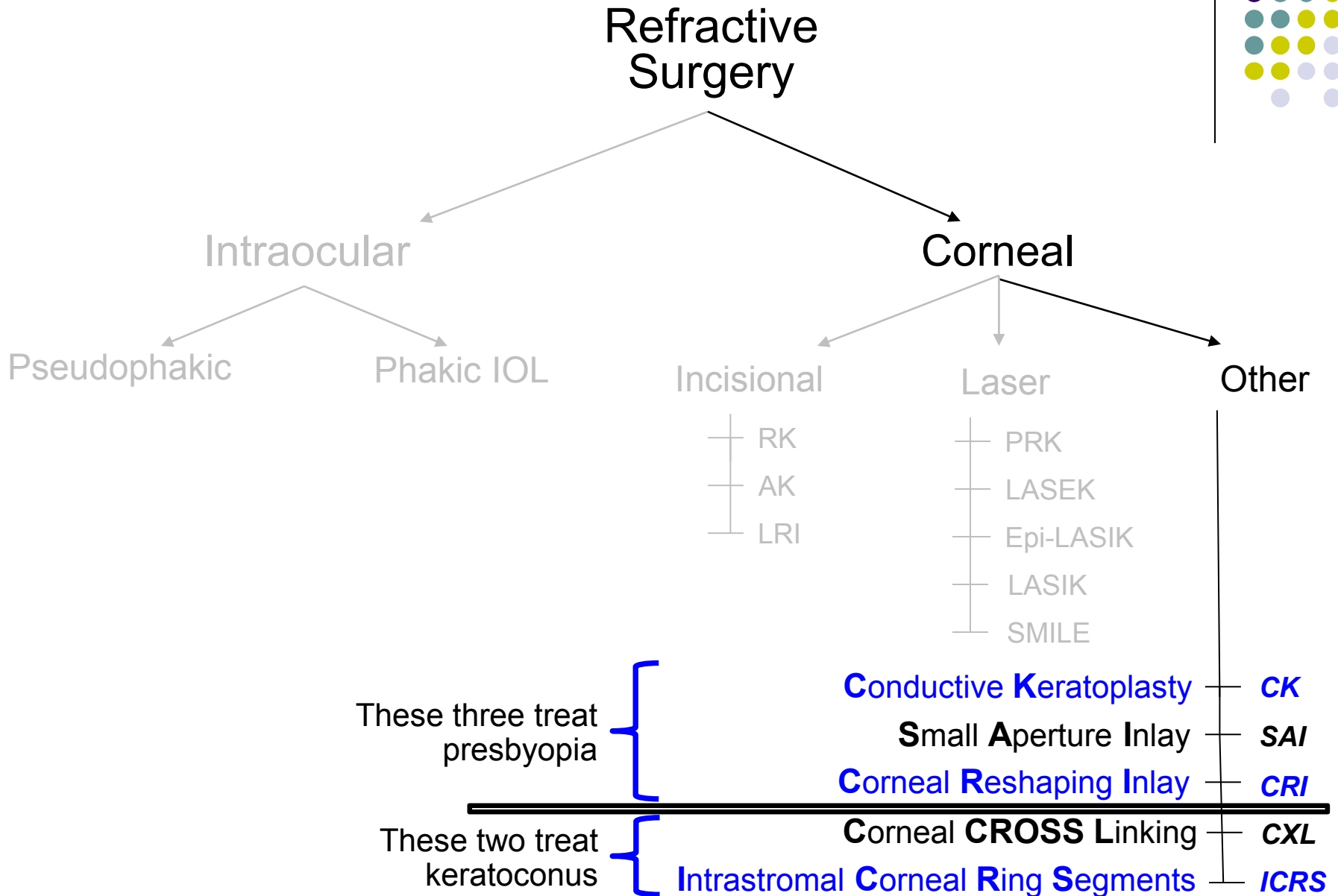
Refractive Surgery Overview



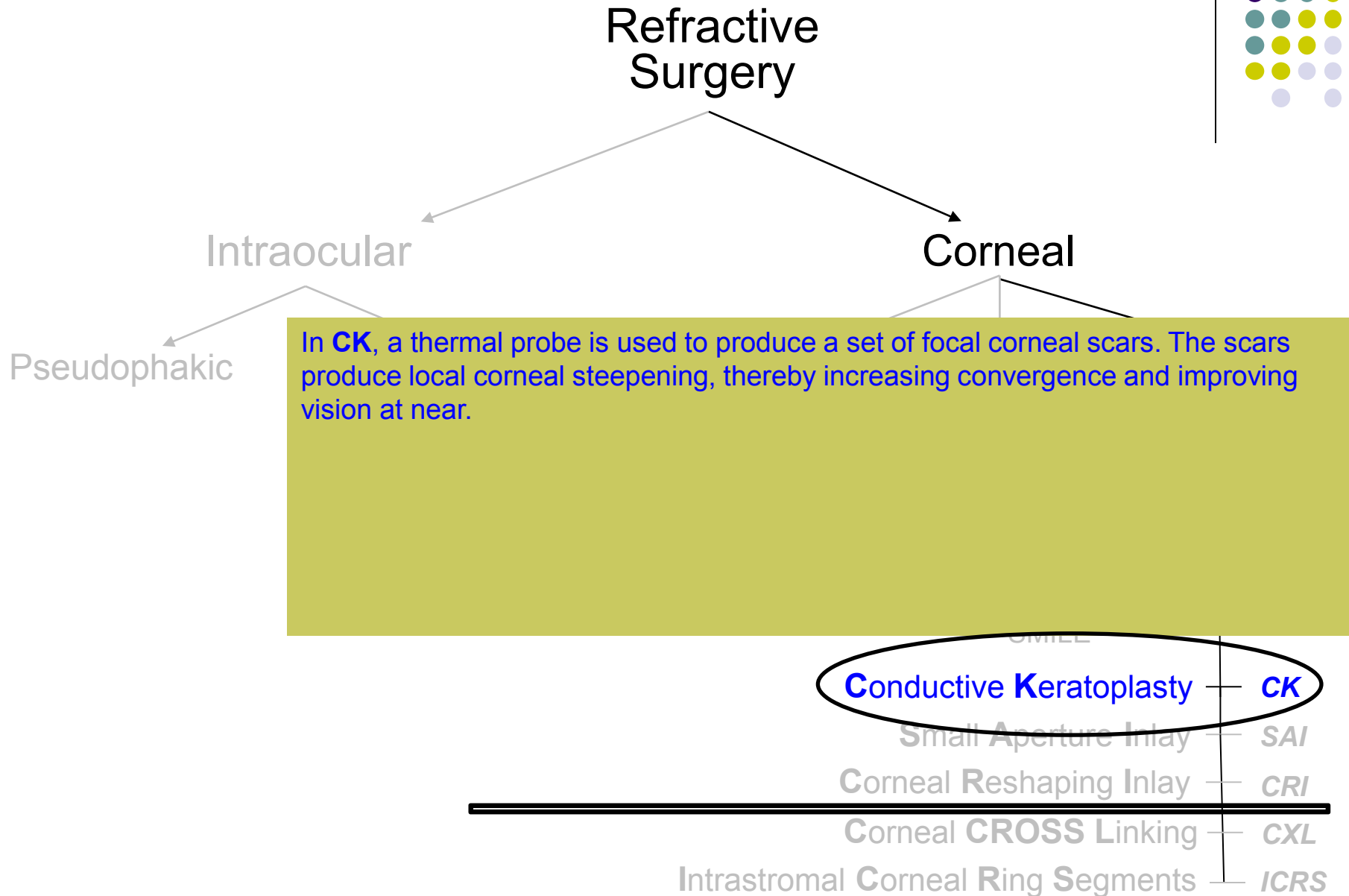
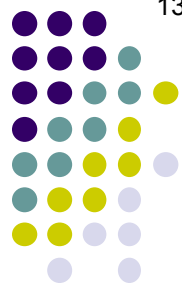
Refractive Surgery Overview



Refractive Surgery Overview



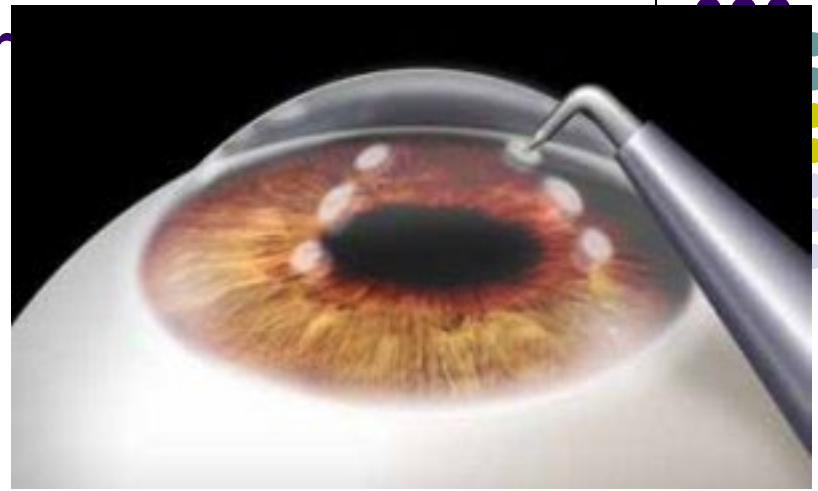
Refractive Surgery Overview



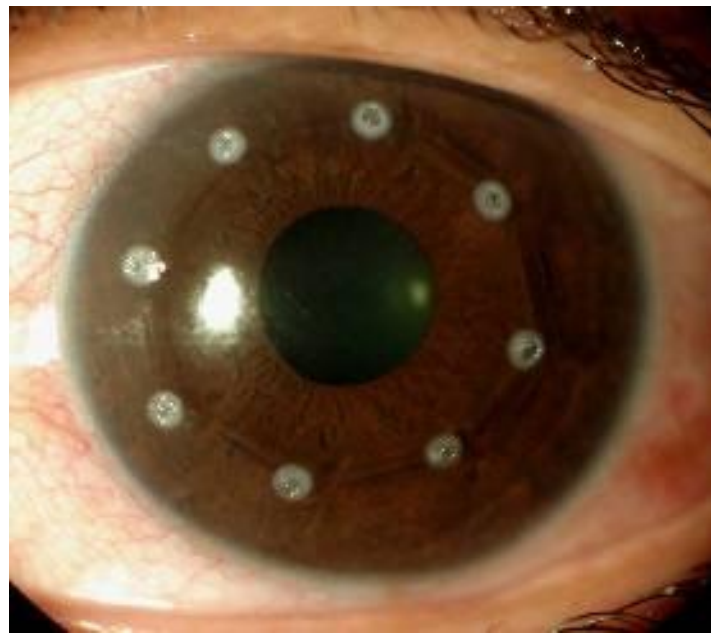
Over



CK probe

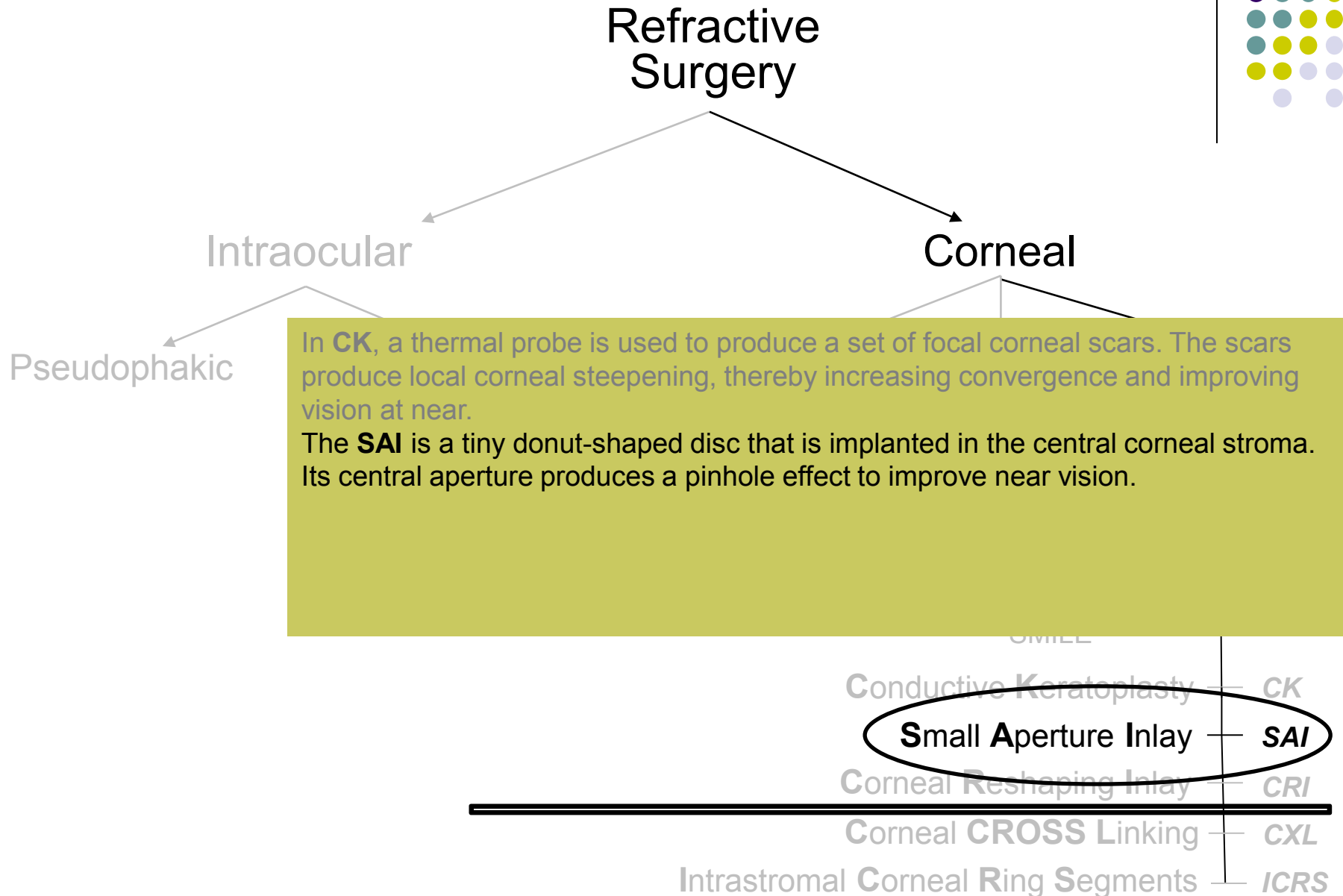


CK in action

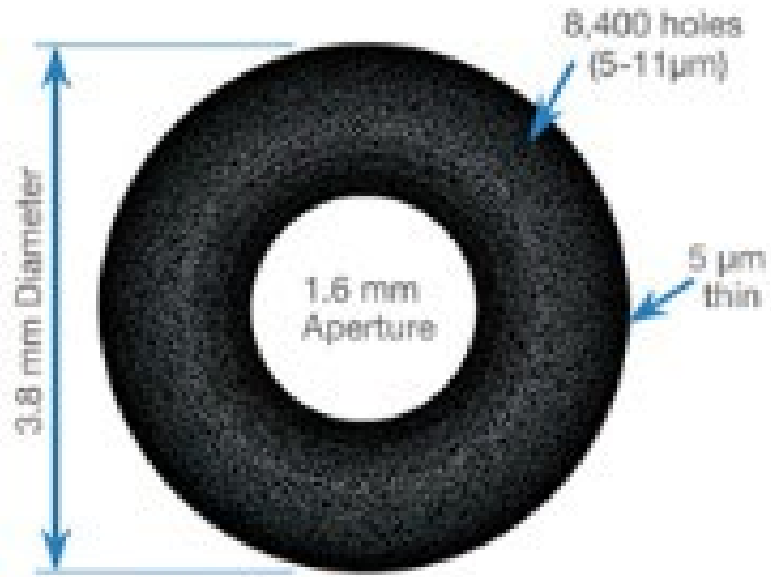


CK scars

Refractive Surgery Overview



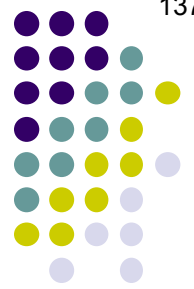
Refractive Surgery Overview



Made from Polyvinylidene Fluoride (PVDF)

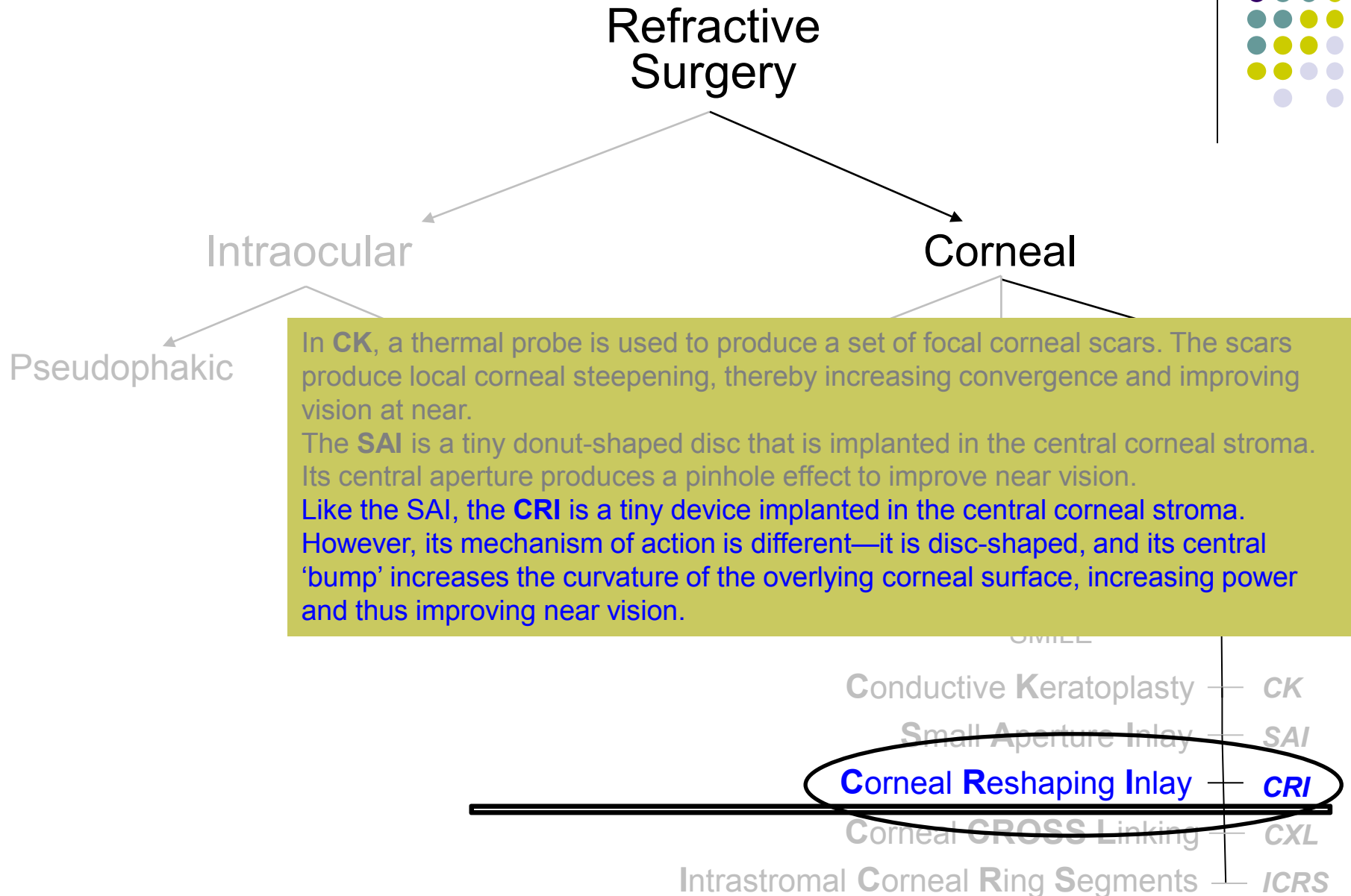


Refractive Surgery Overview

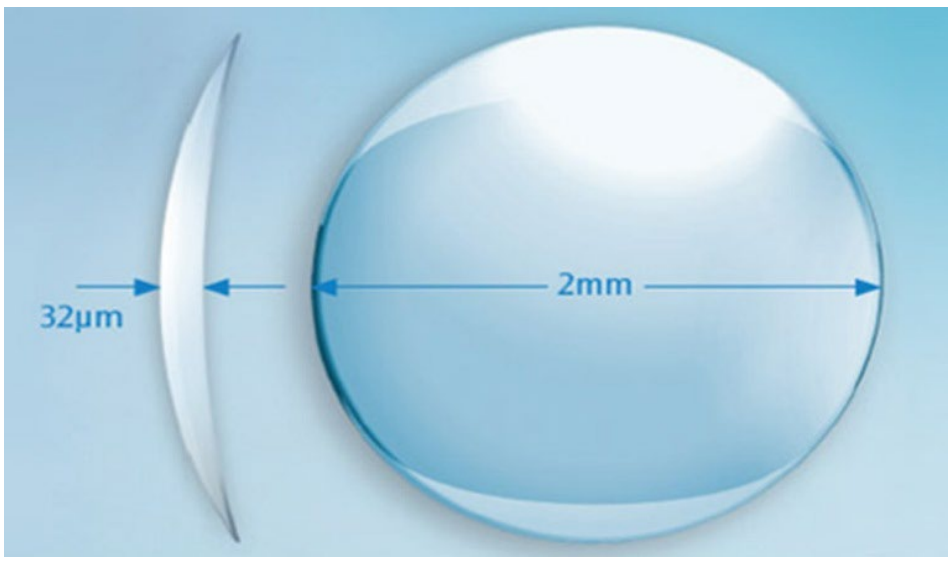
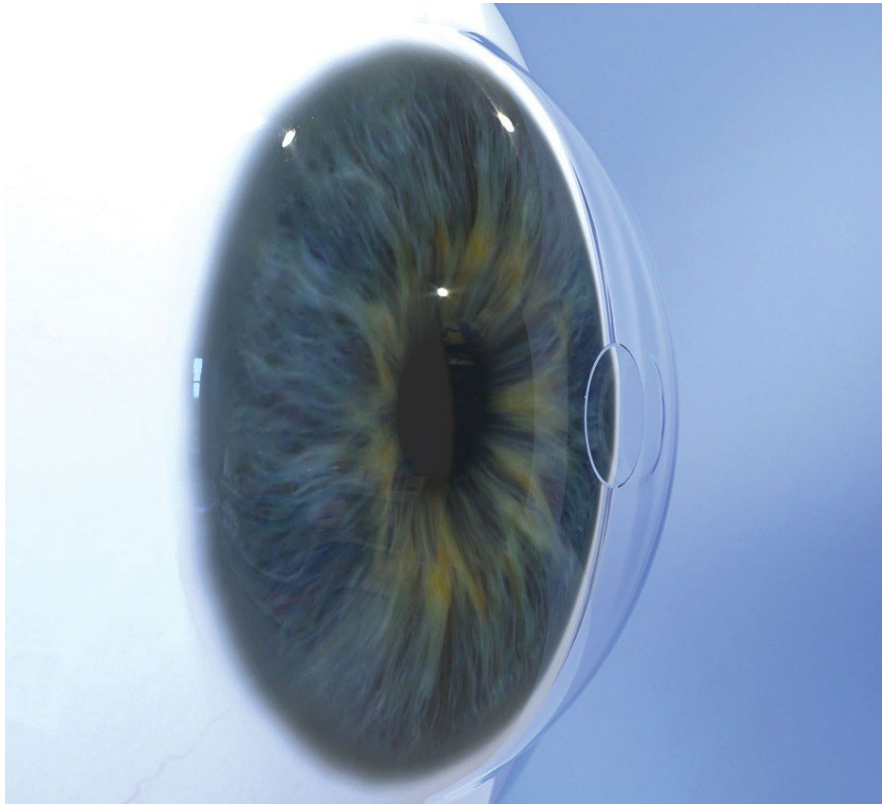
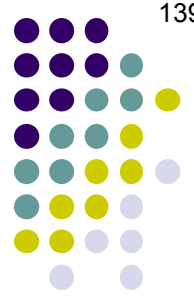


SAI

Refractive Surgery Overview

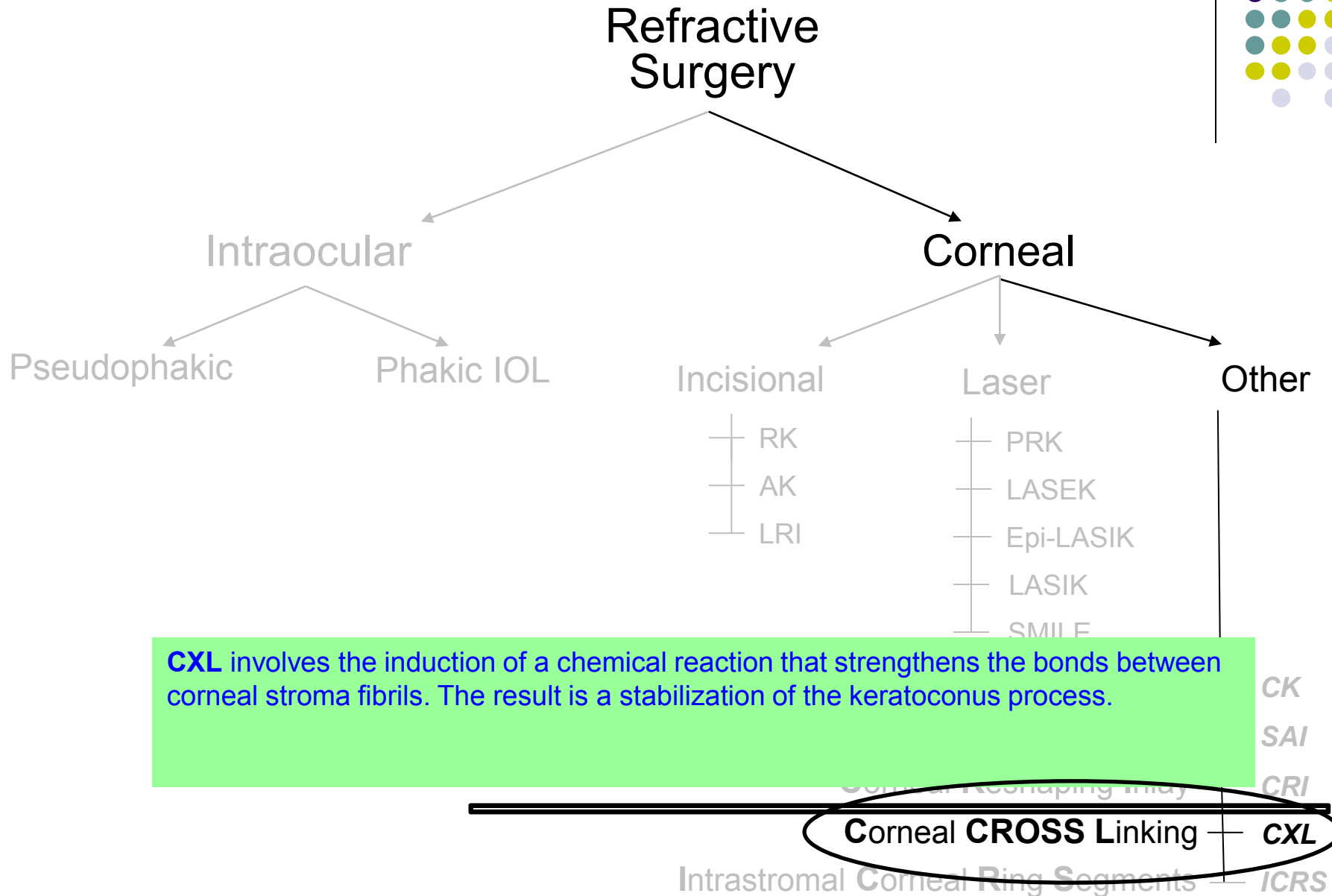


Refractive Surgery Overview

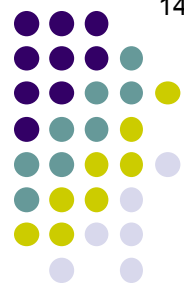


CRI

Refractive Surgery Overview

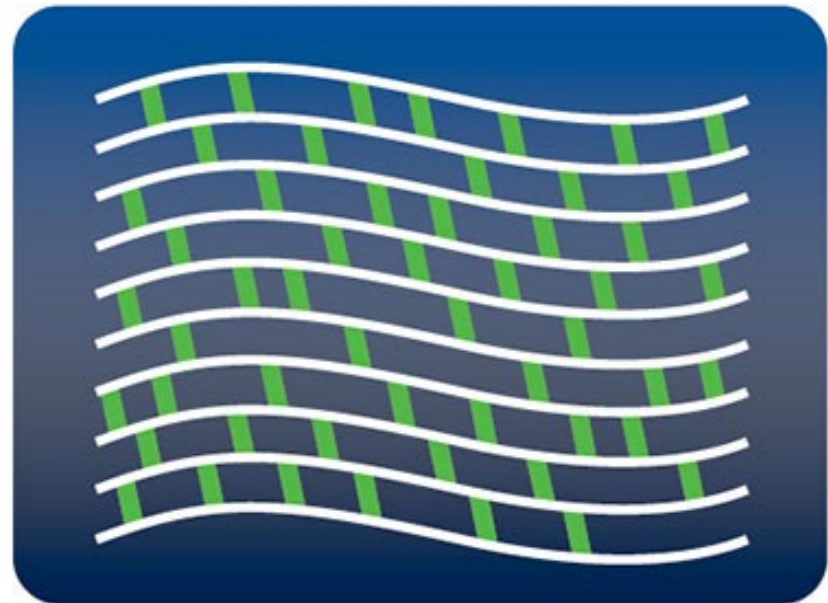
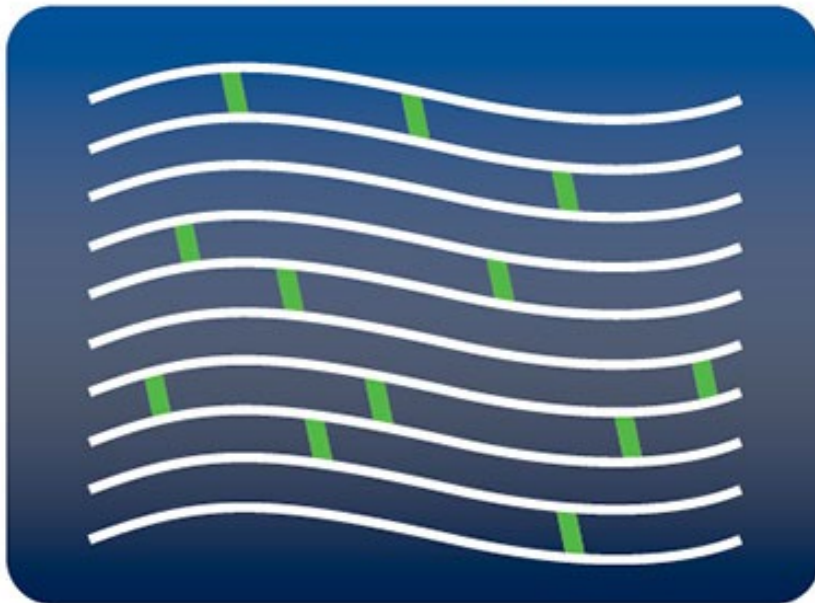


Refractive Surgery Overview



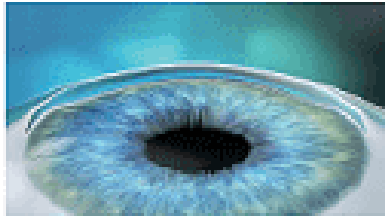
**BEFORE CXL : LESS CROSSLINKING
= WEAKER CORNEA**

**AFTER CXL : MORE CROSSLINKING
= STRONGER CORNEA**

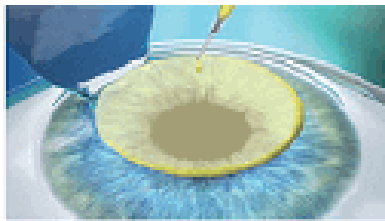


CXL concept

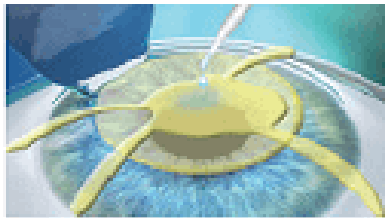
Refractive Surgery Overview



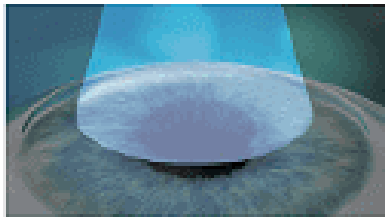
1. We remove the Epithelium



2. Riboflavin (Vitamin B2) eye drops are applied onto the cornea



3. 1 minute later, the solution is irrigated or washed away by the surgeon



4. An ultra-violet light (UVA) illuminates the Riboflavin solution for the corneal cross-linking procedure

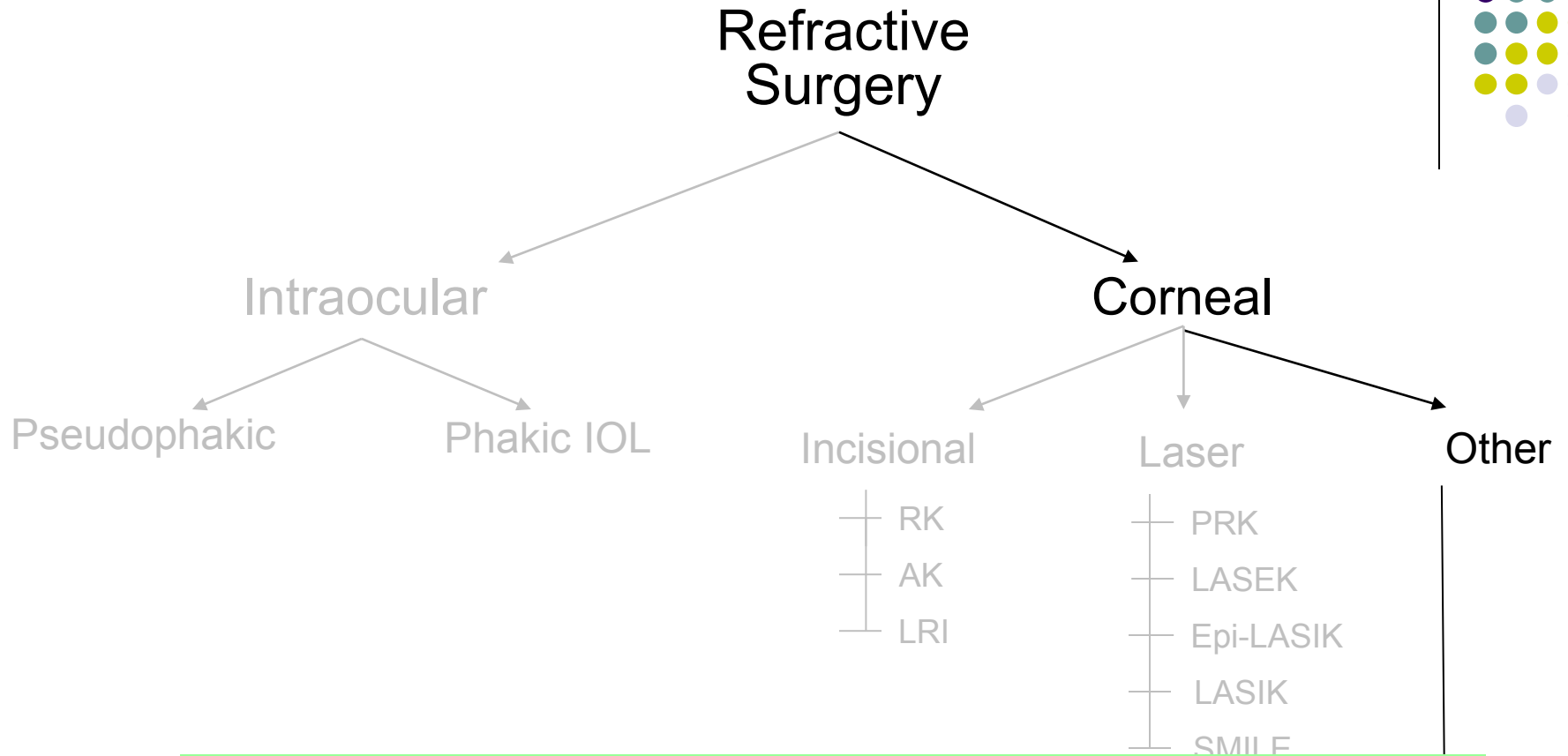
CXL: Process

Refractive Surgery Overview



CXL: Process

Refractive Surgery Overview

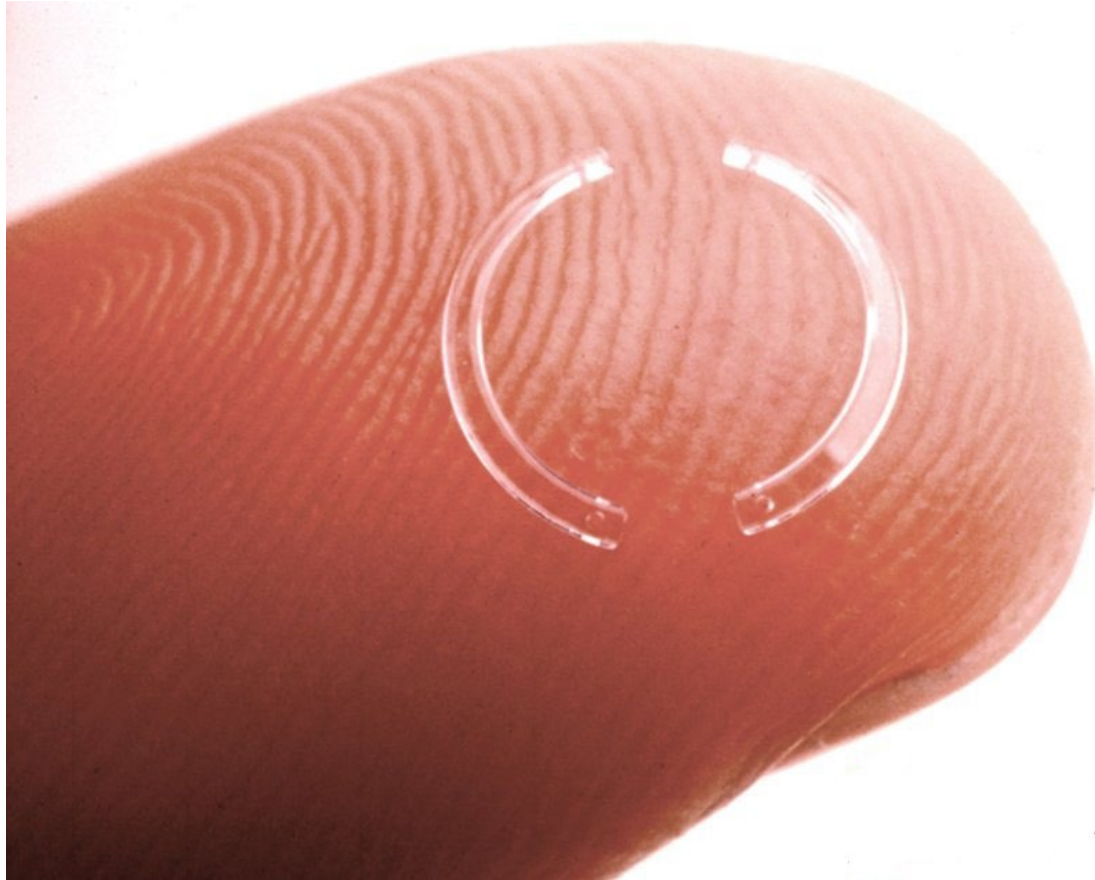
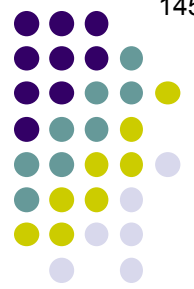


CXL involves the induction of a chemical reaction that strengthens the bonds between corneal stroma fibrils. The result is a stabilization of the keratoconus process.

ICRS employs semicircular segments of PMMA. These segments are placed in the peripheral corneal stroma, where they produce local flattening.

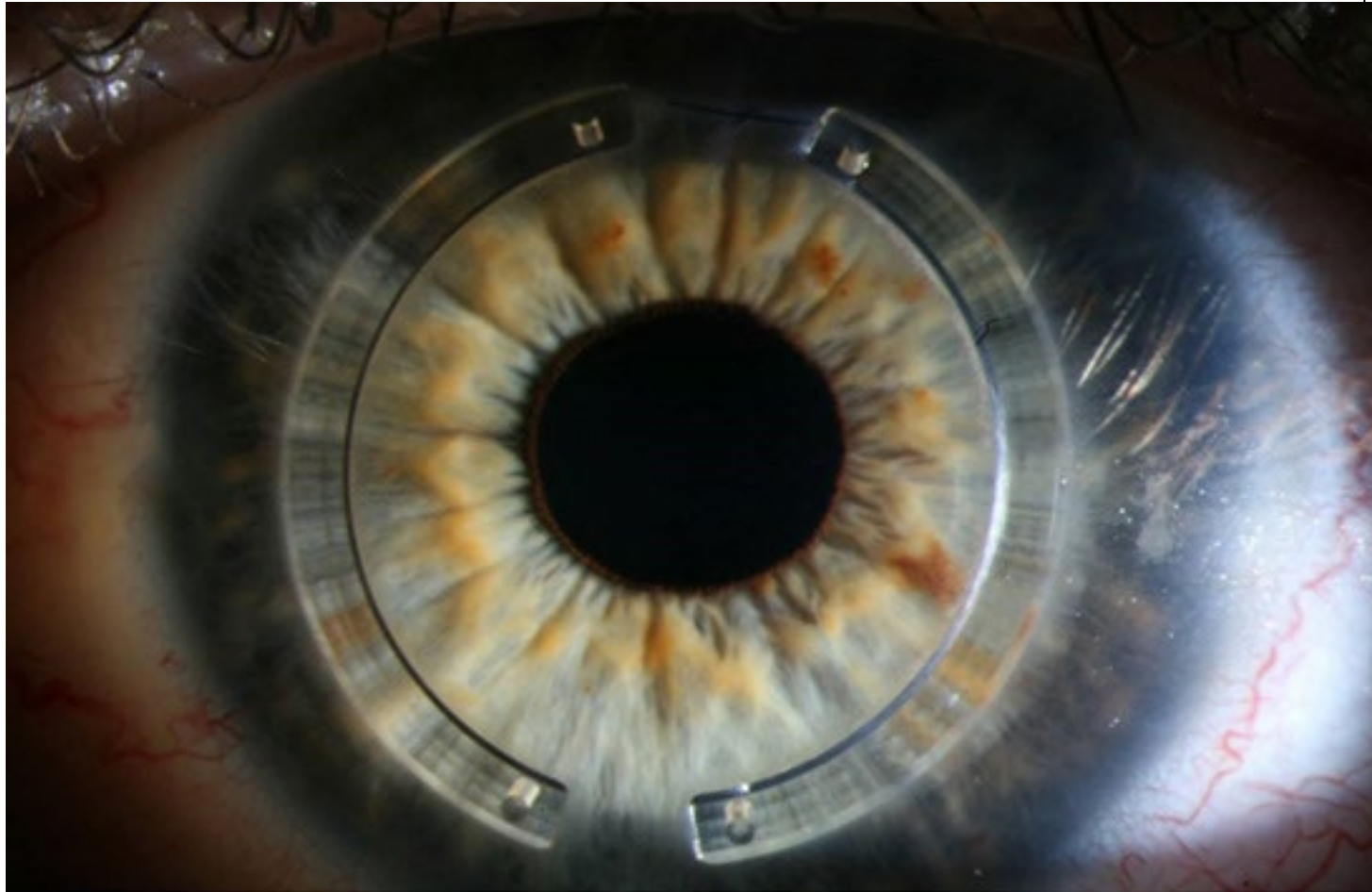
Intrastromal Corneal Ring Segments — **ICRS**

Refractive Surgery Overview



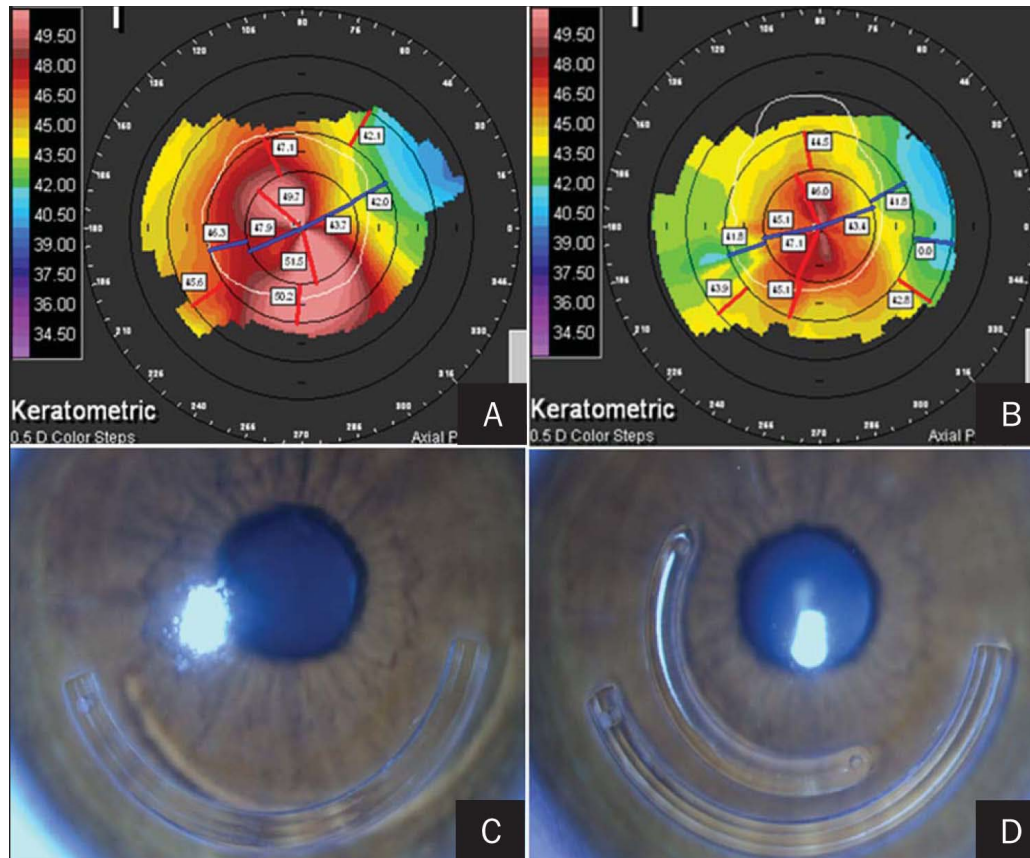
Intrastromal ring segments

Refractive Surgery Overview



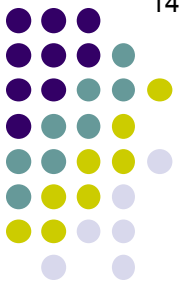
Intrastromal ring segments *in situ*

Refractive Surgery Overview



Intrastromal ring segments placed for KCN

Refractive Surgery Overview



That's it! Go through this slide-set a couple of times (at least) until you feel like you have a handle on it. **When you're ready, do slide-set *RS1*, which covers this material in a Q&A format (and more detail).**